

Bede's Journal

April 2018



The Monthly Newsmagazine of St. Bede's Episcopal Church

April at a Glance

9:00am Sundays, April 8 & 15
Soulwork: Which Bible?

4:00pm, Sunday 15 April

Arts at St. Bede's presents Rachelle Perry & Sally Mouzon

9:00am Sundays, April 22 - May 6
Soulwork: Religious Language

noon-3pm, Saturday 28 April
Annual Rummage Sale

(Donations welcomed April 22-27; no bulky or upholstered furniture, please)



Look Ahead and Save These Dates!

4:00pm, Sunday 6 May

Arts at St. Bede's presents Collage Vocal Ensemble

9:00pm, Sunday 20 May

St. Bede's Choir sings Compline at Stanford's Memorial Church

Friday-Sunday, 8-10 June

St. Bede's Annual Parish Retreat 2018 at The Bishop's Ranch, Healdsburg

Sunday-Sunday, 12-19 August

St. Bede's hosts Home & Hope

Adult Education Soulwork



Soulwork takes a break for Easter Sunday on April 1. On April 8 and 15, we'll continue our occasional series on Studying the Bible with two sessions on *Which Bible?* We'll explore the differences between a number of translations of the Bible so that you can make informed decisions about Bible purchase and use.

From April 22 to May 6, we'll turn to Religious Language. From "logos" on,

Christians have used words to attempt to understand our faith. We will look at some of the words, both ordinary words and technical jargon, that Christians have used to put our experience of God into language. Many of our words were originally some other language—Hebrew, Greek, Latin—and how well have they survived their translations into English? There is plenty of material, but you will have a chance to contribute any words you find meaningful, difficult, or ambiguous. Irene Lawrence will lead this series.

Soulwork meets on Sundays at 9:00am in Lehman Hall; childcare is available by advance request.

Please register **NOW** for the annual

Parish Retreat

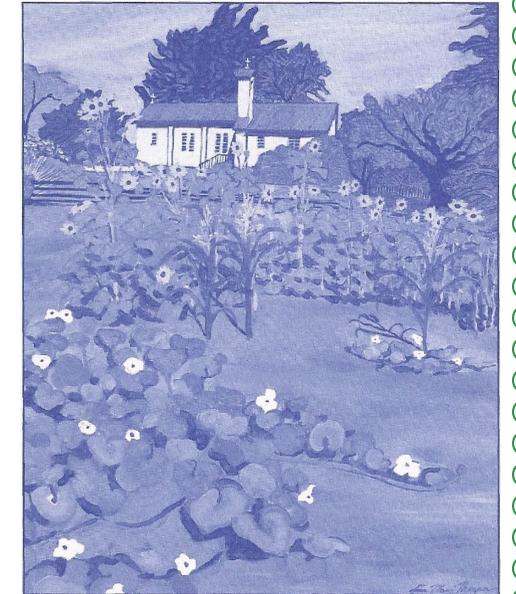
at the glorious

Bishop's Ranch, Healdsburg

Friday-Sunday, June 8-10

The weekend will include a variety of program activities as well as sufficient free time to enjoy the Ranch and surrounding area. What a great way to kick off the summer!

Please find details and online registration at www.stbedesmenlopark.org/parish-retreat/ or return a paper form found online or at the back of the church. Registration and deposit are due by Friday, April 27, please.



Good Friday, Good Causes

Special Lent, Good Friday, and Easter donations from St. Bede's will aid neighbors near and far:

✦ Thanks to all who donated coins (\$266.84) and bills (\$240) to the Children's Lenten Coin Drive, which we tallied after Palm Sunday. The proceeds, rounded up to \$507, will benefit There With Care, which provides support for families with children experiencing a medical crisis.

Children's & Youth Minister Pamela Stevens will work with St. Bede's kids to determine the best way to apply them. In previous years we've assembled art kits for siblings, created frozen lasagnas for families, and purchased supplies from the nonprofit's Amazon wishlist.

✦ Offerings at our two Good Friday services collectively raised \$311, which will be sent to the Province of Jerusalem and the Middle East for use in its four dioceses. Parishes around the country participate in this tradition of supporting communities where the history of our faith began.

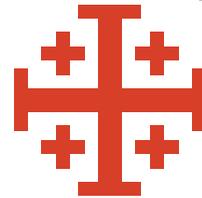
According to The Episcopal Church, "Pastoral care, education and health care continue to be primary ministries through which the reconciling spirit of the Christian faith serves all in need. Participation in this ministry is welcome. The generous donations of Episcopalians help the Christian presence in the Land of the Holy One to be a vital and

effective force for peace and understanding among all of God's children."

