



### Get Ready for Fall Kickoff!

September 12 -13 is **Kickoff Weekend** at St. Bede's and, while it will look a little different this year as we gather on Zoom, we hope you will join us for the festivities. Here are just a few things we have planned for the fall:

**On Saturday, September 12**, children and youth will gather on Zoom for a pizza party and Blessing of the Devices for the new school year. We'll get back into our fall routines on **Sunday, September 13** when SoulWork resumes and the Choir returns, lending their pre-recorded voices to our Zoom Chapel services. During virtual coffee hour that Sunday, we'll offer an opportunity to learn more about some of our ministries at St. Bede's and how you can share your time and talents with us.

SoulWork will now be offered at 8:30 a.m. on Sunday mornings. Irene Lawrence and Kathy McKee are launching the new season with a three-week series on the history and music of Morning Prayer. Those sessions will be followed on **October 4** by a look at the life of St. Francis, led by Rev. Martha, and on **October 11** by an introduction to the music, art and writings of a 12<sup>th</sup> century Renaissance woman, the Benedictine Abbess Hildegard of Bingen, led by Nancy Stork.

We look forward to seeing you on screen, if not in person, soon!

— *Anne Vitullo, Senior Warden*

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## A Letter from Rev. Martha

Dear People of St. Bede's,

There are some sermons that stay with you; something is said, or something is heard, that becomes an idea that is mulled over, sometimes for years. One sermon that has stayed with me was given by our former Presiding Bishop, the Rt. Rev. Frank Griswold. Bishop Griswold was talking about the ways in which the Holy Spirit works in our lives, and he said something that I had never thought about before: when we are going about our day, and suddenly someone comes to mind, that is the Holy Spirit praying through us for that person (see *Romans 8:26-27*). Or, to put it another way, when that person comes to mind, we are being invited into the ways in which the Holy Spirit is working in that person's life. And so, Bishop Griswold noted, if we want to be a part of what the Holy Spirit is doing in the world, then whenever someone comes to mind, we can call them, and let them know we're thinking about them.

September is traditionally a month when we reconnect with people we haven't seen in a while. Be it because vacation season is over, or because the kids are back in school, or because programs and clubs start up again, September has a "homecoming" feel about it in churches and the other communities in our lives.

This September, however, feels very different. We won't have the normal "homecoming" feeling; spiritual and social gatherings will continue to be online, making it hard to just "run into" someone you haven't seen in a while.

And yet, the Holy Spirit is at work in our community, and in each of our lives. If Bishop Griswold is right, then we can expect that as we transition into fall and think of the people we would normally be catching up with this time of year, various people will come to mind for us. And each time, each person who comes to mind is someone the Holy Spirit is praying for, through us, and inviting us to be a part of whatever God is doing in that person's life. And, Bishop Griswold would advise, that is a great time to call them.

I think that this September, while noticeably different from previous Septembers, can still have a feeling of reconnecting with others in our community, if we reach out to each other whenever the Holy Spirit brings someone to mind. Or, if it's not the right time to call them, then it's the perfect time to say a prayer for them. Because it's always the perfect time to say a prayer for someone we care about.

In whatever ways the Holy Spirit is working in our community and in each of our lives, I give thanks. And for the many ways in which the Spirit calls us into each other's lives, I have whole-hearted gratitude.

God bless,  
Martha+

(650) 427-0719 or RevMartha@stbedesmenlopark.org

## Whose Success?

*“Let us work as if success depended upon ourselves alone; but with heartfelt conviction that we are doing nothing and God everything.”*

*St. Ignatius of Loyola, Jesuit Priest*

Looking back over our past six months of pandemic panic and self-isolation for self-preservation, it is easy to feel as if our congregation at St. Bede’s is stalled, stuck and “closed for business.” In fact, it has been a time of wonderful creativity and collaboration behind the scenes to find ways for our community to thrive and help others in need.

Our Vestry held a “virtual” retreat on Saturday morning, August 8 and we want to share with you the startling list of successes achieved by the St. Bede’s community despite the wretched COVID menace! And, note that we use active verbs here to emphasize just how energetic and ingenious our Vestry members, staff and parish volunteers have been.

