

Bede's Journal

May 2018



The Monthly Newsmagazine of St. Bede's Episcopal Church

May at a Glance

Sunday 6 May

9:00am Soulwork: Religious Language

4:00pm Arts at St. Bede's presents Collage Vocal Ensemble

9:00am, Sundays, May 13 - June 24, excepting June 10

Soulwork: Growing a Rule of Life

Sunday 20 May — The Day of Pentecost

10:15am All Ages worship together at the later service

9:00pm St. Bede's Choir sings Compline at Stanford's Memorial Church



Look Ahead and Save These Dates!

Sunday 3 June

Last Sunday school classes and Choir

Friday-Sunday, 8-10 June

St. Bede's Annual Parish Retreat 2018 at The Bishop's Ranch, Healdsburg

Sunday 17 June

10:15am Sunday FUNDAYS begin!

4:00pm Arts at St. Bede's presents Peter Sykes, organ

Sunday-Sunday, 12-19 August

St. Bede's hosts Home & Hope



Volunteer now to lead a Sunday FUNDAY, the summer program that takes the place of our usual Sunday school during the 10:15 service. Each Sunday is led by one or more parish volunteers and focuses on an activity chosen by the leaders, who might be adults or teenagers. Please contact Children's

& Youth Minister Pamela Stevens (pstevens@stbedesmenlopark.org) or find a sign-up sheet at Sunday coffee hours.

Adult Education

Soulwork

On May 6, we'll wrap up Religious Language, a series led by Irene Lawrence. From "logos" on, Christians have used words to attempt to understand our faith. We will look at some of the words, both ordinary words and technical jargon, that Christians have used to put our experience of God into language. Many of our words were originally some other language—Hebrew, Greek, Latin—and how well have they survived their translations into English?

On May 13, we begin a new six-week series, Growing a Rule of Life. A rule of life, or rhythm of life, is a commitment to a pattern of spiritual disciplines that draws us into deeper relationship with God, self, others, and creation. Using materials created by the brothers of the Society of St. John the Evangelist, an Episcopal monastic order for men that is widely respected for their spirituality, we'll explore the concept of a rule of life and develop one for ourselves that will help us flourish spiritually. This series meets on May 13, 20, 27 and June 3, 17, and 24 (taking a break on June 10 for the parish retreat).

Soulwork meets on Sundays at 9:00am in Lehman Hall. Childcare is available by advance request; please call the parish office by Thursday to let us know that you'd like it.



Arts at St. Bede's presents

Collage Vocal Ensemble —

Love Makes the World Go 'Round

Sunday, May 6, 4pm

Where in the world might you like to travel? Collage Vocal Ensemble takes you on a journey rejoicing in this wonderful longing common to people everywhere.

Suggested donation \$15; all donations benefit the Music in the Schools Foundation



Calling all musicians!

*When in our music God is glorified,
and adoration leaves no room for pride,
it is as though the whole creation cried
ALLELUIA!*

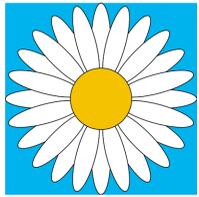
(Hymnal 1982, #420, text by F. Pratt Green)

Instrumentalists and singers alike are invited to share their musical talents during the summer months while the choir is enjoying a well-earned break. We're hoping for musical offerings at the 10:15 services from June 10 through September 2. If you're interested in sharing your time and talent with our community in this way, please contact me via email at kmckee@stbedesmenlopark.org or at the church office, 650-854-6555. I'm happy to lend a hand with choosing music.

— Katherine McKee Music Director

From the Rector

An Update on Renewal Planning



As we shared last fall, now that I'm in my fifth year as rector of St. Bede's, I have a renewal leave coming up. Being a parish priest is a richly rewarding, intense, high-stress job, and it's essential for every rector to step away from leadership for a time to focus on their own spiritual growth and renewal. I expect to be away from January 21 to June 8, 2019. I'm planning to visit family and friends here in the US, then Melville and I will go to the Holy Land on a pilgrimage. From there, we'll volunteer at either the Iona Community or the Northumbria Community in the UK. There's a false impression that a renewal leave means that the rector will leave the parish for good, and I have no plans to leave St. Bede's. In fact, a condition of the grant for which we've applied is that I will remain as rector for at least one year after I return.

The vestry decided to apply for a grant from the Lilly Endowment's National Clergy Renewal Program (information at www.goo.gl/knsvGa) to fund the costs of the renewal program. Central to Lilly's approach is that *both congregation and pastor engage in renewal activities*. We held two meetings last fall to hear your

desires for renewal, the vestry refined your suggestions, and a renewal planning team presented preliminary plans at the annual parish meeting in January. What stood out to the vestry and the renewal planning team was our need to feed our souls. Being a person of faith in a relentlessly secular culture is difficult, and all of us (including me) need spiritual nourishment to sustain ourselves. We heard the desire to deepen our discipleship—to know, love, and follow Jesus Christ more fully—and to strengthen the bonds of our Christian community.

