

Bede's Journal

The Monthly Newsmagazine of St. Bede's Episcopal Church



We help all ages grow in faith and service.

Summer 2014

Summer at a Glance

5:30pm, July 1, 4, & 7

Community service evenings with Home & Hope
at Trinity, Menlo Park

Sunday 6 July

Red, White, & Blue Bake Sales at coffee hours,
benefitting our charitable partners

9:00am, Sundays, July 20, 27, & August 3

Soulwork: Church Music in the Episcopal Tradition
Childcare available by advance request.

5:30pm, Tuesday 22 July

Community service evening & overnight with Home & Hope
at Transfiguration, San Mateo

9:00am, Sundays, August 10, 17, & 24

Soulwork: Religion Around the World
Childcare available by advance request.

11:45ish, Sunday 24 August

Lector, Chalice Minister, & Lay Server Training



Look Ahead and Save These Dates!

Sunday 7 September

Fall Kick-Off!

4:00pm, Sunday 14 September

Arts at St. Bede's presents Rani Fischer, organist

Friday 3 October

Annual Gala Fundraiser

Fun on the Fourth of July!

Looking for a way to celebrate Independence Day? Join St. Bede's volunteers at our barbecue party for four families in the Home & Hope transitional shelter program at Trinity Church in Menlo Park. We have volunteers to grill hot dogs and hamburgers (with a veggie option) and to play games with kids and socialize with the adults, but we welcome more parishioners. Set-up starts at 5:30pm and clean-up ends by 8:30pm on Friday, July 4, leaving you plenty of time to watch fireworks afterwards. RSVP to Jeanne Cooper by Thursday, July 3, to ensure adequate supplies.

A Month of Treats

While coffee hours continue in July, we'll also have special treats on offer each Sunday in exchange for a donation to our Pack the Bag initiative. We'll start 6 July with strawberry shortcake, prepared by Community Service Committee members, and espresso drinks by Brian & Kathleen Douglas. Look for mango *lassi* (an Indian yogurt drink) by Bertita Graebner and other goodies later in the month. Please bring cash or check if possible; credit card donations via PayPal may also be available on select Sundays.

Community Service —

♥ Summer food drive for needy children ♥

Summer brings travel or relaxation for many, but for needy schoolchildren in East Palo Alto it brings increased “food insecurity” since they can no longer rely on school-subsidized meals for their nutrition. Contributions to local food banks also drop during the summer, while working caregivers may not be able to visit food banks during their weekday hours. All of these issues have prompted St. Bede’s Community Service Committee to create a short-term, seasonal effort to help the children served by the Pack the Bag project at Ecumenical Hunger Program (EHP) in East Palo Alto.

Some background: Donated food items and our rota of delivery volunteers, including stalwarts David Chu and John Hickson, have helped support EHP’s general food pantry for many years. In 2012, at the request of Dr. Juliet Knowles, we began to collect easy-to-serve, nutritious food specifically for Pack the Bag; Sunday schoolers bring these items to the altar as their Eucharist offering. In 2013, rather than rely on sporadic contributions, we designated funds donated in Jean Seccombe’s memory so that Juliet could purchase bulk amounts for the children’s offering. Diane Spath has helped pack food bags at EHP one hour each Friday, while

Katie Macheimer has also helped coordinate and deliver donations.

To address the summer food crisis, St. Bede’s Community Service Committee members decided at its 8 June meeting to:

- * **Raise funds** for food by expanding the traditional “pie sale” at the coffee hour closest to July 4th to include as many Sundays as possible in July (see below). Typical coffee hour fare will also be available, but we hope that during this month of travel for many, each parishioner will have an opportunity to enjoy a special treat at least one Sunday in return for a donation to the Seccombe Fund. Please contact Jeanne Cooper if you would like to provide special treats for this July fundraiser (and contact Carol Shedlock if you would like to help with a simple coffee hour in July or August).
- * **Deliver packed bags** once a week until school resumes, serving the eight to ten families whose caregivers cannot pick bags up during the week. Diane will coordinate a rota of delivery volunteers, who would pick up the bags on Friday and deliver them to caregivers the next day, perhaps at a nearby church parking lot; details are still being worked out. Please contact Diane if you are willing to deliver bags in July or August.
- * **Find new volunteer bag-packers**, as Diane travels and later transitions to

other forms of community service. Julie Backlund has offered to work with Peninsula School volunteers to pack the bags while Diane is out of town; please contact Julie or Diane if you would like to help, on a one-time or more frequent basis.