### **Together, we:**

- Learned how to use *Zoom* and how to teach others.
- Created a *Zoomed* Sunday Morning Prayer service with professionally produced music which consistently attracts high attendance.
- Started and persevered with Morning Prayer led by Rev. Eric Nefstead despite his crushing pastoral responsibilities with critically ill patients and their loved ones at Sequoia Hospital.
- Called our Interim Rector, Reverend Martha Korienek, and found a way for her to care for her father in Illinois while starting her assignment with us.
- Applied for and received a \$72,000 Payroll Protection Plan (PPP) government loan which has been used to cover eligible ongoing expenses.
- Set up *Sign-Up Genius* across all ministries to encourage greater levels of volunteering.
- Established a Search Committee for a new Rector who are progressing well on their milestones.
- Participated in parish “listening sessions” to define candidate search criteria for the new Rector.
- *Zoomed* Disco Bingo and raised more than \$1,500 for the Secombe community outreach fund.
- Got the sewer fixed and paid for (small line, but a big job).
- Provided an evening meal for 135 parents and children at LifeMoves’ “First Step for Families” shelter.
- Received, with gratitude, a generous endowment from the Al and Betsy Harris Family Trust.
- Formed an ad hoc Housing Committee to research housing alternatives for our new Rector.
- *Zoomed* the Bede’s Book Club to engage in spirited discussion of several books.
- *Zoomed* choir practices to maintain the vibrant voices of our singers.
- Appointed a new Children’s and Youth Minister, Brendan Deocariza-Nee, and supported him in beginning his postulancy at our parish.
- Communicated *Keep Calm and Carry On* through *Bede’s Journal* and the weekly *eNews*.
- Created a new *Welcome* message and turned it into a street-side sign.

- Formed an ad hoc Reopening Committee to review the endless pages of rules and regulations that apply to reconvening in-person services in the future.
- Prevented anyone from stealing our rainbow flag.
- Prepared guidelines for local police presence and care of the unhoused who might be found on our premises.
- Supported Trinity School as they prepare for an uncertain school year.
- Called parishioners to check on how everyone was doing in quarantine and to ask if help was needed.

In bad times, it's easy to overlook the positive outcomes that are happening all around us every day. As this list shows, "we at St. Bede's are rooted and growing and should not lose faith in our capabilities," concluded one Vestry member.

Another way to look at it is through the lens of St. Ignatius. When he asked followers to seek to "find God in all things," Ignatius meant that every experience of our lives holds potential to make us aware of God's presence if we devote time and energy to reflection. At our Vestry retreat, we did just that and were humbly grateful for God's presence and His many successes at St. Bede's during what is indeed a "time of trial."

– *Deb Blackmore, Junior Warden*

#### **Looking Ahead: Key Dates on Our September and October Calendars**

September 2: Bede's Book Club, 9:30 a.m.; Buildings & Grounds Committee meeting, noon

September 8: Finance Committee meeting, 4 p.m.

September 12: CYM Pizza Party, 6 p.m.

September 13: Fall Kickoff: SoulWork and the Choir return

September 15: Vestry meeting, 4 p.m.; Copy deadline for October *Bede's Journal*

September 26: CYM Project – No-Sew Throws for LifeMoves

October 7: Bede's Book Club, 9:30 a.m.; Buildings & Grounds Committee meeting, noon

October 13: Finance Committee meeting, 4 p.m.

October 15: Copy deadline for November *Bede's Journal*

October 20: Vestry meeting, 4 p.m.

*Most committee meetings and parish events are being conducted virtually via Zoom.*

## Around St. Bede's: Ministry and Committee Updates

### Search Committee

The Search Committee began candidate interviews on August 26. A second round of interviews will be scheduled in September to narrow the candidates to three finalists who will be submitted to Vestry for final interviews. Committee members were pleased with the number and diversity of the applicant pool. We are definitely on track in our search to call a new rector to St. Bede's.

– *Sue Sartor, Search Committee Co-Chair*

### Community Outreach Steering Committee

We are looking for one or two parishioners who would like to join the Community Outreach Steering Committee (COSC). We meet every four to six weeks to consider community needs and how St. Bede's can provide support. Committee members also recommend to the Vestry which community partners to grant funds to from the Seccombe Fund. Past partners have included Home & Hope, LifeMoves and Los Ayudantes. A special welcome to Becky Zeren who recently joined the team!

