

St. Bede's Episcopal Church, Menlo Park
Seventeenth Sunday After Pentecost: Proper 20
September 19, 2021



WELCOME! 

In song and sermon, prayer and practice, we seek to renew our ancient traditions in light of the modern world. We affirm the transformative power of God's word and Jesus' call to active charity. Whoever you are and wherever you find yourself on your journey of faith, please join us today in fellowship. You are our most welcome guest!



ST. BEDE'S EPISCOPAL CHURCH IN THE DIOCESE OF CALIFORNIA

The Rt. Rev. Marc Handley Andrus, Bishop

The Rev. Daniel Paul Spors, Rector

2650 Sand Hill Road, Menlo Park, CA 94025 ♦ (650) 854-6555 ♦ stbedesmenlopark.org

Worship Service Sundays at 9:30 a.m.: Hybrid worship in the Sanctuary and on Zoom

ST. BEDE'S EPISCOPAL CHURCH IN MENLO PARK

Clergy & Staff

Rector: **The Rev. Daniel P. Spors**

Parish Administrator: **Siri Huntoon**

Music Director: **Katherine McKee**

Organist: **Rani Fischer**

Bookkeeper: **Angela Sherry**

Sunday School Teacher: **Claire Lawrence**

Vestry

Vicki Blayney

Susan Chan Egan

Laura Gable, *Junior Warden*

Irene Lawrence

Miranda Pinckert

Sue Sartor, *Senior Warden*

Nancy Stork, *Clerk*

Dick Zeren

Committee Chairs and Volunteer Leaders

Altar Guild: Elaine Kriegh,

Sue Sartor, Anne Vitullo

Buildings and Grounds:

Miranda Pinckert, Mike Sartor,

Richard Zeren

Community Outreach Steering Committee:

Julie Backlund, Vicki Blayney, John Hickson,

Sue Sartor, Angela Sherry, Becky Zeren

Finance: Julie Backlund, *Treasurer*,

Randy Kriegh, Irene Lawrence,

Hal Louchheim, Jon Poe, Angela Sherry,

Michelle Swenson, *Assistant Treasurer*

Hospitality: Helen Greenwood, Kathy Thompson and

Anne Vitullo, *Captains*

Deanery Delegates

Laura Gable, *Alternate*,

Michael Graebner, Irene Lawrence

St. Bede's Choir

Sopranos: Orlia Budge, Catherine Clover,

Rani Fischer, Irene Lawrence,

Vera Shadle, Nancy Stork

Altos: Naomi Braun, *Section leader*,

Dora Ho, Kathleen Thompson,

Becky Zeren

Tenors: Chris Brown, Liza Taft

Basses: David Chu, Joseph Krowloh, *Section*

Leader, Quentin Long

Trinity School Board Representatives

Jon Poe, Michelle Swenson

THE WORD OF GOD 

Hymn 477

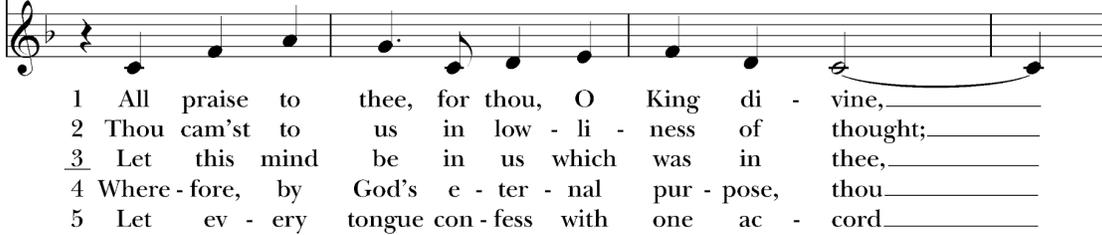
Sung by all, standing as able

All praise to thee, for thou, O King

Descant



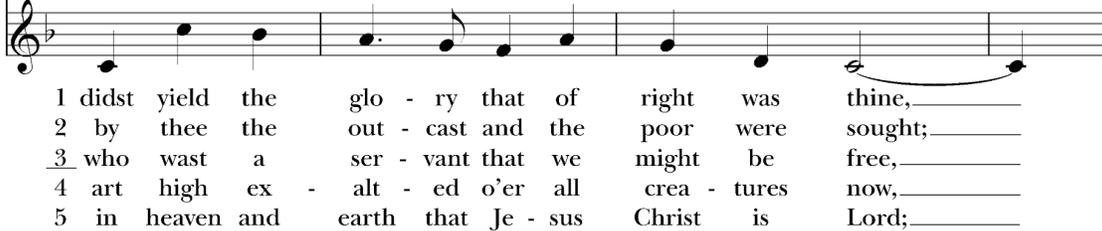
5 Let ev - ery tongue con - fess with one ac - cord



