

Bede's Journal

The Monthly Newsmagazine of St. Bede's Episcopal Church



We help all ages grow in faith and service.

October 2014

October at a Glance

6:30pm, Wednesdays, October 1, 8, 15, 22

Soulwork — Discussion of *The Meaning of Jesus: Two Visions*
(Soup Supper at 6:00pm)



6:30pm, Friday 3 October
Annual Gala Fundraiser



9:00am, Sundays, October 5, 19, 26

Soulwork — The Parables of Jesus: A New Look

Sunday 5 October

Feast of St. Francis with blessing of animals

9:00am, Sunday 12 October

Soulwork — Stewardship

Sunday 19 October

Parish Fall Meeting & Harvest Brunch

4:00pm Arts at St. Bede's presents The Albany Consort

6:30pm, Wednesday 29 October

Soulwork — Saints in our lives (Soup Supper at 6:00pm)



Look Ahead and Save These Dates!

6:00pm, Saturday 8 November

All Souls' Memorial Service, with combined choirs

3:00pm, Sunday 16 November

Arts at St. Bede's presents Collage Vocal Ensemble

Friday-Sunday, 12-14 June 2015

Annual Parish Retreat at The Bishop's Ranch, Healdsburg

Adult Christian Education

Soulwork in October

Our series on "The Parables of Jesus: A New Look" continues on **October 5, 19, and 26**. Led by John Oda-Burns, these sessions explore Jesus' characteristic teaching style. On **October 12**, the Stewardship Committee will offer a special presentation at Soulwork. Sunday Soulwork meets at 9:00am in Lehman Hall. **Childcare is available.**

And introducing a **new** Soulwork program on Wednesday evenings from 6:00 to 7:30pm, beginning **October 1**. See the rector's column on page 6 for details.



FALL GALA: LAST CHANCE!

If you missed the RSVP deadline for "Some Enchanted Evening," St. Bede's annual gala benefiting parish programs and ministry, don't despair—a few spaces are still available at the event, from 6:30 to 9pm, Friday, 3 October, in a beautifully decorated Lehman Hall, and we'd love all to be able to attend.

Quadrus will be our caterer this year, providing an ample savory appetizer buffet that opens at 7pm, along with our sign-up events, which will give everyone a chance to arrive after work and still be able to sign up for a space-limited event (see the related Auction article next page) and enjoy the food. We'll have light appetizers, sparkling wine, and tropical libations available starting at 6:30pm, when the rest of our silent auction opens. Childcare, activities, and kids' meal will also be available beginning at 6:30pm.

Guests will also enjoy live Hawaiian and island music by J.D. Puli and company between 6:30 and 7:30pm, when our "South Pacific" ensemble of Stephen Boisvert, Amy Worden, Mathew Mammen, and Gigi and Alexandra Spath take the stage for a few numbers from the musical that inspired the event. A brief live auction follows, with a dessert buffet provided by some of the parish's expert bakers.

We've changed our invoice and checkout procedures to be able to tally purchases quickly once the silent auction closes at 8:15; our goal is to begin checkout at 8:30 and wrap up by 9pm. Carpool service is available to seniors.

Please contact Jeanne Cooper if you'd like to RSVP or are in need of a donated ticket; event co-chairs Laura Gable and Anne Vitullo also welcome volunteers for set-up on October 2 and 3.

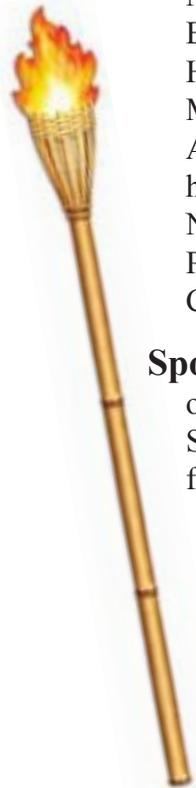
FALL GALA: AUCTION!

One of the most rewarding things about putting together the auction side of the Fall Gala is learning more about the passions and pastimes of our diverse parish through their donated goods and services. Just look at some of the categories and items featured in this year's event on Friday, 3 October:

Handmade arts & crafts: Knit scarves made by Elizabeth Poulson; herbal vinegars and lavender room spritzers created by Bertita Graebner; framed watercolor by Ann Mason; wild honey collected by Christopher Talbot

Performing arts/author tickets: We have pairs of seats to Smuin Ballet's annual Christmas show (choose your date) in Mountain View, donated by Hal & Carol Louchheim; to the St. Bede's debut of San Francisco Renaissance Voices' annual Boar's Head Revels & Gala, January 4, donated (and directed) by Kathy McKee; and to Harold Pinter's "Betrayal," January 30 at Pear Avenue Theatre in Mountain View, a gift of Rani Fischer. We also have two single tickets available (plus carpool service) to the November 1 Authors Luncheon (a benefit for Abilities United), in Palo Alto, co-organized by Anne Vitullo and donated by Jeanne Cooper.

