

Bede's Journal

The Monthly Newsmagazine of St. Bede's Episcopal Church



We help all ages grow in faith and service.

November 2013

November at a Glance

Sunday 3 November — All Saints' Sunday

Renewal of Baptismal Covenant at both services,
Jarrow Memorial Garden necrology at 10:15

9:00am, every Sunday in November

Soulwork: The Historical Jesus and the Gospels

5:00pm, Saturday 16 November

FALL GALA sign-up event: Ale Tasting & Appetizers

Sunday 17 November

1:30pm, Home & Hope Walk-, Run-, Bike-athon — see page 8

4:00pm, Arts at St. Bede's presents vocalists Matthew Goulart and David Miller

9:00am, Thursday 28 November

Thanksgiving Day Holy Eucharist



Look Ahead and Save These Dates!

Sunday 8 December

St. Nicholas Sunday

4:00pm, Sunday 15 December

Arts at St. Bede's presents Kitka

Tuesday 24 December

4:00pm, Christmas Pageant & Holy Eucharist

8:00pm, Festal Eucharist with Choir

9:00am, Wednesday 25 December — Christmas Day

Holy Eucharist with Carols, Rite I

9:00am, Sunday 29 December — First Sunday after Christmas

Congregational Christmas Lessons & Carols: ONE SERVICE ONLY

Every Sunday in November, 9am—

Soulwork: The Historical Jesus and the Gospels

Reza Aslan's book *Zealot* has generated fresh interest in the historical Jesus. Our Soulwork series will delve into this subject much explored by Christians and scholars over the past century and a half. We'll look at what we know about Jesus from non-Christian sources, how we got from the historical Jesus to the four canonical gospels, gospels that did not make it into the canon of the Bible, and what all this might mean for our faith today. The series meets in Lehman Hall at 9:00am on Sundays in November. *Childcare is available.*

Program Update!

Arts at St. Bede's presents
Matthew Goulart, tenor 
& *David Miller, baritone*
Sunday, November 17, 4pm

Matthew Goulart and David Miller will perform arts songs in a shared recital accompanied by Rani Fischer on piano. Mr. Miller will open the program with songs by Finzi, Brahms, and Vaughn Williams. Mr. Goulart will sing works by Fauré, Schumann, Tchaikovsky, and Handel.

Tickets: \$10 general/\$6 senior/free to students
A reception follows the recital.



Pastoral Care

We're Waiting for Your Call!

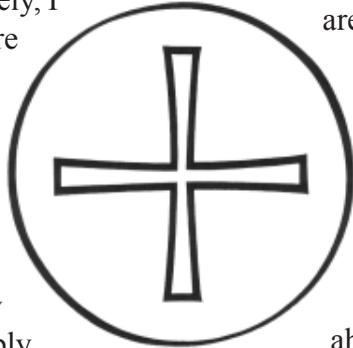
The St. Bede's Pastoral Care team provides practical and spiritual aid to those in our community who need a helping hand. The care we deliver is tailored to the needs of each recipient. In some cases, a heartfelt letter or card might suffice, while in others regular, personal visits or meals may be needed. Trained Pastoral Care team members administer the Eucharist, and some of us are handy with the odd fix-it job around the house. Team members also provide transportation, and not just on Sundays! In all cases, both the giver and the receiver are nourished by the love of our parish. But we can't provide this attention unless we know about the folks who need it. If you or someone you know is in need of help, please contact Betty Smith, or Gia (650-854-6555, gia@stbedesmenlopark.org).

From the Rector

Embraced by the Communion of Saints

I have a portable communion set with which I take the Eucharist to people at home or in the hospital. It looks, to Episcopalian eyes, out of the ordinary. It has a glass cruet with a cork stopper for wine, a silver pyx to hold consecrated wafers, and a silver paten: so far, so good. But instead of a chalice, my set has four small glass cups, one for each recipient (fortunately, I haven't made a home visit where five people wanted to receive communion). The cups look like something out of a Methodist or Presbyterian service, and indeed, my set belonged to a Presbyterian minister, Bob Martin, my husband's father. He probably acquired this set in the late 1950s soon after his ordination, and he used it on home and hospital visits until his retirement 45 years later. My mother-in-law gave it to me when I was ordained.