Thank you in advance for your support of the needy children in our midst.

♥ Home & Hope ♥

July brings several opportunities to experience hands-on service with our nonprofit partner, **Home & Hope** (www.homeandhope.net), at a site close to many parishioners’ homes: Trinity Church, in downtown Menlo Park.

For the second year in a row, St. Bede’s is helping our original parish church host the transitional family shelter program, which in the evening rotates among area churches and synagogues. (Family members who are not working or in childcare spend the day at Home & Hope’s Day Center in Burlingame, which recently received a new computer monitor courtesy of St. Bede’s.) At Trinity, St. Bede’s volunteers will provide dinner and childcare for four families from 6pm to 8:30pm on **July 1, 4, and 7**, with a barbecue party planned for the Fourth.

On **July 22**, St. Bede’s will provide overnight hosts, as well as dinner and socializing, for Home & Hope clients at Transfiguration

Episcopal Church in San Mateo, another parish where we regularly assist. (Transfiguration is also seeking volunteers, who do not have to serve as a parish group, for the week of July 27-August 2.) We then take a break until November, when we’ll serve again at Transfiguration and Congregation Beth Jacob in Redwood City.

For the current dates, we’re grateful to have the primary volunteer positions covered, but we welcome additional adult and youth participation and/or contributions of prepared food (whether or not you can stay to share it). We’ll know the numbers served and menus a few days in advance, and would love to introduce you to this valuable community service. Please contact Jeanne Cooper for more information.

— *Jeanne Cooper*
Community Service Committee Chair



Summer Soulwork

Soulwork will take a summer vacation on July 6 and 13.

Starting on July 20, Kathy McKee, our new music director, will lead a three-week introduction to Church Music in the Episcopal Tradition. Join us for this opportunity to get to know Kathy and listen to some glorious Anglican music.

July 20 – Cranmer, Merbecke, Tallis, and Byrd: Music for the Church of England

July 27 – Coming to America: How Shall We Sing the Lord's Song in a Foreign Land?

August 3 – Everything Old Is New Again: The Oxford Movement to the Present Day

Three St. Bede's parishioners will share their experiences of Religion Around the World with us on August 10, 17, and 24.

August 10 – The Iona Community. Melville Hayes-Martin discusses the life, work, and worship of this ecumenical Christian community based at the birthplace of Christianity in Scotland.

August 17 – Coptic Christianity in Ethiopia. Vicki Blayney describes Tigray in northern Ethiopia, where the rites and practices of fourth-century Christianity are still intact. Despite waves of invasion, attempted



colonization, and access to modern technology, the churches provide an intact social and religious center. Many are carved from rock or hidden in caves a thousand feet above the Rift Valley Floor. You can view ancient frescos that escaped Muslim purges and be blessed by the touch of a gold cross that has been in use for over ten centuries. A trip to Tigray is an amazing step back in time to an era of mystical faith and ecstatic worship.

August 24 – Shinto Shrines and Buddhist Bodhisattvas: Popular Religion in Japan. Nancy Stork takes us on a brief tour through some of Japan's better known temples in Kyoto and Tokyo, including a survey of fox women, beckoning cats and the goddess of Mercy who was fished out of a river.

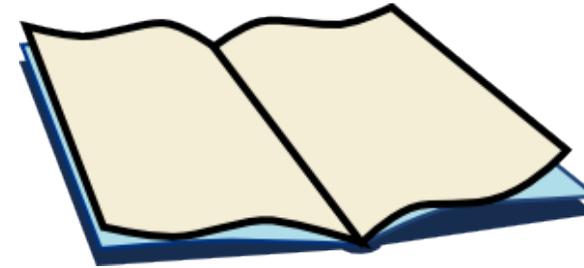
On **August 31**, bring your ideas, suggestions, and requests for Soulwork in 2014-15. What topics would you like to explore this year? What would you like to teach?