We are currently planning for fall and winter events to support one of the LifeMoves family shelters and Ecumenical Hunger Program's annual family sharing at Christmas. If you are interested in joining this ministry, please contact one of us for more information: *Liz Bellock, Deb Blackmore, Vicki Blayney, Sue Sartor, Angela Sherry or Becky Zeren.*

### Donating Goods to Our Nonprofit Partners

Due to the COVID-19 pandemic, none of our nonprofit partners are accepting donations of used clothing or household goods right now – and so we are unable to collect those items at church. If you have been using your time at home to clean out your closets, please take your donations to the local Goodwill Donation Center at 46 Fifth Avenue in Redwood City (in the Chavez Market parking lot). Goodwill is offering no-contact donation drop-off Tuesdays through Saturdays, 9 a.m. to 2 p.m. Thank you for your generosity!

### Trinity Elementary School Starts

Since 1961, with St. Bede's help, Trinity School has been providing a foundational elementary education in an Episcopal framework. Last month, teachers returned to their classrooms to refresh lessons plans, complete home education kits and clean up their classrooms. While teaching will start online, teachers met individually with masked students in late August to put students into an academic mind-set, hand out learning materials (including iPads and textbooks), take first-day photos and help put a real face to each teacher.

While classes began online on August 26, Trinity plans to apply for a waiver from San Mateo County to open for in-person classes as the school can effectively keep students and a dedicated teacher in a "bubble" over the course of the school day to limit potential coronavirus exposure. During the spring semester, Trinity proved its scholarly achievements over public school counterparts with nearly all parents choosing to return. For more information about Trinity School's plans this fall, please visit <https://trinity-mp.org>.

– *Jon Poe, Trinity School Board representative*

## Peeking into Children's and Youth Ministry

Our Children's and Youth Ministry is off to a running start this month with not one but two events!

On Saturday, September 12, children and youth will gather on Zoom for a pizza party and Blessing of the Devices for the school year. Parents and families can RSVP at [bit.ly/pizza-blessing](https://bit.ly/pizza-blessing). Later this month, we'll make no-sew throws for families in transitional housing with LifeMoves; more details to come! We hope to repeat this project with the rest of the parish in October.

In August, we began a virtual story-time series aptly named "Bede's Reads." This series features both religious and secular books and aims to connect our lives inside and outside of church. We'd love to have you as a reader! If you're interested, email [brendan@stbedesmenlopark.org](mailto:brendan@stbedesmenlopark.org).

To keep up with the latest in the Children's and Youth Ministry, subscribe to the biweekly newsletter at [bit.ly/infinite-bedes](https://bit.ly/infinite-bedes). Any parishioners with questions or suggestions are always welcome to email me at [brendan@stbedesmenlopark.org](mailto:brendan@stbedesmenlopark.org) or schedule a chat for a Sunday afternoon at [bit.ly/cym-chat-virtual](https://bit.ly/cym-chat-virtual).

– *Brendan Deocariza-Nee, Children's and Youth Minister*

## October Bede's Book Club

On **Wednesday, October 7**, we will discuss *The Spirituality of Imperfection: Storytelling and the Search for Meaning* by Ernest Kuntz and Katherine Ketcham. This insightful work draws on the wisdom stories of the ages to provide a wellspring of hope to anyone thirsting for spiritual growth and guidance in these troubled times. The Book Club meets at 9:30 a.m. on the first Wednesday of each month via Zoom. Contact Laura Gable at [lwgable@hotmail.com](mailto:lwgable@hotmail.com) for a meeting invitation.

– *Laura Gable, Book Club Coordinator*

## News of Bede's People

Congratulations to **Irene Lawrence** and **Katherine McKee** who have been appointed to the Diocesan Liturgical Commission by Bishop Marc Andrus. This new commission is established in response to a resolution at the DioCal General Convention last October, which called upon bishops to "engage worshipping communities in experimentation and the creation of alternative texts to offer to the wider church." It will be the commission's role to "collect, reflect, teach and share these resources."

**Colby Roberts**, husband of St. Bede's Music Director **Katherine McKee**, was accepted as a Candidate for ordination last month. He is now in the process of applying to be ordained to the transitional Diaconate. Bishop Marc Andrus has recently given his approval. Colby next has an interview with the Commission on Ministry in early September to secure its approval and then the Standing Committee must also approve his application. Colby holds both a certificate and a master's degree in theology from the Church Divinity School of the Pacific, and a master's degree in Biblical languages from the Graduate Theological Union in Berkeley. Kathy and Colby belong to All Saints' Episcopal Church in San Francisco, where he serves as sacristan, stewardship chairman, Deanery delegate and director of the senior day program. Colby has sung frequently with Bede's choir and has officiated at Evensong here.