If you missed the services, but would still like to donate, you may mail a check directly to DFMS – Protestant Episcopal Church US, P.O. Box 958983, St. Louis, MO 63195-8983.

✦ On Easter Sunday, Brian and Kathleen Douglas gave attendees of the 10:15am service's coffee hour an extra perk: espresso drinks! They gratefully accepted donations for the Seccombe Outreach Fund, which totaled \$89.

– Jeanne Cooper



Vestry View

About three years ago, I was honored to be invited to join a liturgy planning group here at St. Bede's Episcopal Church with the purpose of envisioning and realizing a new Easter Vigil service. I couldn't imagine what I might be able to contribute, but I said yes anyway. I have learned that if I just show up for things, listen, and mostly keep my mouth shut, I find that I have been of some use, or at least not a hindrance, and I will have learned something.

With my background in television production and my church niche helping with A/V requirements, I suggested

projecting some subtle image from the loft onto the altar space. My idea was laughed at, boisterously but not derisively, because other people thought I actually was joking. I played along with that misperception, saved a little face possibly, and mostly nodded and smiled after that. Small, poignant lessons such as this help me to adapt myself to our local culture. Fire pits in the sanctuary are possible; projectors are ridiculous. Nothing personal.

Going with the flow is not my default *modus operandi* by nature. Being part of this community is strengthening my ability to adopt that mode. Saying "yes" to the universe, when it asks me to sit on a committee here and there, is a companion exercise to "letting go" of the results—of my effort to control those results, more accurately.

My partner's dad had a saying, and when he said it this usually unflappable gentleman was definitely experiencing some pique caused by whomever he was saying it to: "Get your antenna out." It meant the recipient of this command (he was a Commander in the Navy in the Pacific during WWII) was not picking up clear signals being transmitted, or at least was not paying attention to them. It was an order to be more sensitive to others around one and to behave accordingly.



The Easter Vigil service that was realized from our effort a few years ago has matured into a transcendent and meditative experience in church. Those of use who stumbled through the first one are still around, grown proficient in our various roles by now, and the liturgy has become a new tradition at St. Bede's. At this year's Great Vigil, everything flowed smoothly. I didn't jump my lighting cue. The large flame that was the unintended consequence of our jointly-planted tapers' commingling in the fire pit was no longer frightening, just enthralling. The way it lit the room and our faces was no longer startling, just transporting.

The crash symbolizing Christ's breaking the bonds of Death and splitting wide the tomb was, however, still shattering. No wonder I snapped the lights on too soon the first year, when that sound hit me. Jesus' victory over the grave

is, in some ways, a terrifying prospect. It is beyond my ken. It blows me down, like being nearly struck by lightning.

I'm glad I haven't become blasé about that last bit, or any of it, really. It grows on me, its effect on me changes, deepens and widens. We all look different in the reflected glow of the Resurrection.

– Curtis Grisham
Junior Warden

Photo by Matthew Bowden www.digitallyrefreshing.com (<http://www.sxc.hu/photo/148763>), via Wikimedia Commons

From the Rector

The Lord Descends into Hades

At the Great Vigil of Easter this year, we read this homily by Epiphanius, bishop of Salamis in Cyprus, who died in AD 403. It is appointed to be read on Holy Saturday in Orthodox churches.

Something strange is happening—there is a great silence on earth today, a great silence and stillness. The whole earth keeps silence because the King is asleep. The earth trembled and is still because God has fallen asleep in the flesh and He has raised up all who have slept ever since the world began. God has died in the flesh and Hell trembles with fear.

He has gone to search for our first parent, as for a lost sheep. Greatly desiring to visit those who live in darkness and in the



shadow of death, He has gone to free from sorrow the captives Adam and Eve, He who is both God and the Son of Eve. The Lord approached them bearing the Cross, the weapon that had won Him the victory. At the sight of Him Adam, the first man He had created, struck his breast in terror and cried out to everyone, “My Lord be with you all.” Christ answered him, “And with your spirit.” He took him by the hand and raised him up, saying, “Awake, O sleeper, and rise from the dead, and Christ will give you light.

“I am your God, who for your sake have become your son. Out of love for you and for your descendants I now by My own authority command all who are held in bondage to come forth, all who are in darkness to be enlightened, all who are sleeping to arise. I order you, O sleeper, to awake. I did not create you to be held a prisoner in Hell. Rise from the dead, for I am the Life of the dead. Rise up, work of My hands, you who were created in My image. Rise, let us leave this place, for you are in Me and I am in you; together we form only one person and we cannot be separated.