Sporting events: Four great seats to Stanford vs. Oregon State on homecoming weekend, October 25, donated by Mike & Diane Spath, with a coveted game-day parking pass courtesy of Cardinal fan Al Harris



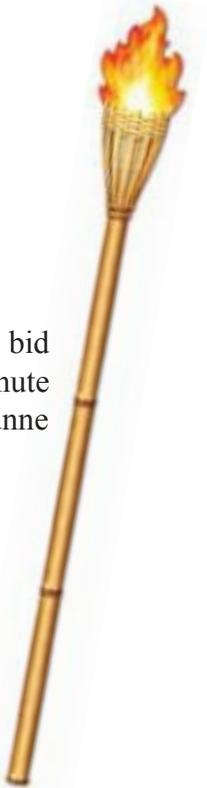
Travel: A two-night stay at the luxurious Beverly Hills Hotel & Bungalows, arranged by Curtis Grisham; a one-week stay in a two-bedroom, two-bath villa at Marriott's Ko Olina Beach Club on Oahu, February 15-22, donated by Jeanne Cooper and Ian Hersey

Food & wine: Bottles of wine from Sue & Mike Sartor and Doug & Vicki Blayney; a Carpaccio dining certificate from Al Harris with wine from Jeanne Cooper & Ian Hersey; a sign-up ale tasting event January 18 at the home of Ed & Carol Brink, with appetizers by Rani Fischer; a Scottish film fest with dinner at the home of Gia & Melville Hayes-Martin January 24; and an Italian dinner with *vino*, a sign-up event at the home of Jon Poe & Anne Vitullo February 7

Children: A vintage wooden train set donated by Ann Poulson; the sign-up Gingerbread House Decorating Party December 7 (a convenient getaway for parents after coffee hour), organized by Diane Spath and Katie Macheimer

Professional services: Four hours' specialty pruning and garden clean-up by Vicki Blayney; two hours of tech consultation and troubleshooting by Fred Langhorst

Many thanks to all the donors listed above—and to all who choose to bid on these items. If you have an intriguing bottle of wine or other last-minute item or service you'd like to add to our auction, please contact Jeanne Cooper ASAP.



From the Rector

Adult Christian Education?

Yes, Please!

One of St. Bede's many strengths, as I see them, is the spiritual vibrancy of our congregation. You are serious about your Christian faith, and you are eager to learn more about it and grow as followers of Jesus Christ. Our Sunday-morning Soulwork program of Christian education for adults is evidence of this. Soulwork draws a sizable crowd for meaty, lively conversations about our faith. On those few Sundays when the group is small, the energy and enthusiasm are still high. It's great fun for me to witness and be part of it.

I've been aware for some time that the Sunday-morning time slot is challenging for a number of you. It coincides with choir rehearsal, so that choir members are not able to attend Soulwork. Others find that coming to church early or staying late is impractical in their busy lives. While Jane McDougale was with us, she led a Soulwork session on Wednesday evenings, and many of you shared your longing for that program to be revived. I have not had the bandwidth to do this myself, since we no longer have an associate rector. Conversations with



a number of you have helped me think through how we might offer midweek Christian education for adults with that limitation in mind.

I'm pleased to share that beginning on October 1, we will launch a new Soulwork program that meets on Wednesday evenings. We'll begin at 6:00 with a simple meal of soup, bread, and salad, which participants will take turns providing. Everyone is asked to bring a few dollars to cover the cost. The education time will start at 6:30 and conclude in time for choir members to get to their 7:30 rehearsal. All are welcome to take part, whether you can be there every week or only once in a while. An RSVP is helpful in planning the meal; just call or email the parish office by Monday if you'd like to attend.

