

# Bede's Journal

September 2018



The Monthly Newsmagazine of St. Bede's Episcopal Church

## September at a Glance

9:00am, every Sunday in September  
Soulwork: Good Christian Sex

### Sunday 9 September — Fall Kick-Off

Updated ministry displays at festive coffee gatherings after both services

10:15am St. Bede's Choir returns

11:30am Kick-Off celebration with bounce house & special treats

### 11:30am, Sunday 16 September

Community service discernment meeting

### Sunday 23 September

4:00pm Arts at St. Bede's presents a Labyrinth Meditation & Evensong

### 7:00pm, Monday 24 September

Community service discernment meeting



## Look Ahead and Save These Dates!

### 10:15am, Sunday 7 October

St. Francis Sunday with blessing of animals & All Ages Worship

### Friday 12 October

Annual Gala Fundraiser

### Sunday 21 October

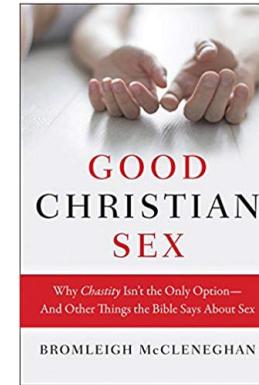
4:00pm Arts at St. Bede's presents Nick Volkert & Rani Fischer

### 11:30am, Sunday 28 October

Parish Fall Meeting & Harvest Brunch

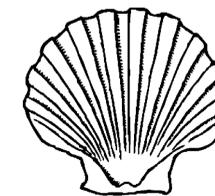
## Adult Education

### Soulwork in September



Our Soulwork series for the month of September is *Good Christian Sex*, based on Bromleigh McCleneghan's book of the same name. We'll reflect on what the Bible has to say about the holiness of our bodies, discuss foundational principles including monogamy and consent, and consider what a faithful Christian sexual ethic that's more comprehensive and realistic than "don't do it until you're married" might look like. Whatever your age and relationship status, this series will help you think through the complexities of sexuality from a Christian perspective.

Soulwork meets on Sundays at 9:00am in Lehman Hall. Childcare is available by advance request; please let the parish office know by the Thursday before.



## Fall Kick-Off

### Sunday, September 9

Come celebrate the launch of our 2018-2019 program year!

Peruse the wall panels for updated displays to learn about parish ministries and programs while enjoying tasty treats at festive coffee gatherings after both services.

The choir returns at 10:15.

Bounce house and snowcones at 11:30!



### + Rites of Passage +

*Life is marked by significant cycles and events: we are born, baptized, confirmed; some of us are married, families are raised, illness comes, death occurs. Such are the Rites of Passage and such are marked by special prayers in the church.*

### + Baptism +

Elyssa Anne Yixuan Festing  
*Keep her in the faith and communion of your holy Church.*

## Community Service Discernment



As part of our preparation for the renewal period coming up in 2019, St. Bede's is engaged in discernment about our community service ministries. Discernment is a means of prayerful decision-making in which we set aside our own desires so that we can be fully present to God's will for us; it's valuable any time we have a decision to make, whether as individuals or as a group. In our discernment about community service, we seek to listen to where and how God is calling St. Bede's to make a real difference in the world. Please join us for one of two sessions, either **Sunday, September 16, from 11:30am to 1:30pm** or **Monday, September 24 from 7:00 to 9:00pm**. After a brief presentation on our current community service activities, we'll hold a large-group conversation using the World Cafe model. The outcomes of these discussions will feed into a smaller group's work to discern a possible path forward for our parish. A light meal and childcare for younger children will be provided at both sessions; middle- and high-schoolers are encouraged to participate in the World Cafe.

Everyone's voice is valuable in the World Cafe, whether you've ever participated in St. Bede's community service or not. A head count will be helpful for set-up purposes. Please let Gia ([gia@stbedesmenlopark.org](mailto:gia@stbedesmenlopark.org)) know which session you plan to attend.

## Renewal Update: Grant Awarded!

The Lilly Endowment has informed us that St. Bede's has been awarded a Clergy Renewal Grant of \$33,202, the full amount we requested. Once again, great thanks to the planning committee members for their faithful, insightful, and effective ministry: Julie Backlund, Deb Blackmore, chair Tanya Brugh, Brendan Deocariza-Nee, Juliet Knowles, Emilee Wilhelm-Leen, and Mary Working. Many thanks also to all the members of St. Bede's who offered your input into the renewal planning. Well done, team!

Lilly has given us approval to share this news within our congregation, but asks that we wait to inform any media until the official press release is issued in mid-October.