Soulwork meets on Sundays at 9:00am in Lehman Hall. **Childcare is available; during the summer, we ask that you request childcare in advance.** Just call the parish office by the Thursday before you plan to attend.

From the Rector

For Your Reading List

It's summertime. Many of us are getting ready to travel, and for me at least, travel means books: beach novels, audiobooks for long car trips, Kindle downloads to read on a plane. There are enough church novels out there that they almost form an entire sub-genre of fiction. As you're



choosing your summer reading, I commend to you several books that take questions of faith seriously, many from an Episcopal or Anglican point of view.

Gail Godwin's *Father Melancholy's Daughter* and its sequel *Evensong* focus on Margaret, a Virginia priest's daughter whose mother left their family and then died when Margaret was seven. As Margaret grows up without a parent, she wrestles with some of life's big questions: Who am I without my mother? Why do the people who are supposed to love us the most hurt us so deeply? How do I know God's will for my life? Godwin's reflections on identity and Christian discipleship are so profound that

I return to them every few years to find new truths.

Perhaps as a female priest in her mid-thirties, I would inevitably love two mystery-thriller series about female priests in their mid-thirties, one set in England and one in America. Both have taut plotlines, vivid characters, and sometimes wry insights into faith and psychology, and I admit to binge-reading them more than once. First is the Merrily Watkins series by Phil Rickman that starts with *The Wine of Angels*. A widow with a teenage daughter named Jane, Merrily begins to encounter paranormal phenomena and a whole lot of buried secrets when she takes up her post as priest-in-charge of a rural English parish. Jane has a wonderfully authentic teen voice, full of stubbornness, naive certitude, and devastating wit. Rickman's books take some effort to find but are well worth it; some are available as e-books, and all can be ordered from British booksellers through Amazon.

The second is Julia Spencer-Fleming's series featuring Clare Fergusson, beginning with *In the Bleak Midwinter*. Clare, a former Army helicopter pilot, is rector of a small-town church in upstate New York, where her acquaintance with police chief Russ Van Alstyne—and, it must be said, her complete inability to mind her own business—draw her into sleuthing and crime-solving. ➔

Spencer-Fleming is a cradle Episcopalian, and her deep knowledge and love of parish life shine forth in her writing. I especially appreciate how Clare's evolving friendship with Russ is treated with sensitivity and moral nuance.

Susan Howatch may be the best-known church novelist of our time. Her Starbridge series follows clergy and lay people through crises of faith and love in a fictional cathedral city that resembles Salisbury. Although the first book of the series, *Glittering Images*, can be heavy going at times, the sixth and final book, *Absolute Truths*, is a real treasure, full of the hard-earned humility and wisdom of experience. The follow-up trilogy, starting with *The Wonder Worker*, centers on a parish in the City of London with a healing ministry. Several of Howatch's books are available in the Ford Room library.

Outside of the Episcopal/Anglican ambit, Marilynne Robinson has two books centered on a church in small-town Iowa, *Gilead* and *Home*. Congregational pastor John Ames, the narrator of *Gilead*, reflects on fathers and sons, forgiveness, and the grace of old age as he struggles to make sense of his painful family history. Glory, the daughter of Ames's best friend, is the focus of *Home*, in which she also tries to bring some resolution to her family's painful past. The third book in the series, *Lila*, will be published in October. Robinson has a

lyrical touch, and her prose is a work of beauty.

No list of church novels would be complete without Anthony Trollope's classic *Barchester Towers*. Jostling egos, class conflict, ambition, a *femme fatale*, and the odious Obadiah Slope, all in a nineteenth-century English cathedral city: what's not to love?

Happy reading!

Peace,

Gia+



Hospital Camp Visits St. Bede's

St. Dorothy's Rest, one of the two camps of the Diocese of California, hosts a special camp session for transplant patients at Lucile Packard Children's Hospital, providing a week for these children to have fun just like other kids at no cost to their families. St. Bede's is delighted to be the site for Hospital Camp registration, drop-off, and pick-up this year. Twenty staff members from St. Dorothy's will spend the night of Saturday, July 19, in Lehman Hall, and they will worship with us on Sunday, July 20. That afternoon, campers will arrive at St. Bede's to register, play getting-to-know-you games, and board the bus for camp. They return on Friday, July 25, to be picked up by parents. Please welcome our guests!