The topics at the Wednesday Soulwork will generally be different from those on Sunday mornings, although there may be some overlap from time to time. The Wednesday programs will be led by members of our community; I will be there on occasion. We begin with a discussion of *The Meaning of Jesus: Two Visions* by Marcus Borg and N.T. Wright. These two scholars, one an American Episcopalian and the other an

English Anglican, have divergent views of Jesus, and the book is their dialogue with each other. Irene Lawrence will facilitate these sessions on October 1, 8, 15, and 22. Whether you have read the book or not, I encourage you to join in the conversation.

On October 29, the Wednesday before All Saints Day, the Wednesday Soulwork will honor the saints in our lives. You are invited to bring a photo or memento of someone, past or present, who has shown you Jesus Christ and share a story about them with the group.

What heartens me the most about this new program is that it is evidence that the work we have been doing together is bearing fruit. You called me to be your rector to bring a more collaborative leadership style to what had been a pretty top-down parish. Steadily, we are learning how to share leadership and initiative in our congregation. This Wednesday Soulwork is something you asked for, you initiated, and you are leading. I give thanks for that, and I hope you will, too.

Peace,

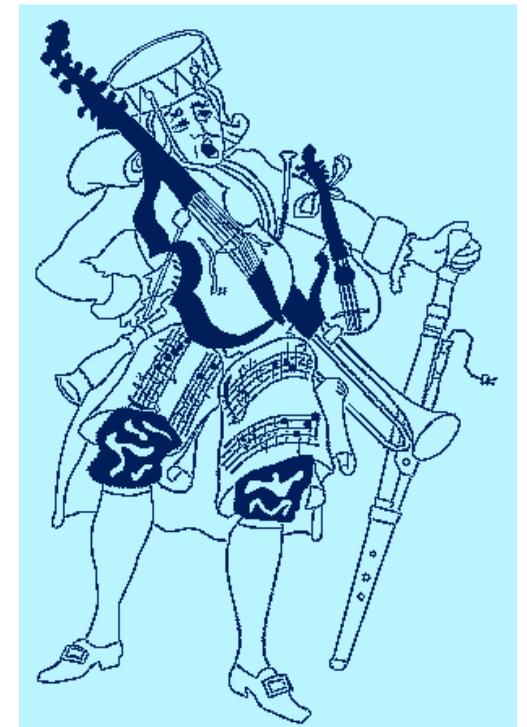
Gia+

Arts at St. Bede's presents The Albany Consort Sunday, October 19, 4pm

This Baroque ensemble with voices presents a gala program including Johann Sebastian Bach's Harpsichord Concerto in F and his *Birthday Cantata for the Queen of Poland*, as well as portions of Vivaldi's *Four Seasons*.

Tickets at the door:

\$30 general/\$25 senior/\$10 student



New Vestry Class

As this newsletter goes to press, another parishioner is still being sought for a three-year term on vestry, beginning January 2015. Below and at right, hear from the congregants who have already agreed to stand.

Ed Brink: Carol and I have been members of St Bede's and of the choir since 2002. I have served on the vestry; I play piano for Trinity School's chapel two days a week and occasionally for St. Bede's services. I have a vision for church growth and for responsible stewardship of and by the church and its members.

I have been a baptized Christian since I was about twelve years old. I have been on the boards of local American Baptist churches and continue to volunteer sometimes for their state organization. I have taught young adult Sunday school, co-sponsored high school and college youth groups and been a Scoutmaster.

I am willing and able to serve on the vestry.

Irene Lawrence: I am a cradle Episcopalian and have been active in the church most of my adult life. My husband and I joined St. Bede's about seven years ago, and since then I have been active as a member of the choir, as an occasional preacher and Soulwork leader, as coordinator of the pastoral care committee, as a Eucharistic visitor, as a lector, cupbearer, and lay server, an occasional leader of Morning Prayer on Wednesday mornings, and as co-chair of the recent profile and search committee. I have not previously been on the St. Bede's vestry, although many years ago I was a member of a mission's Bishop's Committee, the equivalent of a vestry. I hope to serve St. Bede's in this new way for me.



Parish Fall Meeting and Harvest Brunch

Sunday 19 October



Outreach: Stanford Dinner

If you were ever a college student, you might remember how nice it was to enjoy a home-cooked meal away from the school cafeterias and dining halls from time to time. St. Bede's has an opportunity on Tuesday, 21 October, to prepare just such a meal for Stanford students participating in on-campus dinner discussion organized by the Stanford Episcopal Lutheran Campus Ministry and Progressive Christians.

We began this semiannual community service last April, at the invitation of the Rev. Andy Shamel, head of the Episcopal-Lutheran joint ministry, when a small group of parishioners prepared and delivered a meal that was quickly and happily devoured.