I never knew my husband's father; he died before Melville and I met. Yet when I use his communion set, something of his presence comes down to me. It's no secret that the situations clergy encounter in pastoral ministry can be difficult, and even an experienced priest can struggle to find



the right response. When that happens to me, I run my fingers over the worn leather case of my communion set and remember that I am not the first pastor in this spot. Before me, Bob perched like this in a chair wedged beside a hospital bed, unsure what to say or do in situations as challenging as this one. And before him was someone else, and before them someone else, and on and on over two thousand years. I remember that, and I know I am not alone. Those generations of Christians before me are with me, in some mystical way. I feel a sense of their wisdom and courage, and that gives me the strength to do what I must do.

That awareness of the loving support of Christians past is what we mean when we talk about the communion of saints.

They are famous people and ordinary ones, praised widely for their holiness and anonymous except to a few. We have known them in person, and they lived long before us, far away from here. The spiritual union between Jesus Christ and every Christian knits them together and in turn binds us to them. We may feel their presence with us at joyful and hard times—at weddings, when a couple makes the vows spoken by millions before them; remembering loved ones who have died, who now take part

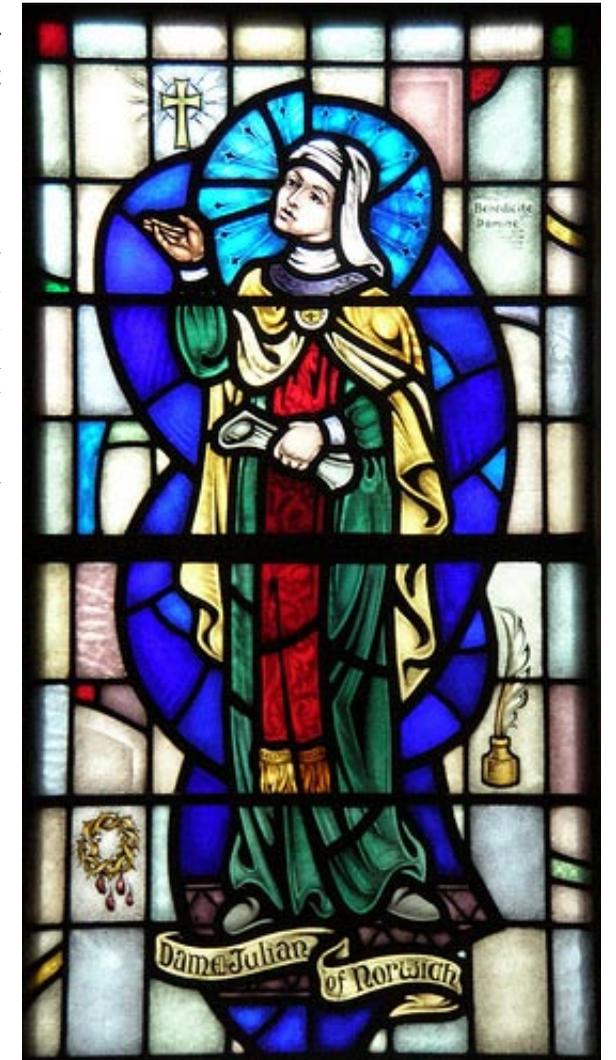
in the companionship of the saints; at the Eucharist, where we share the bread and wine of communion with all the saints who've received it in the past. Whether we are celebrating or grieving, we are not alone. The saints are with us, embracing us with their love, wisdom, and faithfulness.

We call to mind the communion of saints at the observance of All Saints' Day, which we'll do on Sunday, November 3. I'll think of Bob that day, and the medieval woman Julian of Norwich, several Church of England clergy of the 1500s, and a few others as well. Who have been the saints in your life—the ones you've known personally, and those of the past who've come to be meaningful to you? What does their witness mean to you?