The grant will fund Gia's renewal activities and substantially offset the cost of a locum, a.k.a. a long-term supply priest, to cover essential clergy duties during the rector's leave from January 21 through June 8, 2019. With the funding secured, we continue our preparation for the renewal period beginning only a few short months from now. Please read upcoming issues of *Bede's Journal* or talk to Gia or any vestry member to stay informed.

## Annual Fall Gala: The Sounds of Music

The hills are alive with the sound of music... and 2650 Sand Hill Road will come alive with "The Sounds of Music," St. Bede's 2018 Fall Gala, on **Friday, October 12**.

The all-ages evening event is our annual fundraiser for the Seccombe Outreach Fund, the parish's primary source of supporting local nonprofits (such as Home & Hope) and our work with them. It's also a delightful night of fellowship and fun with parishioners from both 8am and 10:15am services, and a showcase of many talents.



Inspired by the beloved musical, "The Sounds of Music" will feature Austrian and Central European cuisine, including appetizers, grilled sausages (vegetarian options available), and desserts, plus a variety of libations. Claire Lawrence, who recently appeared in Foothill Music Theatre's production of "The Sound of Music," will be our emcee, with surprise musical guests and a sing-along. Childcare (including a kids' meal) will be available before the all-ages entertainment starts.

As with previous galas, we need your help in providing items for the gala auction. We especially appreciate sign-up events, such as the rector's Scottish movie night and the gingerbread house decorating party, and new or handcrafted auction items that reflect parishioners' interests. Some of the latter have included artwork, handknit scarves, fruit preserves, food items to be baked at a later date, guided hikes, a tennis clinic, local museum tours, *etc.*

Travel stays, performing arts and sports tickets, designer jewelry and accessories in mint condition, and wine donations also attract lively bidding.

Underwriting is always welcome. Tickets will be donated to newcomers and those

in need, while shuttle services can be arranged for those unable to drive at night, to ensure as wide attendance as possible.

Please contact auction chair Jeanne Cooper with your auction item or sign-up event ideas via email as soon as possible. We'll have invitations available by the fall kick-off on Sunday, September 9, when we'll also begin seeking RSVPs as well as volunteers for a variety of easy tasks associated with the gala.

— Jeanne Cooper  
Gala auction chair

## From the Rector Wrapping Up the Task Force on Marriage

As many of you will remember, I have had the privilege of serving the Episcopal Church on the Task Force on the Study of Marriage (TFSM) for the last three years. Our work came to a close at the 2018 General Convention (GC), the legislative assembly of our denomination that met in Austin in July. The previous GC had passed liturgical marriage equality in 2015, yet it was aware that as a church, we still had more work to do on marriage. Our task force was directed to follow the implementation of marriage equality; explore changing family patterns in our culture, including couples living together, singleness, adoption, and multi-racial families; and monitor the continuing debate over clergy serving as agents of the state at weddings. Now that the TFSM has concluded its work, I can tell you what we've been doing for the past three years.

Our task force met in person four times over those three years, in addition to eleven video conferences of the entire TFSM, a number of working group video conferences, and countless emails. I was on two working groups: Functional, which explored the issue of clergy acting in dual roles for both state and church when

officiating at weddings, and Academic, which studied contemporary trends and norms in marriage and wrote a number of essays for congregational use. You can read the essays in the TFSM's report to General Convention (*see \*1 below*). The TFSM also presented three resolutions for GC's consideration; I co-wrote one of them.

It quickly became clear in the TFSM's first face-to-face meeting that our church is not of one mind on marriage. Marriage equality for same-sex couples has been a settled issue at St. Bede's and in our diocese for so long that we can forget how contentious it is elsewhere in the Episcopal Church. The 2015 GC had authorized trial use of three liturgies for marriage of same-sex couples and blessing of same-sex unions; the bishop of each diocese had to give permission for these liturgies to be used. Bishop Marc authorized these liturgies right away, along with 92 other bishops. Eight bishops refused to allow same-sex couples to be married in their dioceses. Ensuring that every couple could be married by their own priest in their own church was a primary goal of the TFSM going into the 2018 GC. Although the solution we proposed—adding the 2015 marriage liturgies to the Book of Common Prayer on a trial basis—died in legislative committee, Convention did adopt a compromise measure, Resolution B012 (*see \*2 below*) that achieves the goal without

\*1: TFSM report <https://extranet.generalconvention.org/staff/files/download/21189>

\*2: Resolution B012 <https://www.vbinder.net/resolutions/B012?house=hd&lang=en>

Marriage at Cana by Giotto, 14th c.



altering the prayer book. B012 remains unacceptable to a number of opponents of marriage equality, and we still have significant work to do as a denomination to maintain our unity despite these theological differences.