1 All praise to thee, for thou, O King di - vine,
 2 Thou cam'st to us in low - li - ness of thought;
 3 Let this mind be in us which was in thee,
 4 Where - fore, by God's e - ter - nal pur - pose, thou
 5 Let ev - ery tongue con - fess with one ac - cord



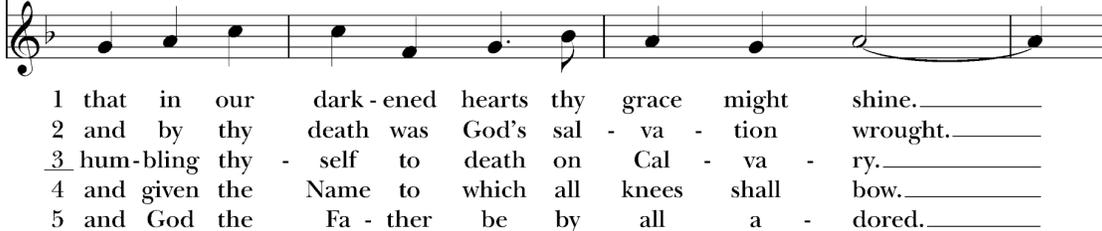
Je - sus Christ is Lord;



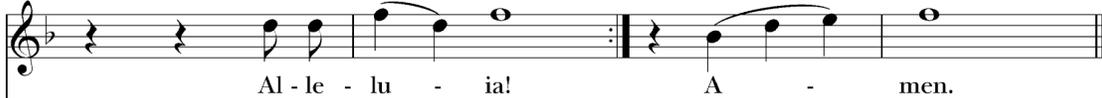
1 didst yield the glo - ry that of right was thine,
 2 by thee the out - cast and the poor were sought;
 3 who wast a ser - vant that we might be free,
 4 art high ex - alt - ed o'er all crea - tures now,
 5 in heaven and earth that Je - sus Christ is Lord;



and God the Fa - ther be by all a - dored.



1 that in our dark - ened hearts thy grace might shine.
 2 and by thy death was God's sal - va - tion wrought.
 3 hum - bling thy - self to death on Cal - va - ry.
 4 and given the Name to which all knees shall bow.
 5 and God the Fa - ther be by all a - dored.



Al - le - lu - ia! A - men.



Al - le - lu - ia! A - men.

Words: F. Bland Tucker (1895-1984)

Music: *Engleberg*, Charles Villiers Stanford (1852-1924); desc. Richard Proulx (b. 1937)

Presider Blessed be God, Father, Son, and Holy Spirit.

All **And blessed be God's kingdom, now and forever. Amen.**

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria *spoken by all*

BCP p. 356

All **Glory to God in the highest,
and peace to God's people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

The Collect of the Day

BCP p. 233

Presider The Lord be with you.

All **And also with you.**

Presider Let us pray.

All **Grant us, Lord, not to be anxious about earthly things, but to love things heavenly; and even now, while we are placed among things that are passing away, to hold fast to those that shall endure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

Please be seated.

THE LESSONS

First Lesson Wisdom of Solomon 1:16-2:1, 12-22 New Revised Standard Version (NRSV)

Reader A Reading from the Song of Solomon.

The ungodly by their words and deeds summoned death;
considering him a friend, they pined away
and made a covenant with him,
because they are fit to belong to his company.

For they reasoned unsoundly, saying to themselves,
"Short and sorrowful is our life,
and there is no remedy when a life comes to its end,
and no one has been known to return from Hades.
Let us lie in wait for the righteous man,
because he is inconvenient to us and opposes our actions;
he reproaches us for sins against the law,
and accuses us of sins against our training.
He professes to have knowledge of God,
and calls himself a child of the Lord.
He became to us a reproof of our thoughts;
the very sight of him is a burden to us,
because his manner of life is unlike that of others,
and his ways are strange.
We are considered by him as something base,
and he avoids our ways as unclean;
he calls the last end of the righteous happy,
and boasts that God is his father.
Let us see if his words are true,
and let us test what will happen at the end of his life;
for if the righteous man is God's child, he will help him,
and will deliver him from the hand of his adversaries.
Let us test him with insult and torture,
so that we may find out how gentle he is,
and make trial of his forbearance.
Let us condemn him to a shameful death,
for, according to what he says, he will be protected."