Almighty God, by your Holy Spirit you have made us one with your saints in heaven and on earth: Grant that in our earthly pilgrimage we may always be supported by this fellowship of love and prayer, and know ourselves to be surrounded by their witness to your power and mercy. We ask this for the sake of Jesus Christ, in whom all our intercessions are acceptable through the Spirit, and who lives and reigns for ever and ever. Amen. (BCP, p. 395)

Peace,

Gia+



Window at St. Chrysostom's, Quincy, MA. Photo by AKM Adam.

✧ Bede's People ✧

Congratulations to **Rita Comes Whitney**, winner of a bronze medal at the Veteran World Championships (fencing) in Varna, Bulgaria last month. Rita, a rookie on Team USA's women's 50-59 saber team, defeated a three-time Veteran World medalist from Italy and a three-time Veteran World Team USA member to advance to the semifinals, where she lost to the eventual ("3-peat") gold medalist.

Becky & Dick Zeren attended the wedding of son **Seth** and his long-time grad school friend and companion Melinda Stylos-Allan on October 12 at the bride's parents' home in Acton, MA. Seth and Melinda's friends, consistent with their environmental values, self-catered an organic, home-cooked meal, served with assorted real plates, cloth napkins, and glassware accumulated over the summer, to be donated to local charities after the reception.

While visiting family in the Chicago area, **Liza Taft** visited former parishioner **Penny Burley**. After seventeen years in Colorado, Peter and Penny now live in Oak Park, IL. **Peter** is Director of the Center for Real Estate Studies, REALTOR® University of the National Association of Realtors. **Talley** is a graduate student at NYU in Urban Planning. **Katie Burley Sturich** and family live in Austin, TX.



Community Service

Throughout this long season of "Ordinary Time," St. Bede's community service efforts have been centered around issues of hunger and homelessness, with a specific focus on Ecumenical Hunger Program's Pack the Back initiative for schoolchildren and Home & Hope's interfaith, transitional family shelter program.

Helping hungry children

Our Sunday school children continue to bring to the altar each week their donations of healthful, easy-to-prepare foods for Pack the Back, with the help of Sunday school coordinators Diane Spath and Katie Machemer, and Dr. Juliet Knowles, who introduced the need for child-friendly food donations to St. Bede's in 2012 after working with EHP during her Stanford residency. Now, thanks to the attention of Trinity School head Mary Menacho and Kim Thacker, the school's service learning coordinator, those donations are being greatly multiplied once a month.

The Trinity students—junior kindergarten through 5th grade—have long had a tradition of collecting nonperishable food for local food banks as part of the school's Eucharist, celebrated the first Thursday of each month starting in October. After reading about Pack the Back in an earlier edition of Bede's Journal, Mrs. Menacho (as the kids know her) alerted Mrs. Thacker about the possibility of partnering with St. Bede's

in this mission. As a volunteer chaplain, I was given the opportunity the week before Eucharist to talk to students in chapel about food insecurity—an issue facing children who rely on subsidized school meals—and what kinds of food a child might be able to enjoy without supervision from parents, who might be at work.

The result was a bumper crop of food donations for both Pack the Back and Second Harvest Food Bank, painstakingly sorted by Mrs. Thacker. We're expecting similar results from subsequent school Eucharists, and are very grateful that Trinity School has so warmly embraced this concept of helping feed children in our community.

Helping homeless families

St. Bede's is among some three dozen congregations that support the unique transitional family shelter program known as Home & Hope, our primary partner this year due to its filling of a critical need and its own critical financial situation.

This month we're encouraging parish support of a fundraising walk-run-bike-athon at 1:30 p.m. Sunday, 17 November, on car-free Cañada Road in Woodside (see details on page 10). Those who are unable to walk 5K, run 10K, or bike 40K may sponsor those who can, or donate online at www.homeandhope.net. Thanks to Bertita Graebner for representing the parish at a recent planning meeting in Burlingame.

Hands-on service is also an urgent need this time of year. On Monday, 18 November, a team of volunteers, including overnight hosts Ed and Carol Brink, will provide an evening meal, childcare, and socializing for the four to five Home & Hope families at Transfiguration Episcopal Church in San Mateo. Contact Megan Sell if you would like to assist.