The TFSM's second resolution proposed the authorization of a liturgy for blessing a lifelong relationship. This was intended for couples who desire a blessing of a relationship that is monogamous and lifelong, but different from a marriage in that it doesn't merge assets and finances and does not have legal standing. This liturgy could also be used by undocumented immigrants who might be deported if they attempt to obtain a marriage license. This resolution died in committee. Our third resolution, which I co-wrote, was A087 (*see \*3 below*). Our initial text would have

\*3: Resolution A087 <https://www.vbinder.net/resolutions/A087?house=hd&lang=en>

created a task force to develop resources that provide pastoral guidance and teaching on non-marital relationships that involve sexual expression, as well as resources to aid individuals and couples in discerning their vocation to relationship. The resolution states that sexually intimate relationships should demonstrate these qualities: "fidelity, monogamy, commitment, mutual affection, mutual respect, careful and honest communication, physical maturity, emotional maturity, mutual consent, and the holy love which enables those in intimate relationships to see in each other the image of God." The resolution also recognizes that singleness, marriage, and parenthood are all vocations and God calls us to them; the church should offer guidance to Christians as they discern God's call in regard to their relationships. A087 was amended in committee. Instead of creating a task force, the final version of the resolution called on the Episcopal Church's Office of Formation in partnership with Church Publishing and Forma, the professional association of Episcopal Christian educators, to curate and create awareness of materials consistent with this resolution. The revised A087 passed both houses of GC.

Service on the TFSM was a rewarding experience. I can't say that I enjoyed every second of it—it was painful to witness the deep divisions in our church over the place of LGBTQ+ people up close—but I had some

really interesting conversations, I learned a lot, I gained a broader understanding of our denomination, and I made a contribution to this Church I love so much. Possibly the most inspiring moment in those three years occurred at the final face-to-face meeting as we were wordsmithing a draft resolution. One member made several substantive contributions to improve the language, then said, "I'm not sure I'm going to vote for this when it comes to the floor." His labor to make that resolution the strongest it could possibly be, regardless of his personal opinions about it, was the Episcopal Church at its best, and it's something secular assemblies could learn from us. We did good work, and I am grateful that all of you so graciously gave me the time and space to do it.

Peace,  
*Gia+*



## Bede's People

We were saddened to learn of the death of **Richard Dickens** in July. Richard was a St. Bede's parishioner for many years and a Buildings & Grounds committee stalwart until his move to Lincoln in 2014.



### Arts at St. Bede's presents

## Labyrinth Meditation & Candlelight Evensong

Sunday, September 23, 4pm

**W**alk the labyrinth in a guided meditation accompanied by sweet, soulful, and stirring instrumental music and *a cappella* voices, including chant by Hildegard von Bingen. Then join the St. Bede's choir and clergy for a service of Evensong featuring music by Orlando Gibbons.

*Admission free; donations benefit Los Ayudantes, which provides literacy tutoring in San Mateo County.*



## Why are they fleeing?

Toward durable solutions to the forced migration crisis in our hemisphere

### A conversation with Noah Bullock

Executive Director, Cristosal

**Sunday, September 9, 2018**

4 PM • Talk and Q&A  
 5 PM • Community Reception

**All Saints' Episcopal Church**  
 555 Waverley Street, Palo Alto  
 RSVP to [kveit61@gmail.com](mailto:kveit61@gmail.com)

Connect with other concerned and caring neighbors at a reception following the program.

The event is free and open to the public. Voluntary contributions to Cristosal are welcome and encouraged. Cristosal is a U.S. 501(c)(3). [www.cristosal.org](http://www.cristosal.org)

Images of Central American families torn apart at our southern border have been prompting public outrage. The U.S. government explains such measures as necessary to deter "illegal immigration," though families seeking asylum keep arriving, undeterred. Meanwhile, few in our country ask: Why are families willing to risk their lives to seek safe haven in the U.S.? What are they fleeing? And how can we address the root causes or "push factors" of this migration crisis?

Come learn about these issues and what we can do to help in a conversation with the head of the lead NGO working on forced displacement due to violence in the Northern Triangle countries of El Salvador, Guatemala, and Honduras—the countries from which the majority of families at our border are fleeing. Bullock will talk about the current state of violence in the Northern Triangle and progress made on behalf of victims, such as a landmark July 13 ruling from El Salvador's Supreme Court protecting victims of violence. He will also touch on Cristosal's role in the historic El Mozote massacre trial, and why accountability for such atrocities of the past is vital to building peaceful societies today.