“For your sake I, your God, became your son; I, the Lord, took the form of a slave; I, whose home is above the heavens, descended to the earth and beneath the earth. For your sake, for the sake of man, I became like a man without help, free among the dead. For the sake of you, who left a garden, I was betrayed... in a garden, and I was crucified in a garden.

“See on my face the spittle I received in order to restore to you the life I once breathed into you. See there the marks of the blows I received in order to refashion your warped nature in My image. On My back see the marks of the scourging I endured to remove the burden of sin that weighs upon your back. See My hands, nailed firmly to a tree, for you who once wickedly stretched out your hand to a tree.

“I slept on the Cross and a sword pierced My side for you who slept in Paradise and brought forth Eve from your side. My side has healed the pain in yours. My sleep will rouse you from your sleep in Hell. The sword that pierced Me has sheathed the sword that was turned against you.

“Rise, let us leave this place. The enemy led you out of the earthly Paradise. I will not restore you to that Paradise, but I will enthrone you in Heaven. I forbade you the tree that was only a symbol of life, but see, I who am Life itself am now one with

you. I appointed cherubim to guard you as slaves are guarded, but now I make them worship you as God. The throne formed by cherubim awaits you, its bearers swift and eager. The Bridal Chamber is adorned, the banquet is ready, the eternal dwelling places are prepared, the treasure houses of all good things lie open. The Kingdom of Heaven has been prepared for you from all eternity.”

Peace,

Gia+



+ Rites of Passage +

Life is marked by significant cycles and events: we are born, baptized, confirmed; some of us are married, families are raised, illness comes, death occurs. Such are the Rites of Passage and such are marked by special prayers in the church.

+ Death +

Marjorie Ann Stitt Posthauer
24 July 1926 – 16 March 2018

***Give rest to her with your saints,
where sorrow and pain are no more,
neither sighing, but life everlasting.***

April 2018 at St. Bede's Episcopal Church

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Easter Day 1 8:00a Holy Eucharist Rite I 10:00a Nursery 10:15a Sunday school 10:15a Holy Eucharist Rite II 11:30a Easter Egg Hunt & Light Brunch	Easter Monday 2 9:00a Counting Crew	Easter Tuesday 3 8:00p Narcotics Anonymous*	Easter Wednesday 4 8:00a Holy Eucharist noon Bldgs & Grounds mtg 7:30p Highland Pipe Band*	Easter Thursday 5 noon Alcoholics Anonymous*	Easter Friday 6	Easter Saturday 7 7:30a Sunrise AA* 9:00a Alcoholics Anonymous* Altar Guild work 7:00p Scandinavian Dance*
2 Easter 8 8:00a Holy Eucharist Rite I 9:00a Soulwork-Which Bible 10:00a Nursery 10:15a Sunday school 10:15a Holy Eucharist Rite II	<i>The Annunciation</i> (tr) 9 8:30a School chapel 9:00a Counting Crew	<i>William Law</i> 10 8:30a School chapel 10:00a Calendar planning 1:00p Staff meeting 7:00p Finance Cmte mtg 8:00p Narcotics Anonymous*	<i>George Augustus Selwyn</i> 11 8:00a Holy Eucharist 8:30a School chapel 9:00a Companions group 7:30p Choir rehearsal 7:30p Highland Pipe Band*	12 8:30a School chapel noon Alcoholics Anonymous*	13 8:30a School chapel noon Parkinson's Caregivers*	14 7:30a Sunrise AA* 9:00a Alcoholics Anonymous* Altar Guild work 7:00p Folk Dance*
3 Easter 15 8:00a Holy Eucharist Rite I 9:00a Soulwork-Which Bible 10:00a Nursery 10:15a Sunday school 10:15a Holy Eucharist Rite II 4:00p Arts: Perry/Mouzon	16 8:30a School chapel 9:00a Counting Crew	17 8:30a School chapel noon Parkinson's Caregivers* 1:00p Staff meeting 7:00p Vestry meeting 8:00p Narcotics Anonymous*	18 8:00a Morning Prayer 8:30a School chapel 7:30p Choir rehearsal 7:30p Highland Pipe Band*	19 <i>Alphege</i> noon Alcoholics Anonymous* 5:30p Sharon Hills Assoc.*	20	21 <i>Anselm</i> 7:30a Sunrise AA* 9:00a Alcoholics Anonymous* Altar Guild work
4 Easter 22 8:00a Holy Eucharist Rite I 9:00a Soulwork-Logos 10:00a Nursery 10:15a Sunday school 10:15a Holy Eucharist Rite II 4:00p Dance workshop*	23 8:30a School chapel 9:00a Counting Crew	24 8:30a School chapel 1:00p Staff meeting 8:00p Narcotics Anonymous*	St. Mark the Evangelist 25 8:00a Morning Prayer 8:30a School chapel 7:00p School Board mtg 7:30p Highland Pipe Band*	26 8:30a School chapel noon Alcoholics Anonymous* 7:30p Choir rehearsal	27 8:30a School chapel	28 7:30a Sunrise AA* 9:00a Alcoholics Anonymous* Altar Guild work noon Rummage Sale
5 Easter 29 8:00a Holy Eucharist Rite I 9:00a Soulwork-Logos 10:00a Nursery 10:15a Sunday school 10:15a Holy Eucharist Rite II 4:00p Girl Scout singalong*	30 8:30a School chapel 9:00a Counting Crew	See what love the Father has given us, that we should be called children of God; and that is what we are. <i>1 John 3:1-7</i>				