Thus they reasoned, but they were led astray,
for their wickedness blinded them,
and they did not know the secret purposes of God,
nor hoped for the wages of holiness,
nor discerned the prize for blameless souls.

The Word of the Lord.

All

Thanks be to God.

Psalm 54

spoken by all

Psalter for the Christian People

- 1 Save me, O God, by your name; *
in your might, defend my cause.**
- 2 Hear my prayer, O God; *
give ear to the words of my mouth.**
- 3 For the arrogant have risen up against me,
and the ruthless have sought my life, *
those who have no regard for God.**
- 4 Behold, God is my helper; *
it is the Lord who sustains my life.**
- 5 Render evil to those who spy on me; *
In your faithfulness, destroy them.**
- 6 I will offer you a freewill sacrifice *
and praise your name, O LORD, for it is good.**
- 7 For you have rescued me from every trouble, *
and my eye has seen the ruin of my foes.**

Second Lesson James 3:13-4:3, 7-8a

NRSV

Reader

A Reading from the letter of James.

Who is wise and understanding among you? Show by your good life that your works are done with gentleness born of wisdom. But if you have bitter envy and selfish ambition in your hearts, do not be boastful and false to the truth. Such wisdom does not come down from above, but is earthly, unspiritual, devilish. For where there is envy and selfish ambition, there will also be disorder and wickedness of every kind. But the wisdom from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without a trace of partiality or hypocrisy. And a harvest of righteousness is sown in peace for those who make peace.

Those conflicts and disputes among you, where do they come from? Do they not come from your cravings that are at war within you? You want something and do not have it; so you commit murder. And you covet something and cannot obtain it; so you engage in disputes and conflicts. You do not have, because you do not ask. You ask and do not receive, because you ask wrongly, in order to spend what you get on your pleasures

Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw near to God, and he will draw near to you..

The Word of the Lord.

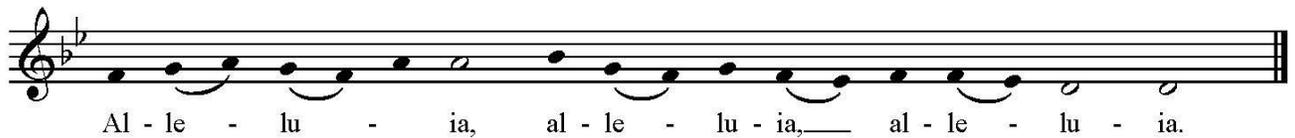
All

Thanks be to God.

The Alleluia

Please stand as you are able.

The Alleluia will be sung twice before the verse, (first by cantor alone, then by all), and once after the verse, (by all).



Verse: The Lord is faithful in all God's words, and mercifull in all God's deeds.

David Chu, cantor

The Gospel

Mark 9:30-37

NRSV

Presider

The Holy Gospel of our Lord Jesus Christ according to Mark.

All

Glory to you, Lord Christ.

Presider

Jesus and his disciples passed through Galilee. He did not want anyone to know it; for he was teaching his disciples, saying to them, "The Son of Man is to be betrayed into human hands, and they will kill him, and three days after being killed, he will rise again." But they did not understand what he was saying and were afraid to ask him.

Then they came to Capernaum; and when he was in the house he asked them, "What were you arguing about on the way?" But they were silent, for on the way they had argued with one another who was the greatest. He sat down, called the twelve, and said to them, "Whoever wants to be first must be last of all and servant of all." Then he took a little child and put it among them; and taking it in his arms, he said to them, "Whoever welcomes one

such child in my name welcomes me, and whoever welcomes me welcomes not me but the one who sent me.”

The Gospel of the Lord.

All **Praise to you, Lord Christ.**

THE SERMON ❁

NICENE CREED ❁

Enriching Our Worship 1 (EOW 1), p .53

Please stand as you are able.