Sponsored by:  
 All Saints' Episcopal Church  
 First Congregational Church of Palo Alto  
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 Gunn High School Amnesty International Club  
 Holy Family Episcopal Church, San Jose  
 Palo Alto Mountain View Together We Will  
 Partnership Commission of the Episcopal Diocese of El Camino Real  
 Peninsula Peace and Justice Center  
 Trinity Episcopal Church, Menlo Park



September 2018 at St. Bede's Episcopal Church

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Mercifully grant that we, who glory in the mystery of our redemption,</p>						<p><i>David Pendleton Oakerhater</i> <b>1</b>            7:30a Sunrise AA*            9:00a Alcoholics Anonymous*            Altar Guild work            7:30p Scandinavian Dance*</p>
<p><b>15 Pentecost</b> <b>2</b>            8:00a Holy Eucharist Rite I  <b>9:00a Soulwork:Christ'n Sex</b>            10:00a Nursery            10:15a Sunday school  <b>10:15a</b> Holy Eucharist Rite II            1:00p AGO barbecue*</p>	<p>Labor Day <b>3</b>            Parish office closed            9:00a Counting Crew            11:30a Diocesan Musicians barbecue*</p>	<p><i>Paul Jones</i> <b>4</b>            8:30a School chapel            3:00p Staff meeting            8:00p Narcotics Anonymous*</p>	<p><b>5</b>            8:30a School chapel  <b>noon Bldgs &amp; Grounds mtg</b>            7:30p Choir rehearsal            7:30p Highland Pipe Band*</p>	<p><b>6</b>            8:30a School chapel            noon Alcoholics Anonymous*</p>	<p><b>7</b>            8:30a School chapel</p>	<p><b>8</b>            7:30a Sunrise AA*            8:30a School Board Retreat            9:00a Alcoholics Anonymous*            Altar Guild work            4:30p Trinity BTS Barbecue</p>
<p><b>16 Pentecost</b> <b>9</b>  <b>Fall Kick-Off</b>            8:00a Holy Eucharist Rite I  <b>9:00a Soulwork:Christ'n Sex</b>            10:00a Nursery            10:15a Sunday school  <b>10:15a</b> Holy Eucharist Rite II</p>	<p><i>Alexander Crummell</i> <b>10</b>            8:30a School chapel            9:00a Counting Crew</p>	<p><b>11</b>            8:30a School chapel            3:00p Staff meeting  <b>5:00p Finance Cmte mtg</b>            8:00p Narcotics Anonymous*</p>	<p><i>John Henry Hobart</i> <b>12</b>            8:30a School chapel            9:00a Companions alumni mtg            7:30p Choir rehearsal            7:30p Highland Pipe Band*</p>	<p><i>John Chrysostom</i> <b>13</b>            8:30a School chapel            noon Alcoholics Anonymous*            7:00p Trinity BTS Night</p>	<p><b>Holy Cross Day</b> <b>14</b>            8:30a School chapel            noon Parkinson's Caregivers*</p>	<p><b>15</b>            7:30a Sunrise AA*            9:00a Alcoholics Anonymous*            Altar Guild work</p>
<p><b>17 Pentecost</b> <b>16</b>            8:00a Holy Eucharist Rite I  <b>9:00a Soulwork:Christ'n Sex</b>            10:00a Nursery            10:15a Sunday school  <b>10:15a</b> Holy Eucharist Rite II  <b>11:30a Cmty svc discernm't</b></p>	<p><i>Hildegard</i> <b>17</b>            8:30a School chapel            9:00a Counting Crew</p>	<p><i>Edward Bouverie Pusey</i> <b>18</b>            8:30a School chapel            noon Parkinson's Caregivers*            3:00p Staff meeting  <b>7:00p Vestry mtg</b>            8:00p Narcotics Anonymous*</p>	<p><i>Ember Day Theodore of Tarsus</i> <b>19</b>            8:30a School chapel            7:30p Choir rehearsal            7:30p Highland Pipe Band*</p>	<p><i>John Coleridge Patteson</i> <b>20</b>            8:30a School chapel            noon Alcoholics Anonymous*</p>	<p><i>Ember Day</i> <b>21</b>  <b>St. Matthew, Apostle and Evangelist</b>            8:30a School chapel</p>	<p><i>Ember Day Philander Chase</i> <b>22</b>            7:30a Sunrise AA*            9:00a Alcoholics Anonymous*            Altar Guild work</p>
<p><b>18 Pentecost</b> <b>23</b>            8:00a Holy Eucharist Rite I  <b>9:00a Soulwork:Christ'n Sex</b>            10:00a Nursery            10:15a Sunday school  <b>10:15a</b> Holy Eucharist Rite II  <b>4:00p Arts: Evensong</b></p>	<p><b>24</b>            8:30a School chapel            9:00a Counting Crew  <b>7:00p Community service discernment meeting</b></p>	<p><i>Sergius</i> <b>25</b>            8:30a School chapel            3:00p Staff meeting            8:00p Narcotics Anonymous*</p>	<p><i>Lancelot Andrewes</i> <b>26</b>            8:30a School chapel            7:30p Choir rehearsal            7:30p Highland Pipe Band*</p>	<p><b>27</b>            8:30a School chapel            noon Alcoholics Anonymous*</p>	<p><b>28</b>            8:30a School chapel</p>	<p><b>St. Michael and All Angels</b> <b>29</b>            7:30a Sunrise AA*            9:00a Alcoholics Anonymous*            Altar Guild work</p>
<p><b>19 Pentecost</b> <b>30</b>            8:00a Holy Eucharist Rite I  <b>9:00a Soulwork:Christ'n Sex</b>            10:00a Nursery            10:15a Sunday school  <b>10:15a</b> Holy Eucharist Rite II</p>	<p>may have grace to take up our cross and follow him.</p>					