*use of St. Bede's facilities in outreach to the broader community

Arts at St. Bede's presents

Rachelle Perry &
Sally Mouzon —

Opera arias, duets & art songs

Sunday, April 15, 4pm



Postponed from last season, this long-awaited program will feature glorious operatic duets. From famous tunes from **Lakmé**, **Così fan tutte**, **Madama Butterfly** and **The Tales of Hoffman** to stunning but lesser known gems from **Serse**, **Béatrice et Bénédicte** and **Pique Dame**, it will be an afternoon of *Love of Life*, with all its emotions exquisitely portrayed in song.

Free to subscribers. Tickets: \$25 general admission/\$15 senior or student

Advance ticket purchase at www.stbedesmenlopark.org/upcoming-arts-events

be  ED

Beloved Community Training Day

Baptized for Life: Daring to Be Christian in Anxious Times

Saturday, April 21, 9:30am to 3:30pm

St. Mark's, Palo Alto

This one-day workshop will blend current research and timeless theological resources to inspire compelling faith communities that bring healing, hope, joy, and deepening faith to those who worship and those who lead. Our hope is that you will leave the day with renewed enthusiasm and identified next steps to deepen the faith of those within your congregation and more confidence to reach out to share the love of Christ with your neighbors.

Find details and registration link here: www.diocal.org/beloved-community-training-day

Sacred Music

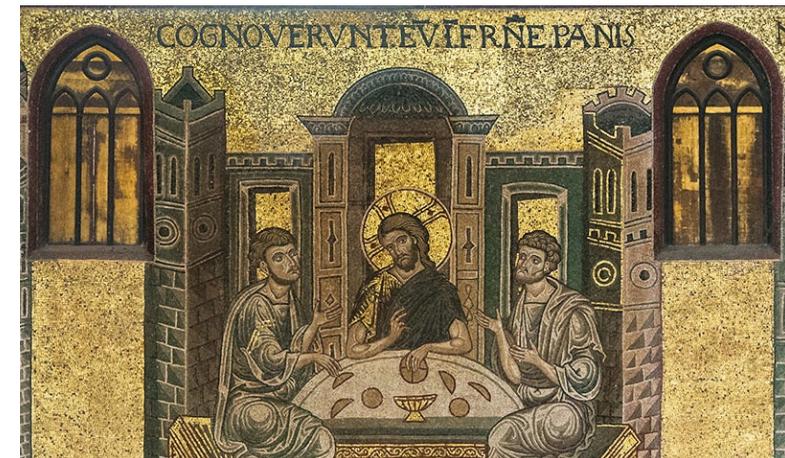
An Unusual Hymn for Eastertide

We all have a favorite Easter hymn or two; the most widely popular is #207 in *The Hymnal 1982* (*Jesus Christ is risen today*). Most Episcopal Church music directors know that it's one of the must-include hymns of the church year, along with *For all the Saints* and *Silent Night*. Poets and composers have leapt at the challenge of capturing the absolute joy and festivity of the day. Easter Day has even made it onto the grand opera stage, as the setting for Pietro Mascagni's perpetually popular **Cavalleria Rusticana**. Mascagni could not resist including a splendid Easter church anthem into the score, giving the ill-fated heroine Santuzza an extra moment in the spotlight. The text of the scene is:

*Queen of heaven, rejoice – Alleluia!
He whom you were privileged to bear – Alleluia!
Has risen as he said – Alleluia!
Let us sing hymns, the Lord is not dead.
Shining, He has unsealed the tomb,
Let us sing hymns to the risen Lord—
ascended today to the glory of Heaven.*

Hear it here www.youtube.com/watch?v=dOZIXWi8iBg with some stunning photography of Sicily, the location for the story.