## New SoulWork Series: The History of Morning Prayer and its Music

### Join us on...

- Sunday, September 13: Pre-Reformation
- Sunday, September 20: Morning Prayer in England
- Sunday, September 27: Morning Prayer in the United States

For St. Bede's, as for much of the church over most of its history, the Eucharist has been the principal Sunday service. But the tradition of gathering together for prayer, praise and Scripture in addition to the Eucharist on Sundays as well as on ordinary days goes back to the very beginning of the church. These "daily offices," especially the Morning Prayer (aka Matins) and Evening Prayer (Evensong), could be both simple and austere or elaborate and ceremonial. Since traditional biblical songs (canticles) are included in the services, over the years much beautiful music was composed for them.

In the Episcopal Church today, Morning Prayer and Evening Prayer are not used as much as they were for earlier generations, but the temporary cessation of Eucharistic services has provided an opportunity for the St. Bede's community to share Morning Prayer as our (temporarily) principal form of Sunday worship. Since Morning Prayer is unfamiliar to most, this SoulWork series will look at how it came to be in its present form in our *Book of Common Prayer*, and will illustrate some of the music that has been written for it over the centuries.

– Katherine McKee and Irene Lawrence

## Canticles Through the Centuries

### *can-ti-cle* (/ˈkən(t)ək(ə)l/)

*A non-metrical song used in liturgical worship. Canticles are drawn from biblical texts other than the Psalter. The term is derived from the Latin canticulum, a "little song." In practice, canticles are sung or said in worship. The Book of Common Prayer (BCP) provides both contemporary and traditional language canticles. Contemporary language canticles may be used in traditional language services and vice versa. Many canticles are traditionally known by the opening words of the canticle in Latin versions of the Bible or service books, such as the Benedictus Dominus Deus (Canticle 16, BCP, p. 92). The BCP provides a Table of Canticles suggested for use at Morning and Evening Prayer (pp. 144-145). Canticles serve as responses to the readings at the services of the Daily Office. Canticles may also be used at the Burial of the Dead after the Old Testament and New Testament readings, at the Holy Eucharist on certain occasions as an alternative to the psalm appointed, at the Easter Vigil after certain Old Testament readings in the liturgy of the word, in the Daily Devotions for Individuals and Families, and after the Bible reading in the Order for Evening. (from An Episcopal Dictionary of the Church.)*

Our Sunday Zoom Chapel services have included several of the canticles suggested for use in Morning Prayer. We've sung the *Pascha Nostrum* (Hymn 880: God's Pascal Lamb is sacrificed for us) and spoken the *Venite* and *Canticles J* and *G* from *Enriching Our Worship*, and *Canticles 21* and *19* as well as a

portion of *Canticle 13* from the Book of Common Prayer. Beginning September 13, we'll sing a few more, with the assistance of our prerecorded choir members. Canticles have been part of worship in the Anglican Communion since the very beginning of the Reformation, and are the musical heart of sung Morning Prayer (Matins) and Evening Prayer (Evensong). Here's a short listening list to give ear to the rich variety of musical styles which have been employed over the centuries.