\*use of St. Bede's facilities in outreach to the broader community

## Music in Worship

### On Sir Hubert Parry, 1848-1918



The year 2018 marks the centennial of the death of English composer Sir Charles Hubert Hastings Parry, a giant of British musical Renaissance of the late 19<sup>th</sup>–early 20<sup>th</sup> century, and a huge influence on the music of the Anglican communion both for his own compositions and those of his students. Born in 1848 to a wealthy family, his father Gambier Parry was a gentleman artist best known for restoring the frescoes in Ely Cathedral. Hubert sang as a boy chorister and his interest in music was encouraged by no less a master than Samuel Sebastian Wesley, who was director of music at Winchester Cathedral during Parry’s youth. After completing studies at Eton and Exeter College, Oxford, Parry wished to pursue music full time, but bowed to parental pressure to take a “day job” in an insurance firm. However, he remained determined to follow his musical passion and continue composing. By the mid-1870s he was able to quit the day job and devote himself entirely to music, despite reservations on the part of his parents and in-laws. A member of the Royal College of

Music at its founding in 1883, he became its director in 1895 and held that position until his death in 1918. He also taught at Oxford from 1900-1908. A noted musicologist as well as a composer, he published numerous books on music history and aesthetics, and was a champion of J.S. Bach’s music. His own compositional style was heavily influenced by the German masters, particularly Brahms. Most of his works are for large-scale orchestras and choruses; he composed frequently for the annual Three Choirs Festival, and he was commissioned to write numerous works for large forces both orchestral and choral. He was honored in 1902 by being asked to compose an anthem (*I was glad*) for the coronation of King Edward VII, which was sung alongside music by such giants of English music as Thomas Tallis, Orlando Gibbons, Henry Purcell, Arthur Sullivan, Charles Villiers Stanford, and John Stainer. *I was glad* (Psalm 122) has been sung at all subsequent coronations of British monarchs. Parry’s skill as a teacher of composition nurtured the development of such composers as Ralph Vaughan Williams (who edited the English Hymnal of 1906), Frank Bridge, John Ireland, and Gustav Holst. He was created 1<sup>st</sup> Baronet of Highnam Court (his family home) in 1902. Parry died on October 7, 1918. He was one of the millions who succumbed to the Spanish flu pandemic that swept the world in the wake of World War I.

### Celebration of Parry’s music at St. Bede’s

Although not a church musician, Parry did compose a number of excellent hymns, several anthems suitable for smaller choirs, and at least one psalm chant. This fall we will

pay tribute to Parry by singing many of his hymns and smaller anthems between Kick-Off Sunday (September 9) and October 4, the Sunday closest to the anniversary of his death. As well, we will use his chant setting in E for our psalms, and may even hear some of his solo organ works!

– Katherine McKee Music Director

### Listening suggestions:

A number of Parry’s great works are accessible on YouTube.