We'll assist again at Temple Beth Jacob in Redwood City on Tuesday, 17 December, where kosher requirements mean we prepare a meal on site with all ingredients provided. Individuals as well as families or groups are also encouraged to sign up now for an evening at Transfiguration during 29 December-4 January; contact Jeanne Cooper for details. Wouldn't it be fun to start the new year on a note of compassion?

November meeting

All those interested in community service are invited to gather with the committee and Rev. Gia in Lehman Hall after the 10:15 service on 24 November. We'll hear more about the Home & Hope initiatives and plans for Family Sharing and GAIA in Advent, which begins Sunday, 1 December.

— Jeanne Cooper





Walk **5k**
Run **10k**
Bike **40k**

Congregations are coming together as one community to support a charity we know and love. Join in with this journey and walk, run or bike to support Home & Hope.

We have suggested distances which will be sign-posted on the route. You, your family and your friends can walk, run, bike a distance that is right for you..

Register or donate online at:
www.HomeAndHope.net

then email your friends, send them this link to the Home and Hope site, and ask them to join us in raising funds for Home & Hope.

If you just get 12 friends to donate \$25 each – that means \$300 for Home and Hope, enough to house and feed a family member for an entire week. Just as important, your donation gives that family access to all the staff and resources they need to head home on their journey towards self-sufficiency.

Thank you in advance for you support of The Journey Home and Home and Hope.

**Sunday November 17th,
1:30pm**

Starts at Edgewood and Cañada Rd. in Woodside/Redwood City

(Cañada Rd is closed to cars on Sunday 10am-3pm and is a great place to spend a Sunday afternoon with your family.)



**HOME
& HOPE**

INTERFAITH AND COMMUNITY
SUPPORT FOR HOMELESS FAMILIES

A Gala Review

Couldn't make the Fall Gala? Ed Brink was kind enough to agree to share his email to co-chair Jeanne Cooper after the event. Calling the evening "great fun" and noting it went "darned smoothly," Ed described several highlights:

It was a rousing success, especially socially. Gia and Melville were much in evidence, he even dancing (but professing not to know much about it) with several of the ladies. Many people were there whom we never see at the 10:15 service, and I bet not all are 8 o'clockers...

The live band were loud but very good. If it's gonna be loud, let it be jazz standards! Catered food and drinks were super, and Montana was classy and professional as a one-man wait staff, busboy and dishwasher. I sure hope he was paid well. Dunno whether he cooked the food, but he supplied it and it was great. [Editor's note: We were told by his employer, Just Catering, that our tip was generous and very appreciated!]

The auction items were fun and realistically priced, I think, though I was too busy pouring, eating, and schmoozing to pay any real attention, especially since Carol was doing my bidding for me already...

To me, the main achievement was A Good Time Was Had By All. It appeared to be a real time of fellowship, just good old-fashioned visiting for about two hours in total. I'm happy, and again, thank you! And everyone else who helped, of course.



Fall Gala Wrap-Up

While the final figures were being tallied at press time, it looks like the fund-raising aspect of St. Bede's recent Fall Gala was just as successful as the social side (see Ed Brink's note, preceding page). We expect to net at least \$10,000—more than twice the original target!—for parish programs and ministry. It's a wonderful reflection of the evening's theme: celebrating the parish's new season, our 50th anniversary, and parishioners' individual gifts and interests.

Like the convivial atmosphere designed by co-chair Anne Vitullo and the exciting auction planned by co-chairs Jeanne Cooper and Megan Sell, the encouraging proceeds actually represent a variety of contributions from a wide range of parishioners:

* Our 33 underwriters (see list opposite) contributed nearly \$5,250 and donated 17 tickets to help other parishioners attend.

* With the help of 18 in-kind donors (also listed opposite) and many patrons, we

raised some \$9,200 from sign-up events (with prices ranging from \$15 to \$50) and silent and live auctions (from \$10 to \$1,600).

* Speaking of patrons, we sold 64 tickets for total ticket income of \$3,200.