All **We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
Through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary,
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Prayers of the People: Form IV

BCP p. 385

Intercessor Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Lord, in your mercy

All **Hear our prayer.**

Intercessor Guide the people of this land, especially Joe our President and Gavin our Governor, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Lord, in your mercy

All **Hear our prayer.**

Intercessor Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Lord, in your mercy

All **Hear our prayer.**

Intercessor Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Lord, in your mercy

All **Hear our prayer.**

Intercessor Comfort and heal all those who suffer in body, mind, or spirit, especially Devereaux, Werner, Michael, Elaine, Mary, Sarah, Penny, Katie and Talley, Shireen and family, Ken and his family, Bill and Marc, Kristine, Margaret, Charles, Sandi, Sue, Jim, Arlys, Nancy, Carol and Juan Nosko, Julie, Tom, Bill, Mark, Cameron, Adele, Gina, Mark, John, Pete, Richard, Barbara, Anne, Jon,

Tim, Kim, Karen, Donna, Ed, Suzie, Gladys, Josie, Tina, Karen, Kyle & Celeste, Keary & children, Angel, Sherrilynn & children, Rich, Conan, Anne, and Ryan, and for the people of Haiti; give them courage and hope in their troubles, and bring them the joy of your salvation.

Lord, in your mercy

All **Hear our prayer.**

Intercessor Mercifully assist the people of Afghanistan, and all who suffer oppression, injustice, and are victims of violence.

Lord, in your mercy

All **Hear our prayer.**

Intercessor We ask your prayers this week for those celebrating birthdays, especially Rebecca Z. and Dan S., and for those celebrating anniversaries, especially Danielle & Roy A. and Meredith & Michael P.

Lord, in your mercy

All **Hear our prayer.**

And we offer our prayers for those people and matters that are of particular concern to us this day, aloud or in our hearts.

The people may add their own petitions, silently or aloud.

Lord, in your mercy

All **Hear our prayer.**

Intercessor We commend to your mercy all who have died, especially Sandra, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Lord, in your mercy

All **Hear our prayer.**

The Presider adds a concluding Collect.

Confession of Sin

BCP p. 360

Presider Let us confess our sins against God and our neighbor.

The congregation may stand, kneel, or sit for the Confession.

All **Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Please stand as you are able.

Presider The peace of the Lord be always with you.

All **And also with you.**

THE HOLY COMMUNION

Presider Through Christ let us continually offer to God the sacrifice of praise, that is, the fruit of lips that acknowledge his Name.

1. I feel the winds of God to - day; to - day my sail I lift, though
 2. It is the wind of God that dries my vain re - gret - ful tears, un -
 3. If e - ver I for - get your love and how that love was shown, lift

hea - vy oft with dren - ching spray and torn with ma - ny a rift; if
 - til with bra - ver thoughts shall rise the pu - rer, brigh - ter years; if
 high the blood - red flag a - bove; it bears your name a - lone. Great

hope but light the wa - ter's crest, and Christ my bark will use, I'll
 cast on shores of self - ish ease or plea sure I should be, O
 pi - lot of my on - ward way, you will not let me drift; I

seek the seas at his beh - est, and brave a - no - ther cruise.
 let me feel your fresh - ening breeze, and I'll put back to sea.
 feel the winds of God to - day, to - day my sail I lift.

Music: *Kingsfold*, English folk melody, adapt. Ralph Vaughan Williams (1872-1958)
 Text: Jessie Adams (1863-1954)

At the following words, please stand as you are able.

Presider The Lord be with you.

All **And also with you.**

Presider Lift up your hearts.

All **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

All **It is right to give God thanks and praise.**

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth, through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All **Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is the one who comes in the name of the Lord. Hosanna in the highest.**

The congregation may stand, kneel, or sit.

Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All **We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

Presider And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with the Venerable Bede and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All **Amen.**

Presider And now, as our Savior Christ has taught us, we are bold to say:

All **Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
 as we forgive those who trespass against us.
And lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
 for ever and ever. Amen.**

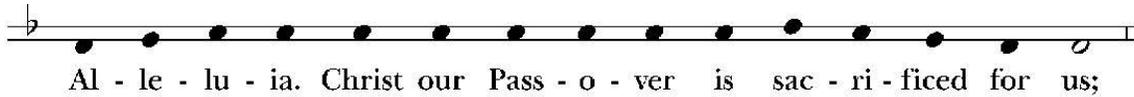
The Breaking of the Bread

BCP p.364

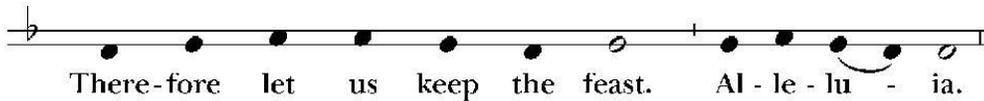
The Presider breaks the consecrated Bread.

A period of silence is kept.

Presider:



All:



Presider The Gifts of God for the People of God.