- \* His oratorio *Judith* ([www.youtube.com/watch?v=qNH8NpEMvAQ](http://www.youtube.com/watch?v=qNH8NpEMvAQ)) had its North American premiere just three years ago under the direction of Canadian composer-conductor Stephanie Martin (whose Evensong service the choir will sing next March!).
- \* Several accounts of *I was glad* are there—
  - from the 1937 coronation of George VI: [www.youtube.com/watch?v=L\\_yF-ZAr2MM](http://www.youtube.com/watch?v=L_yF-ZAr2MM)
  - from the Golden Jubilee of Elizabeth II: [www.youtube.com/watch?v=2YstlGy1Ld0](http://www.youtube.com/watch?v=2YstlGy1Ld0)
  - from the Diamond Jubilee of Elizabeth II: [www.youtube.com/watch?v=rgThh7sDgNM](http://www.youtube.com/watch?v=rgThh7sDgNM)
- King’s College Cambridge: [www.youtube.com/watch?v=IMZ46I-N9oA](http://www.youtube.com/watch?v=IMZ46I-N9oA)
- For serious Anglophiles only: the 1953 coronation of Elizabeth II, in its entirety. There is a narration that continues during the music, but it is quite fascinating nevertheless; *I was glad* is at 22’40’’: [www.youtube.com/watch?v=52NTjasbmgw](http://www.youtube.com/watch?v=52NTjasbmgw)
- \* Parry’s concert setting of the Magnificat ([www.youtube.com/watch?v=yxpEsvklShU](http://www.youtube.com/watch?v=yxpEsvklShU)), as well as his Great Service ([www.youtube.com/watch?v=qY-6g2gOFoU](http://www.youtube.com/watch?v=qY-6g2gOFoU))—a Magnificat & Nunc Dimittis appropriate for Evensong worship—are also available.
- \* You can also hear some of those great hymns—
  - Dear Lord and Father (*Repton*): [www.youtube.com/watch?v=Bk7SX3r59sc](http://www.youtube.com/watch?v=Bk7SX3r59sc)
  - Round the Lord in glory seated (*Rustington*): [www.youtube.com/watch?v=6IT9FJYqXw0](http://www.youtube.com/watch?v=6IT9FJYqXw0)
  - O praise ye the Lord (*Laudate Dominum*): [www.youtube.com/watch?v=cbA8prdCKOoc](http://www.youtube.com/watch?v=cbA8prdCKOoc)
  - And did those feet in ancient times (*Jerusalem*, set to a poem by William Blake): [www.youtube.com/watch?v=YqggkvRnpMw](http://www.youtube.com/watch?v=YqggkvRnpMw)
  - O day of peace that dimly shines (*Jerusalem*, set to a hymn text by Carl P. Daw, Jr.): [www.youtube.com/watch?v=V6ONR20SnZY](http://www.youtube.com/watch?v=V6ONR20SnZY)

## Children & Youth

### Children Find Sacred Space at St. Bede's

A visit to St. Bede's might include the sight of children exploring the twists and turns of the very prominent labyrinth in the space that connects the sanctuary, Lehman hall, and the children's classrooms of the Wyatt building. Children often respond to the invitation of the labyrinth, entering at one of the openings, following the path to its center, then following another path back out of the labyrinth. The children do this without instruction or guidance.

A labyrinth is a path that winds in unexpected ways into a central circle. The design of the St. Bede's labyrinth follows that of the famous labyrinth at Chartres Cathedral in France. Labyrinths invite walking prayer and they provide a sacred space with an intriguing, somewhat mysterious shape, right out in the open.

In a recent Sunday Funday, the children at St. Bede's made finger labyrinths, in which they created a labyrinth on a piece of paper and followed it meditatively with their finger or just by looking at it. We discussed how calming it is to simply follow, trusting that we are safe and not lost or imprisoned. This feeling of safety that some children described as "time with God," or "simple prayer," or "fun and quiet," is a form of em-

bodied spirituality that allows the children to consider their Christian faith as accessible and active.

This summer, parents, teens, and church leaders shared their faith with the children by offering Sunday Funday lessons as a form of lived prayer.

As we embark on another year of discovery in Sunday school and Godly Play, our children will identify the sacred spaces in their lives, and they will explore how Christians "live into" or "embody" the hope they share for a community in which people share gifts together, seeking balance and unity. It is our hope that the children and youth at St. Bede's will come to understand that following Jesus involves active, intentional community and fellowship founded on worship as a way of being.

Our Anglican/Episcopal spirituality includes a liturgical labyrinth, one with prescribed entry points and paths that lead to a contemplative center, and back out into the world, to love and serve. Sunday school and Godly Play lessons this year will seek to teach the youngest members of our community about our sacred texts and teaching as they relate to worship—the sitting and standing, the bowing and crossing, the vestments and the music. Parents and community members also teach children by serving, and by caring and showing up. We hope that with this

foundation our children come to recognize and enter into a worship community as easily and with as much familiarity as they do the labyrinth in the courtyard of the church.

— Pamela Stevens  
Children's & Youth Minister



*Lots of Bede's Kids were among the 21 people participating in the intergenerational community service project to prepare and serve dinner at a local family shelter last month.*



## Community Service Hosting Home & Hope

St. Bede's second time hosting the Home & Hope family shelter program for a week in summer lived up to the interfaith nonprofit organization's name: For seven nights (and seven mornings) in August, we truly created a home for four families. Through our loving care, we also gave them hope that they could cope with their challenging living situation as well as other difficulties in their lives.