– Katherine McKee Music Director



Mosaic in the Cathedral in Monreale, Sicily

Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread. Luke 24:35

It's that time again...

Annual Rummage Sale!

Donate, volunteer and shop: Our annual rummage sale **April 28-29** offers several opportunities for service to the greater community—and it's a great excuse for spring cleaning!

Donate: Bring boxed or bagged donations of small household items, clothing, jewelry, accessories, shoes, framed artwork, CDs, books, and bric-a-brac to the parish office (or if closed, the courtyard narthex) by 4pm Friday, April 27.

Household items must be in good repair; all clothing and shoes must be clean/unstained and in good condition (no tears, missing buttons, *etc.*) Please no TVs, large furniture (requiring more than one person to lift), glass photo frames, unlabeled electronics and accessories, used garden pots, used socks or undergarments (since these cannot be donated to charity if unsold).

Please stack items in boxes or shopping bags if you have them—we'll need them for customers and packing of remainders.



Volunteer: All are welcome to help move, sort, and display items in Lehman Hall late Friday afternoon through early evening on April 27 (typically 4:30–7pm); to set up signs, serve refreshments, assist cashiers and patrons, and consolidate leftovers on Saturday, April 28 (sale is noon to 3pm, with a few volunteers needed earlier); and to sort and pack up items for various charitable recipients after coffee hour sales on Sunday, April 29 (about noon to 1:30pm).

Let Mary Working or Jeanne Cooper know when you're able to help, if you haven't already done so; drop-ins welcome!

Shop: Our prices are the best in the business! Be sure to tell your friends and neighbors, including via social media and email newsgroup. Sales will benefit Home & Hope, our local nonprofit partner in providing transitional shelter to families.

— Jeanne Cooper

More Community Service — Home & Hope

With endorsement from the community service volunteers and the Vestry, St. Bede's will host the Home & Hope family shelter program **August 12-19**, our second time as a host congregation. This gift of our facilities and volunteer hours will save the interfaith nonprofit thousands of dollars that would have otherwise gone to motel expenses for the week.

We hope to build on last summer's inaugural experience, which saw a wide variety of parishioners support the four families then in the program by setting up and taking down tents in mindfully prepared rooms in Wyatt Hall; cooking and serving dinner and breakfast; providing evening childcare (including playground time) and adult conversation; spending the night as chaperones in a private room; shopping for food supplies, including brown bag lunch items; and/or praying for volunteers and guests.

Because so many hands are needed, we will begin sign-ups in May (once most have set their summer vacation plans); ideally the roster will be completed by the end of June. Families may enjoy serving with their children, and youth are welcome to sign up independently. Singles, couples, or families may act as overnight hosts; we offer separate accommodations for non-related individuals who request it. It's the easiest form of camping you may ever do—and perhaps the most meaningful! Please prayerfully consider serving in this capacity.

We'll also offer training for new volunteers and refresher tips for last year's helpers in late spring and midsummer. Your feedback on last year's hosting is welcome, as are early sign-ups; please contact coordinator Jeanne Cooper or Community Service co-chair Carol Brink.



Meanwhile, St. Bede's volunteers continue to support the work of other hosting congregations. On March 23, a St. Bede's crew hosted dinner for Home & Hope families at Transfiguration Episcopal Church in San Mateo. Megan Sell brought a Mexican buffet from Celia's, purchased with the help of the Seccombe Fund, and Jeanne Cooper joined in serving it. Meredith, Michael, J.B., and Charles Pellegrin helped with clean-up and socialized with children and adults till quiet time, around 8:30pm.

Another St. Bede's crew volunteered February 16 at Congregation Beth Jacob in Redwood City, which was hosting five families including nine children. Jon and Julie Backlund and Hasma Serverian prepared a buffet dinner using supplied ingredients in the kosher kitchen, while Katie and Daniel Machemer and their children (Abigail, Kiersten, and Zachary) provided childcare, along with a family from Beth Jacob. Ian Hersey and Jeanne Cooper spent the night in the cantor's office and helped wake families in time for their 7am departures.