The renewal planning team and the vestry discerned two renewal activities that serve dual purposes of deepening our discipleship and strengthening our community. First, we will form several small groups that will commit to meeting at least five times during the renewal period, on days and times agreed upon by the group members. Each small group will determine its own focus; parishioners expressed interest in faith practices for families, Bible study, pub theology, and contemplative prayer, among others. St. Bede's will offer additional childcare to enable parents to attend. Second, we will review our community service activities this year in order to discern where and how God is calling us to engage with the world God so loves. Then during the renewal period, we will offer at least three community service projects that can be done by many members of our parish

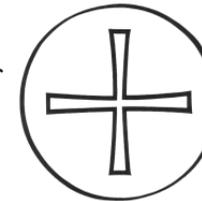
working together. A long-term supply priest will lead worship, preach, and provide pastoral care during my leave. Parishioners will lead the renewal activities.

St. Bede's submitted our application to the Lilly Endowment on April 10 (three days early!). I am incredibly grateful to the renewal planning team—Brendan Alexander-Healy, Julie Backlund, Deb Blackmore, Tanya Brugh, Juliet Knowles, and Emilee Wilhelm-Leen—for their thoughtful, diligent, resourceful work on this project. Treasurer Hal Louchheim provided essential information with his customary attention to detail and good humor. I've written grant applications on my own before this, but I haven't done it as part of a committee, and challenging as a group writing project is, it was a joy to work with this team.

We expect to hear back from Lilly in late August. We will undertake the parish renewal activities whether we receive the grant or not. If we do not receive the grant, I will need to curtail my plans, and St. Bede's will need to draw some funds from reserves to pay for a supply priest. We did our best to craft a compelling proposal, and now we wait and pray while Lilly does its work.

So our preparations for this time continue. Our task list is long, and one major item on it is ensuring solid vestry leadership.

Senior warden Sue Sartor and junior warden Curtis Grisham will both rotate off the vestry next January, just as the renewal period is beginning. To plan ahead for this transition, the vestry and I agreed to identify the incoming wardens this spring so that they could shadow Sue and Curtis for the rest of this year. I'm delighted to share the news that Julie Backlund has accepted my invitation to serve as senior warden in 2019, and Anne Vitullo has agreed to be nominated as junior warden next year. Both Julie and Anne bring great depth of experience of St. Bede's and Trinity School, wisdom, leadership experience, a love of



God and God's Church, and a sense of fun. They will serve St. Bede's well. Anne and Julie have already begun attending wardens' meetings with Sue, Curtis, and me, and the five of us will work together for the rest of this year to ensure a smooth transition in January.

There will be much more to share about the renewal period in the coming months. If you have questions in the meantime, please reach out to me, a vestry member, or a member of the renewal planning team. I'm grateful for everyone's contributions to the renewal process so far, and I'm looking forward to seeing what God will do with and through us during this time.