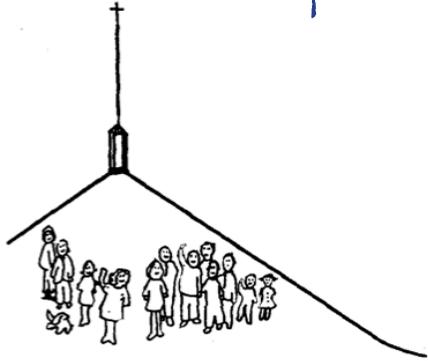
Calendar Corner

6 August: The Transfiguration of Our Lord

Jesus took with him Peter and John and James, and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became dazzling white. Suddenly they saw two men, Moses and Elijah, talking to him. They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. Just as they were leaving him, Peter said to Jesus, "Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah"—not knowing what he said.

Luke 9:28b-33

☀ Bede's People ☀



Cayley Bowles recently finished her Master's degree in Epidemiology at Harvard School of Public Health. Cayley will start the MD/PhD program at UCLA in August.

At the end of May, **Mary Frances Jett** attended the graduation of her niece Jenna Leigh Frum from Mater Dei High School in Santa Ana. Jenna will attend UCLA in the fall, with plans to enter the Business Economics program.

On Pentecost, parishioner, acolyte, lector, and Boy Scout **J.B. Pellegrin** was presented the God and Church medal by Gia, in the presence of his parents and scoutmaster, and the 8am congregation. Good work, J.B.!

Mike and Sue Sartor are pleased to announce the wedding plans of their daughter **Jamin Sartor** to Russell McVeigh of Menlo Park. The wedding will be on July 26 in McCloud, California, near Mt. Shasta where Mike's parents grew up.

Steve Boisvert, Claire Lawrence, and **Mathew Mammen** will appear in Rodgers & Hammerstein's *South Pacific*, running 7/24-8/10 at Foothill College's Smithwick Theatre. As the youth roles are double-cast, Mathew will appear in six of the twelve performances, as follows:

Thursday 7/24, 7:30pm
 Saturday 7/26, 8pm
 Friday 8/1, 8pm
 Sunday 8/3, 2pm
 Thursday 8/7, 7:30pm
 Saturday 8/9, 8pm.



+ Rites of Passage +

Life is marked by significant cycles and events: we are born, baptized, confirmed; some of us are married, families are raised, illness comes, death occurs. Such are the Rites of Passage and such are marked by special prayers in the church.

+ Baptism +

William Lawrence Bowman

Give him a spirit to know and to love you.

+ Burial +

The Rev. Marylou McClure Taylor
 26 December 1923 – 5 June 2014

Grant that she may dwell with Christ in paradise.

Emergency Preparedness

Calling All Doctors & Nurses

The Emergency Preparedness Team of the Vestry is developing a comprehensive plan for disaster response for St. Bede's. We are considering various types of disasters that would require special uses of our facilities and the resources we have available. We would like to have a list of members of our congregation who have medical certification that we might be able to call upon in a disaster. If you are one of those people, please notify either Carol Shedlock at the church office or Carol Brink by email. Thank you in advance for your help in gathering this information.

Please let us know!

Lector, Chalice Minister, Lay Server Training

Training for these important liturgical ministries will be held on Sunday, August 24, after the 10:15 service. Anyone who is interested in serving in one of these roles is invited, and all current lectors, chalice ministers, and lay servers are strongly encouraged to attend. RSVP to Gia by Wednesday, August 20.



Vestry View

The June meeting of vestry opened with a report from treasurer Hal Louchheim showing excellent financial health. Parish pledges and expenditures are at the same level as last year, reflecting your enthusiasm (in spite of all the past year's changes)!

Vestry extends a huge thank-you to Judith Paulus, who has completed her three-year term of outstanding service to the Trinity School Board. We unanimously approved Ann Latta as her successor. Ann will join Jeanne Cooper and Michelle Swenson, who continue their terms.