Members of the congregation are welcome to come forward to receive the consecrated bread. Please maintain proper distancing from those not in your household as you come forward, and please return to your seat before removing your mask and consuming the bread.

Anthem

I feel the winds of God today

Original Improvisation on *Kingsfold*

Ed Brink, soloist

At the conclusion of Communion, the Presider says

Let us pray,

All

Faithful God

EOW 2, p. 56

in the wonder of your wisdom and love

you fed your people in the wilderness with the bread of angels,

and you sent Jesus to be the bread of life.

We thank you for feeding us with this bread.

May it strengthen us

that by the power of the Holy Spirit

we may embody your desire

and be renewed for your service

through Jesus Christ our Savior. Amen.

The Announcements and Awaken to New Life Testimonial

Prayer and Blessing for Retirement from the St. Bede's Choir

Carol and Ed Brink

All **Gracious God, we thank you for the work and witness of your servants Carol and Ed, who have so greatly enriched the lives of others through a lifetime of service as musicians in your Church. Bless and preserve them as they retire from the choir of St. Bede's, in which they have so long served with love and gladness, and in which they have lifted up their voices in praise. Guide them now to find new avenues through which to proclaim the glory of your Holy Name. Give them sustenance for all temporal and spiritual needs, and friends to cheer their way. By your Holy Spirit be present with them for all their days, that they may ever be accompanied by the One who is the Way, the Truth, and the Life, Jesus Christ our Lord. Amen.**

Presider **May God bless you and keep you. May God's face shine upon you. May God be gracious to you and give you peace, now and for ever. Amen.**

The Blessing

Standing as able

Book of Occasional Services, 2018, p. 15

Presider **The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of the Son, Jesus Christ our Lord. And the blessing of God Almighty, the Father, and the Son, and the Holy Spirit, be upon you and remain with you always. Amen.**

Hymn 551

Sung by all, standing as able

Rise up, ye saints of God

1 Rise up, ye saints of God! Have done with less - er things, give
 2 Rise up, ye saints of God! His king - dom tar - ries long: Lord,
 3 Lift high the cross of Christ! Tread where his feet have trod; and

heart and soul and mind and strength to serve the King of kings.
 bring the day of truth and love and end the night of wrong.
 quick-ened by the Spi - rit's power, rise up, ye saints of God!

Words: William Pierson Merrill (1867-1954), alt.
 Music: *Festal Song*, William H. Walter (1825-1893)

Dismissal

Deacon *People*

Let us bless the Lord. Thanks be to God.

Postlude

Offertoire sur les grand jeux, *Messe pour les Couvents*

François Couperin
 (1668-1733)

Liturgical Source Acknowledgements: Liturgies are from the 1979 Book of Common Prayer, Psalter for the Christian People, and Enriching Our Worship. Hymns are from Hymnal 1982, Wonder, Love, and Praise, Voices Found, and Lift Every Voice and Sing II. *Messe pour les Couvents* is in the public domain. *I feel the winds of God today* is in the public domain; this arrangement used by the kind permission of the performer.

THANK YOU TO THOSE SERVING TODAY

Presider: **The Rev. Daniel Spors**

Music Director: **Katherine McKee**

Organist: **Rani Fischer**

First Reading: **Tanya Luhrman**

Second Reading: **Jon Poe**

Intercessor: **Irene Lawrence**

Ushers: **Helen Greenwood, Jon Poe**

Zoom Host: **Hal Louchheim**

Hospitality: **Susan Chan Egan**

Altar Guild: **Elizabeth Bellock, Anne Vitullo (flowers)**

Special thanks to Joan Sanders, Sue and Mike Sartor, and Anne Vitullo and Jon Poe for hosting Bede's Backyards gatherings at their homes in August. We deeply appreciate your generous hospitality!

ANNOUNCEMENTS

Compline: 6:00 p.m. today in the Courtyard, featuring music by Orlando Gibbons, John Blow, Maurice Duruflé, and Bobby McFerrin.

Next week: 9/26 Choral Evensong at 4:00 p.m.

Evensong in the courtyard will feature the Short Service by Thomas Tallis, and Palestrina's beloved setting of Psalm 42, *Sicut Cervus*. The service will be followed by a recital in the church given by organist Angela Kraft Cross.

Installation service for Rev. Dan; October 9th at 2:00 p.m.