Peace,

Gia+

May 2018 at St. Bede's Episcopal Church

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Our Father, who art in heaven, hallowed by thy name. Thy kingdom come. Thy will be done in earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation. But deliver us from evil. Amen.</p>		St. Philip and St. James, 1 Apostles 8:30a School chapel 1:00p Staff meeting 8:00p Narcotics Anonymous*	Athanasius 2 8:00a Holy Eucharist 8:30a School chapel 7:30p Choir rehearsal 7:30p Highland Pipe Band*	3 8:30a School Eucharist noon Alcoholics Anonymous*	Monnica 4 8:30a School chapel	5 7:30a Sunrise AA* 9:00a Alcoholics Anonymous* Altar Guild work 7:00p Scandinavian Dance*
6 Easter 6 8:00a Holy Eucharist Rite I 9:00a Soulwork-Logos 10:00a Nursery 10:15a Sunday school 10:15a Holy Eucharist Rite II 4:00p Arts: Collage Vocal	Rogation Day 7 8:30a School chapel 9:00a Counting Crew	Rogation Day 8 <i>Dame Julian of Norwich</i> 8:30a School chapel 1:00p Staff meeting 7:00p Finance Cmte mtg 8:00p Narcotics Anonymous*	Rogation Day 9 <i>Gregory of Nazianzus</i> 8:00a Holy Eucharist 8:30a School chapel 7:30p Choir rehearsal 7:30p Highland Pipe Band*	Ascension Day 10 8:30a School chapel noon Alcoholics Anonymous*	11 8:30a School chapel noon Parkinson's Caregivers*	12 7:30a Sunrise AA* 9:00a Alcoholics Anonymous* Altar Guild work 2:00p M. Posthauer mem svc 7:00p Folk Dance*
7 Easter 13 Mother's Day 8:00a Holy Eucharist Rite I 9:00a Soulwork-Rule of Life 10:00a Nursery 10:15a Sunday school 10:15a Holy Eucharist Rite II	14 8:30a School chapel 9:00a Counting Crew 6:00p Trinity School SMARTSS Night	15 8:30a School chapel noon Parkinson's Caregivers* 1:00p Staff meeting 7:00p Vestry meeting 8:00p Narcotics Anonymous*	16 8:00a Holy Eucharist 8:30a School chapel 9:00a Companions group noon Bldgs & Grounds mtg 7:30p Highland Pipe Band*	17 8:30a School chapel noon Alcoholics Anonymous* 7:30p Choir rehearsal	18 8:30a School chapel	Dunstan 19 7:30a Sunrise AA* 9:00a Alcoholics Anonymous* Altar Guild work
The Day of Pentecost: 20 Whitsunday 8:00a Holy Eucharist Rite I 9:00a Soulwork-Rule of Life 10:00a Nursery 10:15a All-Ages Eucharist noon LWV ballot pros/cons	21 8:30a School chapel 9:00a Counting Crew	22 8:30a School chapel 1:00p Staff meeting 8:00p Narcotics Anonymous*	Ember Day 23 8:00a Holy Eucharist 8:30a School chapel 7:30p Choir rehearsal 7:30p Highland Pipe Band*	Jackson Kemper 24 8:30a School chapel noon Alcoholics Anonymous*	Ember Day 25 <i>Bede the Venerable</i> 8:30a School chapel	Ember Day 26 <i>Augustine</i> 7:30a Sunrise AA* 9:00a Alcoholics Anonymous* Altar Guild work
Trinity Sunday 27 8:00a Holy Eucharist Rite I 9:00a Soulwork-Rule of Life 10:00a Nursery 10:15a Sunday school 10:15a Holy Eucharist Rite II	Memorial Day 28 Parish office closed 9:00a Counting Crew	The First Book of 29 <i>Common Prayer</i> 8:30a School chapel 1:00p Staff meeting 8:00p Narcotics Anonymous*	30 8:00a Holy Eucharist 8:30a School chapel 7:00p School Board mtg 7:30p Highland Pipe Band*	The Visitation of the 31 Blessed Virgin Mary 8:30a School chapel noon Alcoholics Anonymous*	<p>Glorify be to the father, and to the son, and to the holy ghost. As it was in the beginning, is now, and ever shall be world without end. Amen.</p> <p style="text-align: right;">The First Book of Common Prayer, 1549</p>	

*use of St. Bede's facilities in outreach to the broader community

Sacred Music

A Hymn for Rogation Days

What are Rogation Days? The term is from the Latin *rogatio*, “asking.” Traditionally, they are the three days before Ascension Day on which the litany is sung (or recited) in procession as an act of intercession; prayers are asked for healthy crops in the coming growing season, and thanksgiving is given for the earth and its bounty. Rogation Days almost always occur during the month of May; this year they will be May 7, 8, and 9, preceding Ascension Day on May 10.

The celebration originated in Vienne, France, in the fifth century when Bishop Mamertus introduced days of fasting and prayer to ward off a threatened disaster. In England they were associated with the blessing of the fields at planting. The vicar “beat the bounds” of the parish, processing around the fields reciting psalms and the litany, in a ceremony not unlike the May Day celebrations of much older religions. In the United States they have been associated with rural life and with agriculture and fishing. Our *Book of Common Prayer* has widened their scope to include commerce and industry and the stewardship of creation, as well as to permit their celebration at other times to accommodate different regional growing seasons.

A prayer for Rogation Day

Almighty God, Lord of heaven and earth: We humbly pray that your gracious providence may give and preserve to our use the harvests of the land and of the seas, and may prosper all who labor to gather them, that we, who are constantly receiving good things from your hand, may always give you thanks; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

(*Book of Common Prayer*, page 258)



May 2018

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Lord, bring the day to pass

(Hymn 238 from *Church Hymnary* 4)

1. Lord, bring the day to pass when forest, rock, and hill,
The beasts, the birds, the grass, will know your finished will:
When we attain our destiny and nature lives in harmony.
2. Forgive our careless use of water, ore, and soil—
The plenty we abuse, supplied by others' toil:
Save us from making self our creed, turn us towards each others' need.
3. Help us, when we release creation's secret powers,
To harness them for peace, our children's peace and ours:
Teach us the art of mastering in servant form, like Christ the King.
4. Creation groans, travails, futile its present plight,
Bound—till the hour it hails God's children born of light:
That we may gain our true estate, come, Lord, new heaven and earth create.

(Ian Masson Fraser 1917-2018)

At www.youtube.com/watch?v=sAQ4nYyD8dA you'll find a recording of an organist playing the tune (which we know as *My song is love unknown*) if you'd like to sing along.