— Jeanne Cooper
Community Service volunteer

Faith Formation: Who is Jesus to you?

In our community at St. Bede's, the children benefit from the adults who model their faith and take the time to listen to them. While I was preaching on the fifth Sunday of Lent, Katie Machemer spent time with the children. I had organized a lesson plan in the customary format of Sunday school. It begins with gathering and a spiritual check-in on one of our red rugs. The children get comfortable and then we invite them to share a few things about themselves and what happened in their lives over the past week. After sharing, we have a Bible lesson—the same lesson the adults learn in the sanctuary, except that while we are learning, we share a snack! After our lesson, we have a time of reflection with artistic expression. We encourage the children to “teach” their parents what they learned in Sunday school.

I am happy to relate that on the fifth Sunday of Lent, Katie reported that the children enjoyed their sharing and lesson time so much that they spent most of their time sharing and discussing the lesson. They talked about who Jesus is to them. This is the same question I asked the congregation in my sermon, and it's the same question I asked the children of Trinity School the following week in chapel. The answers the children came up with at Trinity chapel were straight out of their Bible lessons; however, the versions they gave me on the way out of the chapel sounded more authentic. Jesus is...

- ✿ ...my invisible friend.
- ✿ ...who every body talks about.
- ✿ He lived in ancient times.
- ✿ I don't know exactly what a Messiah is, but that's what Jesus was.
- ✿ He took my punishment for all the times I break the rules and get a time-out.
- ✿ He died and then rose up again and his friend Thomas poked his fingers into his owies.
- ✿ ...The Guy Nobody Liked When He Was Alive.
- ✿ ...God in the form of a man—with a beard.
- ✿ ...a teacher.
- ✿ ...the one everyone was waiting for, like when we pick up my friend at his house and we have to wait for him to come out.
- ✿ ...The Guy in the Song (*Jesus Loves Me This I Know*).
- ✿ ...the Easter Bunny and the Baby in the Manger.



Our ancient witnesses in the New Testament encourage us to trust Jesus as an authority, a source of power that will keep us safe, protect us, and stand up for us. Our children can teach us that Jesus as both the ruler of our life and our high priest takes many forms in our lives.

— Pamela Stevens Children's & Youth Minister

In the Month of April

Birthdays

- 2 Graham Knight
- 3 Anne Poulson
Alex Stork
- 4 Katie Machemer
Arthur Mintz
- 5 Bobby Churchill
Julie Reid
Donna Reynolds
- 6 Lucy Churchill
- 7 Ronnie Sue Leith
- 8 Maya Azem
- 10 Michael Knowles
- 11 Danielle Azem
- 16 Emily Kay Flegel
- 17 Demetra Burrs
- 18 Amelia Hayden-Gephart
- 26 Zeke Brown
Melissa Valentine
- 27 James Madison
- 30 Jim Bartosh
Jack Reynolds



Anniversaries

- 4 Deborah & Peter Blackmore
- 17 Larry & Rachael Bowman
Mark Knight & Carol Shedlock
- 22 Daniel & Katie Machemer

St. Bede's Episcopal Church
2650 Sand Hill Road
Menlo Park, CA 94025

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First Class



Bede's Journal is published eleven times per year, in print and electronic forms. To subscribe or unsubscribe to either form, send a request to the editor at cshedlock@stbedesmenlopark.org

The Rev. Gia Hayes-Martin *Rector*
Pamela Stevens *Children's & Youth Minister*
Katherine McKee *Music Director*
Rani Fischer *Organist*
Carol Shedlock *Parish Administrator*
Angela Sherry *Bookkeeper*

Sunday Services

Holy Eucharist 8:00am, 10:15am

Sunday Programs

Adult Education 9:00am — *childcare available by request*

Nursery 10:00am

Children's Sunday school 10:15am

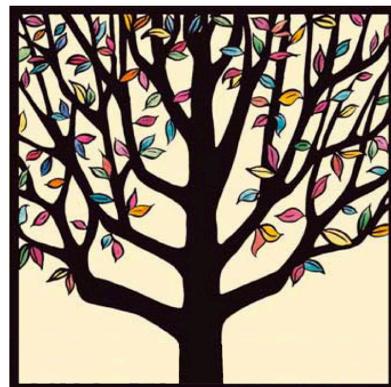
Weekdays

Holy Eucharist Wednesday 8:00am

Parish Office Hours M-F 9:00am-5:00pm

650-854-6555

Trinity School + Preschool-Grade 5



Read *Bede's Journal* online at

www.stbedesmenlopark.org