<b>Canticle</b>	<b>YouTube Link</b>
<i>Venite</i> , setting by Thomas Tallis (c. 1505 - 1585)	<a href="https://www.youtube.com/watch?v=c0sGhIOybnY">https://www.youtube.com/watch?v=c0sGhIOybnY</a>
<i>Jubilate</i> , setting by Thomas Tomkins (1583 - 1656)	<a href="https://www.youtube.com/watch?v=agIJ7CqHSxl">https://www.youtube.com/watch?v=agIJ7CqHSxl</a>
<i>Benedictus</i> , setting by Henry Purcell (1659 - 1695)	<a href="https://www.youtube.com/watch?v=ZsrO13shkC4">https://www.youtube.com/watch?v=ZsrO13shkC4</a>
<i>Te Deum</i> , setting by William Boyce (1711 - 1779)	<a href="https://www.youtube.com/watch?v=m8x7JAIBdOM">https://www.youtube.com/watch?v=m8x7JAIBdOM</a>
<i>Jubilate</i> , Alice Mary Smith (1839 - 1884)	<a href="https://www.youtube.com/watch?v=BzKg7x436Co&amp;list=PLBe0RSenBgxt8br-Q2LS7VPfq2W32WzdP&amp;index=12&amp;t=0s">https://www.youtube.com/watch?v=BzKg7x436Co&amp;list=PLBe0RSenBgxt8br-Q2LS7VPfq2W32WzdP&amp;index=12&amp;t=0s</a>
<i>Song of Wisdom</i> , setting by C. V. Stanford (1852 - 1924)	<a href="https://www.youtube.com/watch?v=aVC3EB7yXIM">https://www.youtube.com/watch?v=aVC3EB7yXIM</a>
<i>Pascha Nostrum</i> , setting by Will C. MacFarlane (1870 - 1945)	<a href="https://www.youtube.com/watch?v=nStztOv0om4">https://www.youtube.com/watch?v=nStztOv0om4</a>
<i>Magnificat</i> , setting by Herbert Howells (1892 - 1983)	<a href="https://www.youtube.com/watch?v=fpB9mQHORlg">https://www.youtube.com/watch?v=fpB9mQHORlg</a>
<i>A Song to the Lamb</i> , setting by Calvin Hampton (1938 - 1984)	<a href="https://www.youtube.com/watch?v=UBUxA4fZ06k">https://www.youtube.com/watch?v=UBUxA4fZ06k</a>
<i>Song of Zechariah</i> , setting by John Fenstermaker (b. 1942)	<a href="https://www.youtube.com/watch?v=7rYw41Tkk_c">https://www.youtube.com/watch?v=7rYw41Tkk_c</a>
<i>Nunc Dimittis</i> , setting by Judith Weir (b. 1954)	<a href="https://www.youtube.com/watch?v=26XCDDLo9XR4">https://www.youtube.com/watch?v=26XCDDLo9XR4</a>
<i>Song of Hannah</i> , setting by James Whitbourn (b. 1963)	<a href="https://www.youtube.com/watch?v=6vn955rB8og">https://www.youtube.com/watch?v=6vn955rB8og</a>

– Katherine McKee, Music Director

## Celebrations: September Birthdays and Anniversaries

### Birthdays:

5	Jane Ross
6	Kevin Kopczynski
10	Rachael Bowman
11	Quentin Long
13	Lawrence Bowman
16	Brendan Deocariza-Nee
18	Irene Lawrence
25	Rebecca Zeren
26	Madeline du Lac
27	Angela Sherry
29	Carol Louchheim
30	Mary Working

### Anniversaries:

1	Kevin and Toffie Kopczynski
6	Doug Ross and Elizabeth Bellock
13	Van Jepson and Kathy Francissen
15	Jack and Donna Reynolds
25	Danielle and Roy Azem
25	Michael and Meredith Pellegrin

Please let the parish office know if you are celebrating a birthday or anniversary this month!

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### St. Bede's Episcopal Church

2650 Sand Hill Road, Menlo Park, CA. 94025 • (650) 854-6555 • [www.stbedesmenlopark.com](http://www.stbedesmenlopark.com)

**Sunday Services:** Morning Prayer, 9:30 a.m. on Zoom

### Vestry

Deb Blackmore, Junior Warden  
Vicki Blayney  
Carol Brink  
Van Jepson  
Irene Lawrence  
Nancy Stork  
Anne Vitullo, Senior Warden  
Dick Zeren

### Staff

Rev. Martha Korienek, Interim Rector  
Brendan Deocariza-Nee, Children's  
and Youth Minister  
Katherine McKee, Music Director  
Rani Fischer, Organist  
Siri Huntoon, Parish Administrator  
Angela Sherry, Bookkeeper

### Committee Chairs and Volunteer Leaders

**Altar Guild:** Deb Blackmore, Elaine Kreigh  
and Sue Sartor, Captains

**Buildings and Grounds:** Jon Backlund, Chair

**Community Outreach:** Sue Sartor, Liz Bellock,  
Deb Blackmore, Vicki Blayney, Angela Sherry  
and Becky Zeren

**Finance:** Julie Backlund, Treasurer;  
Michelle Swenson, Assistant Treasurer

**Hospitality:** Laura Gable, Helen Greenwood  
and Kathy Thompson, Captains

**Search:** Doug Blayney and Sue Sartor, Co-Chairs

**Deanery delegates:** Laura Gable and  
Michael Graebner

### Trinity School Board representatives:

Ann Latta, Jon Poe and Michelle Swenson