– Katherine McKee
Music Director



Bede's Journal

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Community Service Update:

Los Ayudantes

Los Ayudantes is a nonprofit organization that helps Redwood City school district English learners improve their literacy and critical thinking skills necessary to succeed in high school and beyond. Founded by visionary members of St. Bede's, *Los Ayudantes* has been providing in-class tutoring for middle-schoolers and after-school book clubs for 4th and 5th graders since 2002.

Los Ayudantes is unique on the Peninsula as the only literacy nonprofit that tutors 6th to 8th graders in the classroom, as opposed to after school. Under direction of the teachers, *Los Ayudantes*' volunteer tutors work one-on-one or in small groups helping students as they read out loud: decoding, explaining vocabulary, and delving deeper into reading subject matter.

In the last two years, the principals at McKinley Institute of Technology and Kennedy Middle School have partnered with *Los Ayudantes* to provide literacy tutoring during their schools' literacy block period. During which all students focus on improving their reading and writing every day. This has translated into dramatically improved scores on the California assessment tests in both reading and writing, and math! It shows that improved literacy makes a real difference in the lives of English learners.

Los Ayudantes thanks the St. Bede's founders and tutors that have volunteered and

donated over the years. They are always looking for more volunteers! If you have a spare hour a week during the school year, please consider volunteering. No special training or language skills are needed to be a volunteer, and the only requirement is the desire to make a difference.

For more information, visit the *Los Ayudantes* website, www.losayudantes.org, or contact Program Director Jenni Farrell at jenni.farrell@losayudantes.org.



Rummage Sale Round-up

Our April 28-29 rummage sale raised \$1,107 to support Home & Hope's family shelter program, which St. Bede's will host August 12-19. The sale also generated clothes, housewares, and other items for Goodwill and EHP in East Palo Alto, kitchen items for Trinity School's project assisting refugees, and books for donation to Menlo Park Library.

Thanks again to all who helped, whether by donating items, schlepping and sorting donations, setting up, assisting shoppers (or buying items yourselves!), serving refreshments, packing up, and redistributing remainders. We're especially grateful to Fred Langhorst and Dick Zeren for assembling our large hanging racks the better to display clothes, and Fred's help in delivering items afterwards. Carol Shedlock's assistance in stowing items and Pam Stevens's patience in allowing use of the Youth Room and Sunday school closet are also much appreciated.

– *Jeanne Cooper* Community Service team

In the Month of May

Birthdays

- 1 Zachary Macheimer
- 3 Ann Latta
Hasma Serverian
- 4 Josh Knowles
- 5 Juliet Knowles
- 6 Cameron Bowman
- 9 Alec Drobac
- 10 Ginny Johnstone
- 11 Kathleen Douglas
- 13 David Shaw Bass
- 14 Eliza Barrett
- 16 Betsy Harris
- 21 Catie Ross
- 22 Chris Brown
- 28 John Hickson
- 29 Doug Blayney
Hal Louchheim
Baden Skey
- 31 Ian Hersey
Elizabeth Skey



Ascension, John Singleton Copley, 1775, oil on canvas.

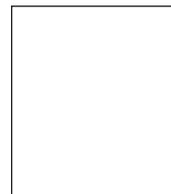
Anniversaries

- 5 Elizabeth & Nick Flegel
- 7 Josh & Juliet Knowles
- 10 John Hickson & Sarah Babin
- 28 David Chu & Irene Lawrence

St. Bede's Episcopal Church
2650 Sand Hill Road
Menlo Park, CA 94025

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First Class



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The Rev. Gia Hayes-Martin *Rector*
Pamela Stevens *Children's & Youth Minister*
Katherine McKee *Music Director*
Rani Fischer *Organist*
Carol Shedlock *Parish Administrator*
Angela Sherry *Bookkeeper*

Sunday Services

Holy Eucharist 8:00am, 10:15am

Sunday Programs

Adult Education 9:00am — *childcare available by request*

Nursery 10:00am

Children's Sunday school 10:15am

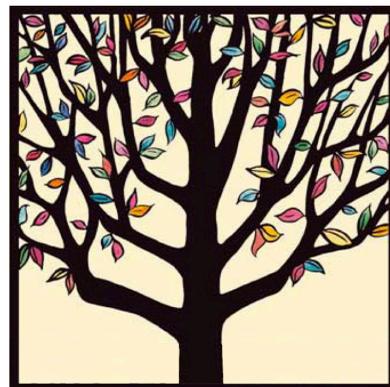
Weekdays

Holy Eucharist Wednesday 8:00am

Parish Office Hours M-F 9:00am-5:00pm

650-854-6555

Trinity School + Preschool-Grade 5



Read *Bede's Journal* online at

www.stbedesmenlopark.org