For 21 October, we need to provide a vegetarian entree for about fifteen (including vegan/gluten-free options for two or three students), along with side dishes and dessert, and deliver it to the Old Union building about 5:15pm. We'll stay for dinner so we can collect the crock-pots or other serving items later, and then depart before the student discussion begins.

If you'd like to volunteer to prepare and/or deliver dinner to our young Stanford neighbors, please contact me via email. (Note: We'll have another opportunity in early March, in case you're interested but unable to participate this go-round.)

– Jeanne Cooper

Community Service/Hospitality Coordinator



Emilee Wilhelm-Leen: I'm excited to stand for vestry this year. I previously served, six years ago, and enjoyed the opportunity to dig deeper into the workings of our parish.

Brian and I joined St. Bede's twelve years ago, just after we got married. Prior to that, we worshiped at Trinity Cathedral in San Jose and St. Mark's in Berkeley. We joined St. Bede's when we were both graduate students at Stanford. Since then, I've completed my medical training and we've added two sons to our family: Sam is six and Joey is nearly three. We also moved to Sunnyvale a few years ago but couldn't imagine finding a new church home so we simply added a few minutes to our Sunday morning trek.

In addition to my prior stint on vestry, Brian and I used to serve as ushers and youth mentors. I'm currently on the subdeacon/cupbearer rotation. My priorities for vestry service will be programming for children in our parish, especially as we work toward hiring a youth minister, as well as continued fiscal responsibility as we look to the future.

St. Bede's Music Program

Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God.

Colossians 3:16

Should Christians sing during worship? If so, what is to be sung? Furthermore, who exactly should be doing the singing, and what sort of music is appropriate? Such questions have divided Western Christians for centuries. Scriptural references can be found to support a wide variety of views on the subject, none of which are particularly inclined towards moderation or compromise. But one area upon which the vast majority of sects within the Western Church agree is that the psalms are most definitely for singing.

The Episcopal Church in the U.S. has inherited a great variety of traditions when it comes to psalm singing. Pre-Reformation English Catholics would have listened to a clerk or a choir singing psalms in plainchant. Beautiful and complex, plainchant requires extensive practice to be sung well. As the Reformation took hold in England, influential Protestant leaders called for the end of expenditures on “so many idle singing men to bleat” in the church. Furthermore, plainchant at that time would have been sung exclusively in Latin. With texts in a foreign

language and music that was complicated and melismatic, psalms sung in plainchant were virtually incomprehensible to the average churchgoer. So out they went with the Reformation. However, they made a comeback in the 19th century as scholars began publishing volumes of plainchant psalmody in English. Various editions have been published in England, Canada, and the U.S., many including easy-to-sing refrains to allow congregational participation even in communities where singing the entire psalm in chant would be daunting. This has made plainchant psalm singing possible for parish church singing throughout the Anglican and Episcopal churches.

From the time of the Reformation onward, parish churches in England would have included congregational singing of metrical, that is, poetic, versions of the psalms. This type of congregational singing was brought to England by the early Lutheran and Calvinist reformers. The first, or “Old” set of widely-used metrical psalm texts were assembled by Thomas Stanhope

and John Hopkins and published in the 16th century; several new collections of metrical translations of the psalms appeared in the 17th century both in England and in America. Usually somewhat loosely accurate in terms of translation, the metrical settings have the advantage of a regular rhyme scheme which made them easy to learn and, for those who couldn't read easily, memorize with regular use. Furthermore, the regular meter to the lines meant that each of these translations could be sung to a variety of tunes, or vice versa: many different psalm texts could be sung to a congregation's favorite tune. Most texts were set in Common Meter (8.6.8.6: 8 syllables in the first line, 6 in the second, 8 in the third, 6 in the fourth), Long Meter (8.8.8.8) or Short Meter (6.6.8.6). Some familiar hymns that fit into these categories are, respectively, “O God, our help in ages past” (CM), “On Jordan's bank the Baptist's cry” (LM), and “Rise Up, ye saints of God” (SM). Small or otherwise musically challenged congregations could learn just a few tunes and, with metrical translations available, be able to sing every single psalm.

Anglican chant, a way of singing non-metrical English translations of the psalms in 4-part harmony, grew out of the plainchant tradition and began to come into use in the 16th century. By the 18th century it was widespread throughout the Anglican communion. It abandoned the long melismatic lines of plainchant in favor of a one-note-per-syllable approach that made it easier to understand the texts, which was extremely important to Reformation theologians. It also allowed for quite accurate translations of the original Hebrew texts.