Bishop Marc is coming to St. Bede's on **Saturday, October 9th** to officially install Rev. Dan as our rector. The Celebration of New Ministry is an exciting part of the life of a church as it is a public, communal welcoming of a new priest to serve as rector of a parish. The service will begin at 2:00 and a reception will follow the service in the courtyard. All are welcome to join us for this service!

Return of Programs for Families and Children

Our Vestry and Rector have made the resumption of program offerings to our families and children a priority for our parish. Claire Lawrence has resumed teaching Godly Play for our 3-7 year old children, and vestry member Vicki Blayney has volunteered to teach Sunday School for fourth to sixth grade children while we are in the process of hiring a new

Children and Youth Minister. Our longtime Nursery Caregiver Sonia is no longer with us as she has moved out of state, and we hope to have a new Caregiver in place soon.

The Nursery, Godly Play, and Sunday School are offered during the 9:30 service and meet in Wyatt Hall (the building to the left as you go through the north exit of the Sanctuary). Godly Play and Sunday School children return to their families for the communion portion of our worship together. For more information about these programs, our ushers or Rev. Dan can assist you with this.

Soulwork (Adult Education at St. Bede's): Sundays at 8:30am in the Courtyard

Beginning September 12th, we will look at the lives of the eight saints who adorn our stained glass windows and what we can learn from them, in order of when they lived:

September 12:	St. Patrick (385-461)
September 19:	St. Brigid of Kildare (451-525)
September 26:	St. David of Wales (500-589)
October 3:	St. Augustine of Canterbury (early 6th century - 604)
October 10:	St. Hilda of Whitby (614-680)
October 17:	St. Cuthbert of Lindisfarne (634-687)
October 24:	Bede the Venerable (673-735)
November 7:	St. Margaret of Scotland (1045-1093)

If you are particularly interested or familiar with the lives of any of these saints, you are welcome to lead our discussion that morning. Please contact Rev. Dan if you would like to do so. As always, we will begin our discussions at 8:30 a.m. in the courtyard outside of Lehman Hall and via Zoom (link available in eNews newsletter).

Supporting Our Community: EHP Food Drive

Now through **Sunday, September 26**, we are partnering with the Trinity School children on a food drive for Ecumenical Hunger Program in East Palo Alto. Please check your pantry – or do a little extra shopping this week – and bring your donations to church by September 26. In addition to canned and packaged food, EHP would appreciate gift cards from local grocers such as Lucky, Safeway and Trader Joes that they can give to their clients to purchase milk, fresh produce and meat.

In addition to canned and packaged food, EHP would appreciate:

- Toiletries and personal care items,
- Hand sanitizer, disinfecting wipes and spray,
- Household cleaning supplies, and
- Disposable diapers (sizes 4 -7) and baby wipes.

Gift cards can be given to Becky Zeren on Sunday or dropped off at the parish office during the week. All other donations should be placed in the baskets in either narthex. Thank you for your generosity!

Sunday Hospitality

Our hospitality volunteers will offer a simple “Coffee Hour Lite” in the courtyard following the 9:30 a.m. service. To comply with current CalOSHA health guidelines, we will have bottled water and juices as well as individually wrapped treats. Seating will be available outside in the courtyard for everyone to gather. We look forward to seeing you there!

Give the Gift of Flowers

We invite you to sponsor the flower arrangements in the sanctuary one Sunday; it's a wonderful way to honor a loved one or simply share your love of flowers. The cost to sponsor the flowers for a single Sunday is \$60. Sign up for the Sunday you wish to sponsor on the poster in the courtyard narthex. To make your contribution, pick up a donation envelope from the basket at the back of the church; you may leave it in the offertory plate or drop it off at the church office during the week. Many thanks for your gift!

COVID safety measures at St. Bede's

Following guidance from our Bishop and local health officials, masks remain required for indoor gatherings on campus and are optional while gathered outdoors. Social distancing is likewise encouraged in both settings. We have continued to ask for your name and contact information while visiting the campus, such as for worship services or when coming to the parish office, so that should someone joining us be diagnosed with COVID, we can inform you of its occurrence. We are grateful for your compliance with these safety measures and helping preserve the well-being of everyone in our community.

Supporting St. Bede's Financially

Thank you for your contributions to our parish with your time and talents, and especially for your financial support. Your continued support enables us to continue to be a community that worships together, whether in-person or joining us in the Zoom Chapel, and to be a light to the world in Menlo Park. Pledge payments and other contributions can be made securely by mailing a check to the church office at 2650 Sand Hill Rd., Menlo Park, CA 94025. Donations may also be made on our website (PayPal fees apply).