Gia and Jeanne Cooper reported on summer outreach activities. This July, St. Bede's will serve as the drop-off and pick-up point for the St. Dorothy's Rest summer camp for children with organ transplants. In addition, we will hold our traditional summer rummage sale the weekend of 28 and 29 June. Proceeds from Saturday will go toward a nursing scholarship at Global AIDS Interfaith Alliance, whose mission is to improve HIV prevention and care in Malawi. Earnings from Sunday will go to the Seccombe Fund, with a generous amount earmarked



for Pack the Bag. Our July coffee hour pie sales funds will also go to Pack the Bag. Finally, parishioners will serve homeless families in transition on three nights with Home and Hope.

Vestry's three major initiatives continue. Jon Backlund reported that our Disaster Preparedness plan is nearly complete. Robin Sequeira's Children and Youth Ministry team is advancing through its primer on sustainable ministry and will also write the job description for our new Children and Youth Minister. Fred Langhorst gave a test drive of the new vestry communications hub, built on Google Apps. The hub will serve as a document repository and email server, and will also enable virtual meetings. Thank you, teams!

Vestry unanimously approved the purchase of a commercial-grade toaster oven for the kitchen in Lehman Hall, suggested by our intrepid coffee-hour host Hasma Serverian.

A generous Trinity School parent has offered to subsidize a new wi-fi access point in Lehman Hall. Fred Langhorst explained that wiring for the access point will go under the sidewalk from the Trinity fifth-grade classroom to Lehman. Such connectivity can be used creatively for school and church events.

Mark your calendars for Friday 3 October, the date of our fall fundraiser. Watch this space as the event is evolving!

– *Laura Gable* Junior Warden

After the Rummage Sale

Thank you to all the donors, volunteers, and patrons of the summer rummage sale, which took place after this *Journal* went to press. Look for the final tallies in the 6 July bulletin and online, on St. Bede's Facebook page and website.

Proceeds from the public sale on 28 June will help fund a nursing scholarship in Malawi, offered through Global AIDS Interfaith Alliance (www.thegaia.org).

In Advent 2013, St. Bede's parishioners raised \$670 toward the \$1,415 annual cost of tuition and stipend for a young woman, who often is caring for younger siblings as well. With the help of the rummage sale, and 29 June coffee hour sales of rhubarb crisps prepared by Bertita Graebner, we hoped to raise a total of \$1,900, which would cover the cost of clinical supplies, books, and stationery as well. (Note: Scholarship recipients are required to serve in Malawi for a period equivalent to the time they were supported by GAIA,



often at mobile clinics that serve thousands of patients a year, so this is truly a gift that keeps on giving.)

Proceeds from the "leftovers" sale at coffee hours 29 June will benefit the Seccombe Fund, the primary source of parish funds for our grants to nonprofit partners and other charitable distributions, such as underwriting food costs for Home & Hope dinners and

EHP's Pack the Bag. (Pledge income does not go into the Seccombe

Fund, so please consider signing up with eScrip.com to make no-cost-to-you donations, if you haven't already.)

The Community Service Committee chose the recipients of these funds after discussion during our 8 June meeting. We'll meet again

before the parish Fall Kick-Off on 7 September, on a date to

be announced, to discuss our autumn priorities. All interested parishioners are welcome!

– *Jeanne Cooper*

The deadline for the September issue of Bede's Journal is Friday 15 August.