While we protect guests' privacy for a reason, I think it's okay to share that, among them, our four families were dealing with the effects of the death or addiction of family members, divorce, serious illness and injury, job loss, erratic work schedules, abusive relationships, lack of affordable childcare... and that's on top of trying to find housing in one of the most expensive markets in the country. One child was starting fifth grade in northern San Mateo County during her time here, two more were entering elementary and middle school grades the following week, and four children were young enough to need diapers and watchful monitoring.

With the help of more than fifty volunteers of all ages from St. Bede's, plus another dozen from nearby St. Denis Catholic Church, a half-dozen Girl Scout Troop members, and a stalwart pair of coordinators from Congregation Beth Jacob, we gave all ages the attention they desired—and personal

space when they didn't want attention. We offered our guests the privacy of individual rooms for families in Wyatt Hall, and the community of a much-used "living room" on the Lehman Hall stage, where kids would lie on floor pillows and adults sit in rocking chairs watching Disney movies on TV after dinner.

We also provided guests the reliability of three meals a day, whether or not they could reliably make dinner due to their shifting work and family schedules. They appreciated our hearty, home-cooked buffet dinners with special dietary options for one family; the quick, hot breakfasts (egg sandwiches, toaster waffles) with special additions from St. Bede's bakers; the frequently replenished ingredients for sack lunches (sandwiches, chips, fruit, and favorite leftovers); and supplies of milk and baby food for our youngest guests. When we realized guests would need provisions for their motel stay the following week, volunteers from St. Bede's and St. Denis responded on short notice to my "loaves and fishes" request to add to the bags of frozen and fresh leftovers we provided each family when they left.

We further shared the spiritual food of fellowship, whether in casual conversation over dinner or in bedding down for the night in a strange place on an unforgiving cot, knowing that the 7am daily departure would come all too soon. Our large set-up and take-down crew of volunteers also experienced a sense of fellowship as we worked with each other

and members of other congregations in trying to create a reasonably comfortable environment with a fair amount of Home & Hope-provided gear that was either mislabeled, unmarked, or in poor condition. Fortunately we knew the linens, blankets, and pillows we provided would be of a quality we'd offer a guest in our own homes, having purchased all of them this year with funds from our rummage sale.

John Poole, one of the Congregation Beth Jacob coordinators and a board member of Home & Hope, led us in interfaith prayer after set-up and take-down, which added to the many moments of grace I personally witnessed during the week. I saw our guests looking out for one another, mother to mother, child to child, and our volunteers rising to the occasion time after time with beautiful gestures of support, from buying hard-to-find school supplies on short notice to cleaning up after a particularly messy toddler. I saw children happily engaging with the labyrinth and exploring the playground,

and adults marveling at how easy it was to all make breakfast and pack lunches in our large kitchen.

We are truly blessed in both our hospitable facilities and our generous congregation, including all the parishioners who over time helped create and maintain those facilities. The list of volunteers below includes as many of those as I can remember who served during the Home & Hope week—please let me know if I inadvertently omitted your name—but thank you, too, to those who contributed in some way to our annual gala and rummage sale, which provided funds for Home & Hope year-round as well as at St. Bede's.

Thank you also to those who attended our brief orientations and/or offered to help but whom we ended up not having to call upon. I hope you'll consider joining us next year. Our partners at St. Denis and Congregation Beth Jacob appear ready to support us again, too.

—Jeanne Cooper

## HOME & HOPE

**Coordinators:** Jon & Julie Backlund (facilities, scheduling), Jeanne Cooper (overall), Van Jepson (socializing), Fred Langhorst (facilities), Megan Sell (H&H liaison), Hasma Serverian (food), Anne Vitullo (supplies)

**Overnight hosts:** Jon & Julie Backlund, Deb Blackmore, Jeanne Cooper, John & Olga Poole (CBJ), Maritza Longland (St. Denis), Megan Sell, Brad Sherrill, Kathy Thompson

**Dinner crews:** Jeanne Cooper & Ian Hersey, Van Jepson & Kathy Francissen, Irene Lawrence; Katie, Abigail, and Kiersten Machemer and Girl Scout Troop 62835; Michael, Meredith, J.B., and Charles Pellegrin; Deb Blackmore,