Bede's bottom line also benefited from discounts given by Just Catering of Menlo Park, which provided a delicious savory buffet and hard-working server, and by bandleader Michael Salvato of Jazz4theMasses. The return to catered food (except for sumptuous desserts made by Nancy Stork, Hasma Serverian, David Sheetz, and Bertita Graebner) meant fewer volunteers had to work during the event, although those who did—including server Graham Knight and the accounting team led by Fred Langhorst—are especially appreciated. See the list below for those who gave of their time before, during, and after the Fall Gala.

— *Jeanne Cooper*
Fall Gala co-chair

Thank you to our volunteers before, during, and after the event:

- | | | |
|----------------------------|----------------|-------------------|
| Jon & Julie Backlund | Jen Hornbeck | Sue Sartor |
| Jim Bartosh | Graham Knight | Dave & Megan Sell |
| Vicki Blayney | Ann Latta | Hasma Serverian |
| Carol & Ed Brink | Fred Langhorst | Carol Shedlock |
| Peter Bursell | Jon Poe | David Sheetz |
| Jeanne Cooper | Celeste Rojas | Nancy Stork |
| Bertita & Michael Graebner | Jamin Sartor | Anne Vitullo |

Thank you to these individuals and families for underwriting and ticket donations:

- | | | |
|----------------------------|------------------------|--------------------------|
| Carol Arvidsson | Janet & Frank Hill | Anne Poulson |
| Jon & Julie Backlund | Mary Fran Jett | Ann Poulson |
| Deb Blackmore | Josh & Juliet Knowles | Richard & Robin Sequeira |
| Vicki & Doug Blayney | Marjo Lachman | Nancy Shurtleff |
| Carol & Ed Brink | Bob & Jeanette Latta | Betty Smith |
| David Chu & Irene Lawrence | Ann Latta | Diane & Mike Spath |
| Jeanne Cooper & Ian Hersey | Carol & Hal Louchheim | Nancy Stork |
| Brian & Kathleen Douglas | Ann Mason | Michelle Swenson |
| Laura Gable | Mary Menacho | Charlotte & Harry Turner |
| Al Harris | Will McDowall | Jack & Linda Wenstrand |
| John Hickson | John & Marge Posthauer | Becky & Dick Zeren |

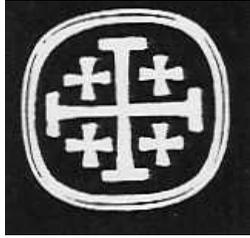
Thank you to our auction donors:

- | | |
|-----------------------------|------------------------|
| Vicki Blayney | John Hickson |
| Carol & Ed Brink | Ann Mason |
| David Chu & Irene Lawrence | Ann & Bill Poulson |
| Jeanne Cooper & Ian Hersey | Elizabeth Poulson |
| Kathleen & Brian Douglas | Jon Poe & Anne Vitullo |
| Rani Fischer | Robin Sequeira |
| Bertita & Michael Graebner | Diane & Mike Spath |
| Al Harris | Nancy Stork |
| Gia & Melville Hayes-Martin | Christopher Talbot |



Planned Giving

Will Expire Soon: IRA End of the Year Tax Savings



Did you know that you can reduce your taxes for 2013 by making a gift from your IRA to your church or charity? The fiscal cliff act permits individuals who are 70½ to rollover up to \$100,000 from their IRA to charity free from federal income tax. Better yet, an IRA rollover gift qualifies for your 2013 Required Minimum Distribution, permitting you to lower your income and taxes for this year while helping your local parish!

Normally, IRA owners of this age are required to withdraw a certain amount each year from their account, which then increases their taxable income and potentially pushes them into a higher tax bracket eliminating other beneficial tax breaks. But for the remainder of 2013, the law permits individuals to contribute these funds directly to their church or other charity tax-free! Thus, individuals can reduce their 2013 income taxes while 100% of their required withdrawal goes to support a purpose they choose.

For seniors, this opens another “pocket” to finance their annual parish pledge. They may also use their tax-free IRA rollover to

make a one-time donation of up to \$100,000, to create a named endowment fund, support youth ministry, or continue any other special program they choose.