Please send copy to: cshedlock@stbedesmenlopark.org



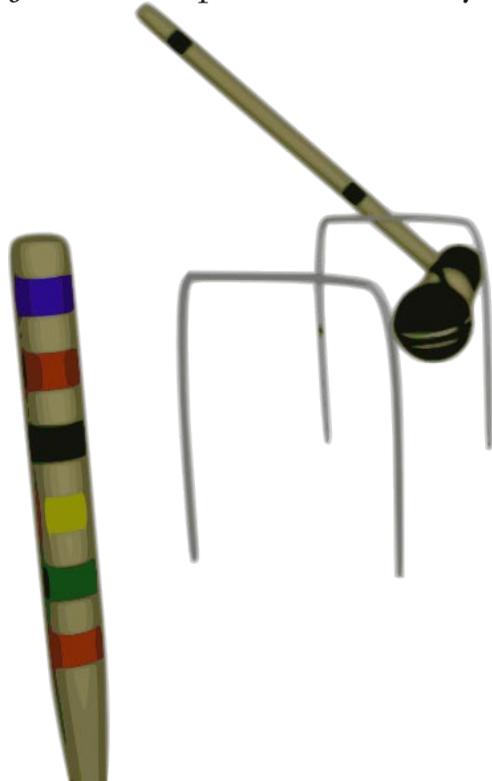
In the Month of July

Birthdays

- 1 Chris Talbot
- 4 Cristina Harris
Tina Talbot
- 6 Jeff Roux Dunn
- 8 Ann Mason
Roan Morace
Nancy Stork
- 10 Richard Dickens
Toffie Kopczynski
- 15 Jeanne Cooper
- 16 Cyrus Hayden
- 17 Eileen DiGiorgio
Jack Wenstrand
- 19 Brian DiGiorgio
- 21 Raymond Ross
- 23 Taylor Whitney
- 24 Will McDowall
Marge Posthauer
- 25 Isabel Gable
- 28 Gretchen Hug
- 29 Emilee Wilhelm-Leen
Dave Sell

Anniversaries

- 5 Fred & Julia Klasson Langhorst
- 6 Jon & Julie Backlund
Meagan & John Wenstrand
- 13 Doug & Vicki Blayney
- 24 Jeanne Cooper & Ian Hersey



In the Month of August

Anniversaries

- 3 Bertita & Michael Graebner
Melville & Gia Hayes-Martin
- 6 Katherine McKee & Colby Roberts
- 9 Brian Leen & Emilee Wilhelm-Leen
- 12 John & Marjorie Posthauer
Gregg & Stephanie von Thaden
- 14 Chris Morace & Saira Ramasastry
- 23 Anne & Wes Poulson
- 26 Elaine & Randy Kriegh
- 27 Diane & Mike Spath
- 29 Dora Ho & Pedro Lo
- 31 Chris & Linda Brown

Birthdays

- 2 Alexandra Spath
- 4 Elaine Kriegh
- 5 Alex Coleman
Jeanette Latta
Diana Powell
- 7 Mathai Mammen
Rosemary Reynolds
- 8 Julie Backlund
David Chu
- 9 Doug Ross
Megan Sell
- 12 John Posthauer
- 17 Peter Nunn
- 19 Christopher DiGiorgio
- 22 Elizabeth Chamberlain
Ananda Morace
William Wenstrand
- 25 Judith Paulus
- 26 Abigail Machermer
- 28 Jean Culbertson
- 31 Bill Harris
Allison Mintz



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Time Value

Date Mailed: 27 June 2014

Change Service Requested



The purpose of Bede's Journal is to keep members and friends of the congregation informed of activities and opportunities for education, worship, and fellowship within the parish and beyond.

The Rev. Gia Hayes-Martin *Rector*
The Rev. John Oda-Burns *Priest Assistant*
The Rev. David A. Sheetz *Priest Assistant*
Carol Shedlock *Parish Administrator*
Katherine McKee *Music Director*
Rani Fischer *Organist*
Angela Sherry *Bookkeeper*

Sunday Services

Holy Eucharist 8:00am, 10:15am

Sunday Programs

Adult Education 9:00am — *childcare available by request*

Nursery 10:00am

Children's Sunday program 10:15am

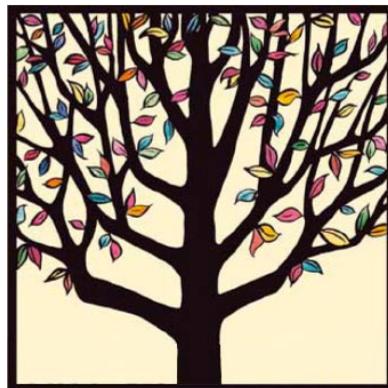
Weekday Service

Holy Eucharist Wednesday 8:00am

Parish Office Hours M-F 9:00am-5:00pm

650-854-6555

Trinity School + Preschool-Fifth Grade



Read *Bede's Journal* on-line at

www.stbedesmenlopark.org