Susan Chan Egan, and Helen Greenwood; Chris Sheehy and other St. Denis volunteers; Hasma Serverian, Kathy McKee, Carol Shedlock, and Anoush Kelegian  
**Childcare/socializing:** Brendan Deocariza-Nee, Laura Gable, Gia Hayes-Martin, Katharine Kearnan, Angela and Sophia Hummel, Charles and J.B. Pellegrin, Miranda Pinckert and Madeline du Lac, Pamela Stevens, St. Denis youth team, *plus other dinner crew volunteers listed above*

**Breakfast/supplemental food donors:** Vicki Blayney, Bertita Graebner, Juliet and Grace Knowles, Carol Louchheim, Megan Sell, Chris Sheehy, Becky Zeren

**Shopping:** Jeanne Cooper, Brendan & Evan Deocariza-Nee (main groceries), Kathy Francissen, Laura Gable, Katharine Kearnan, Irene Lawrence (school supplies), Anne Vitullo (linens)

**Set-up/take-down:** Jon & Julie Backlund, Brian & Kathleen Douglas, Fred Langhorst, Katie & Daniel Machemer, John & Olga Poole, Dave & Megan Sell, Jon Poe & Anne Vitullo, Pamela Stevens

**Prayer team:** Julie Backlund, Carol Brink, Catherine Clover, Bertita Graebner, Angela Hummel, Vanessa Johnson, Katharine Kearnan, Ann Latta, Irene Lawrence, Sue Sartor, Becky Zeren

### More ways to help

You don't have to wait till next summer to help Home & Hope. Although St. Bede's as a parish is not committed to providing further assistance, here's how individuals can offer support this fall:

\* Due to a lack of hosting congregations, Home & Hope families will relocate to a motel with kitchen facilities the weeks of **September 16-23**, **October 21-28** and **December 2-9**. They typically can use donations of fresh food, canned food, and/or grocery gift cards during those periods.

\* We benefit greatly from the support of our partners at Congregation Beth Jacob. They



in turn are hosting again **December 9-16**; we traditionally staff one night of this week with cooks (kosher ingredients and recipes supplied), childcare and socializing, and overnight hosts.

\* We also have the opportunity to support founding congregation Transfiguration Episcopal Church in San Mateo the week of **September 30-October 7**. Due to the distance involved, we typically purchase food for pick-up nearby. Any staffing assistance is appreciated.

For details or to volunteer, please contact Jeanne Cooper.

# In the Month of September



## Birthdays

- 5 Jane Ross
- 6 Frank Hill  
Kevin Kopczynski
- 8 Amy Worden
- 10 Rachael Bowman
- 11 Quentin Long
- 13 Larry Bowman
- 16 Brendan Deocariza-Nee
- 18 Irene Lawrence
- 20 Carol Shedlock
- 24 Tim Brugh  
Barbara Wood
- 25 Gia Hayes-Martin  
Becky Zeren
- 26 Madeline du Lac
- 27 Daniel Machemer  
Angela Sherry
- 29 Carol Louchheim
- 30 Mary Working

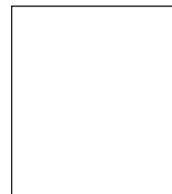
## Anniversaries

- 1 Kevin & Toffie Kopczynski  
Jack & Linda Wenstrand
- 6 Liz Bellock & Doug Ross
- 13 Kathy Francissen & Van Jepson
- 15 Donna & Jack Reynolds
- 23 Ed Chrapla & Erica Cicero
- 25 Danielle & Roy Azem  
Meredith & Michael Pellegrin

**St. Bede's Episcopal Church**  
**2650 Sand Hill Road**  
**Menlo Park, CA 94025**

Date Mailed: 1 September 2018

First Class



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The Rev. Gia Hayes-Martin *Rector*  
Pamela Stevens *Children's & Youth Minister*  
Katherine McKee *Music Director*  
Rani Fischer *Organist*  
Carol Shedlock *Parish Administrator*  
Angela Sherry *Bookkeeper*

### **Sunday Services**

Holy Eucharist 8:00am, 10:15am

### **Sunday Programs**

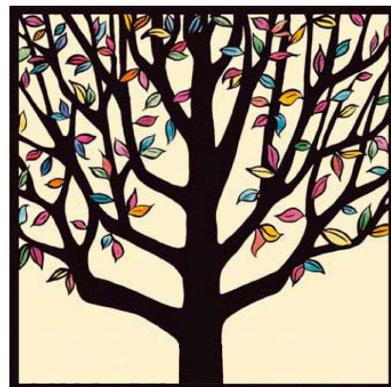
Adult Education 9:00am — *childcare available by request*

Nursery 10:00am

Children's Sunday school 10:15am

**Parish Office Hours** M-F 9:00am-5:00pm  
650-854-6555

**Trinity School + Preschool-Grade 5**



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