Our 10:15 worship at St. Bede's this year will include all three of these ways of singing the psalms. Our September services have introduced a lovely, melodic Anglican chant by the early 19th century English composer, William Crotch. In October we'll venture into metrical psalmody, using the New Metrical Psalter texts compiled by Christopher Webber, sung to familiar hymns from the 1982 Hymnal. We'll return to the same Anglican chant tune in November as was used in September, and then use plainchant during Advent.

Is anyone happy? Let him sing songs of praise.

James 5:13b



– Katherine McKee
Music Director

Vestry View

This fall, vestry will continue its work on identity and vocation through a thoughtful reading of Loren Mead's *The Once and Future Church*, a call to action within the larger community. This short book is available on Amazon, and commentary on it from outside the vestry is very welcome. So, please join us in this reading if you so choose!

As stewardship season nears, we consider our own pledges. Gia led us in a discussion of what the Bible has to say about money. Money is energy, and where we invest it says a lot about our spiritual lives. We reflected on ways to use money that reflect Christian values, such as donating to charities and promoting equal financial decision-making within households. Speaking of money, Hal Louchheim once again demonstrated his gift for estimating budgetary requirements, presenting a balance within \$100 of our actual expenditures.

A memorial for Laine Mammen will be developed in our courtyard and in Wyatt Hall. Plans include a flowering tree with tulips



beneath, and a mural to be painted by the Sunday school. Thanks to Jeanne Cooper and Diane Spath for leading this effort.

Vestry initiatives are moving forward. The Children and Youth Ministry team, led by Robin Sequeira, has posted its job description for a Director. Digital communication for vestry and staff is well established thanks to Fred Langhorst's efforts. And the Disaster Preparedness team, led by Jon Backlund, will present its full plan at our next meeting.

Thank you to Music Director Kathy McKee for creating job descriptions for our choir soloists, eliminating confusion on who is to do what, where, and when!

At this writing, efforts for our October 3rd Gala, entitled "Some Enchanted Evening," are in full swing. This is a dynamite event that you will not want to miss. In addition

to many wonderful auction items, it will include gentle Hawaiian music and special performances from some of our most talented parishioners. See you there!

— Laura Gable
Junior Warden

The deadline for the November issue of Bede's Journal is Wednesday 15 October



Please send copy to: cshedlock@stbedesmenlopark.org



In the Month of October

Birthdays

- 1 Ed Brink
Chris Morace
Lauren von Thaden
- 2 Margaret Monroe
- 5 Ann Poulson
- 14 Barbara Pease
Meredith Pellegrin
- 15 Stephen Boisvert
- 20 Arthur Whitney
- 21 Olivia Gustin
Joseph Leen
- 23 Amelie Dunn
Julia Klasson
- 25 John Churchill
Melville Hayes-Martin
Olivia Stork
- 27 Al Harris
Cooper Stewart
Silas Stewart
- 28 Saira Ramasastry

Anniversaries

- 1 Jeff & Noelle Roux Dunn
- 4 Nancy & Robert Shurtleff
- 6 Dave & Megan Sell
- 10 Al & Betsy Harris
- 29 Jon Poe & Anne Vitullo
- 30 Stephanie & Zachary Gustin



St. Bede's Episcopal Church
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Time Value

Date Mailed: 25 September 2014

Change Service Requested



The purpose of Bede's Journal is to keep members and friends of the congregation informed of activities and opportunities for education, worship, and fellowship within the parish and beyond.

The Rev. Gia Hayes-Martin *Rector*
The Rev. John Oda-Burns *Priest Assistant*
The Rev. David A. Sheetz *Priest Assistant*
Carol Shedlock *Parish Administrator*
Katherine McKee *Music Director*
Rani Fischer *Organist*
Angela Sherry *Bookkeeper*

Sunday Services

Holy Eucharist 8:00am, 10:15am

Sunday Programs

Adult Education 9:00am — *childcare available*

Nursery 10:00am

Children's Sunday school 10:15am

Weekdays

Holy Eucharist Wednesday 8:00am

Adult Education Wednesday 6:30pm

Parish Office Hours M-F 9:00am-5:00pm

650-854-6555

Trinity School + Preschool-Fifth Grade



Read *Bede's Journal* on-line at

www.stbedesmenlopark.org