But act fast—this law is set to expire at the end of 2013 if Congress does not enact its renewal! Contact us today to learn more about how you can redirect unneeded IRA income to help further our mission and enjoy valuable tax savings this year.

Amanda Kiernan, J.D.
Gift Planning Officer
Episcopal Diocese of California
(415) 869-7812
AmandaK@DioCal.org
www.EpiscopalGift.org



The deadline for the December issue of
 Bede's Journal
 is Friday 15 November.

Please send copy to:
cshedlock@stbedesmenlopark.org

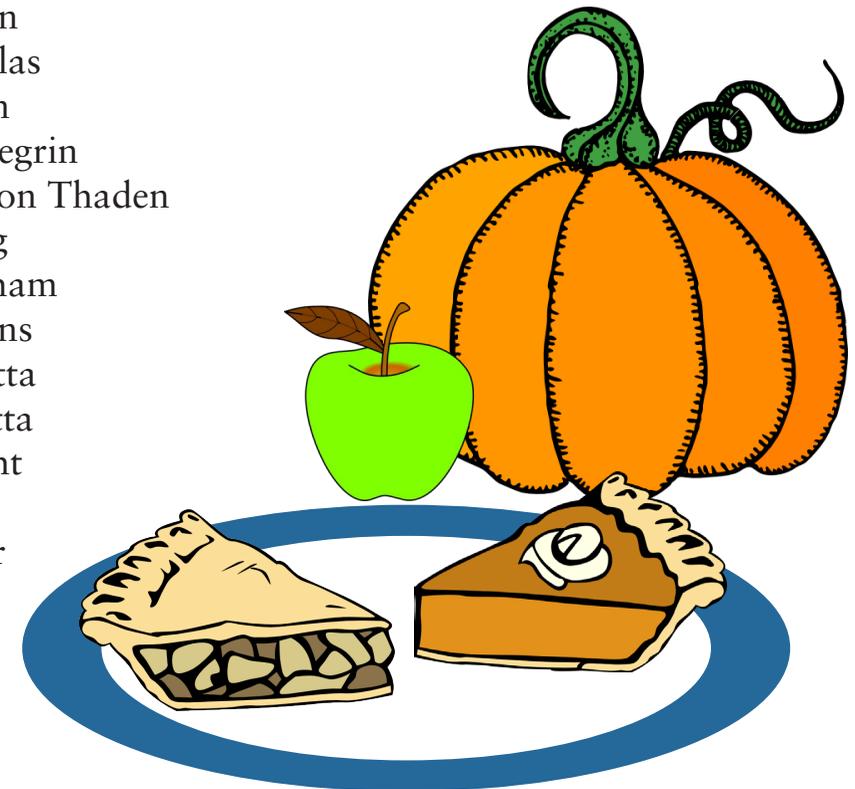
In the Month of November

Birthdays

- 5 Catherine Norman
- 8 Grace Stewart
- 12 Abby Mintz
J.B. Pellegrin
- 13 Brian Douglas
- 17 George Fern
Charlie Pellegrin
- 23 Stephanie von Thaden
- 24 David Craig
Ella Debenham
Janet Dickens
- 25 Thomas Latta
William Latta
- 26 Mark Knight
- 28 Joe Jackson
- 30 Peter Minor

Anniversaries

- 7 Michelle Swenson & Stan Drobac
- 18 Steven Minor & Elena Hobbs-Minor
- 26 Janet & Richard Dickens



St. Bede's Episcopal Church
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Time Value

Date Mailed: 30 October 2013

Change Service Requested



The purpose of Bede's Journal is to keep members and friends of the congregation informed of activities and opportunities for education, worship, and fellowship within the parish and beyond.

The Rev. Gia Hayes-Martin *Rector*
The Rev. David A. Sheetz *Priest Assistant & Interim Music Director*
The Rev. John Oda-Burns *Priest Assistant*
Carol Shedlock *Parish Administrator*
Rani Fischer *Organist*
Angela Sherry *Bookkeeper*

Sunday Services

Holy Eucharist 8:00, 10:15am
(Nursery 10:00, Sunday school 10:15am)

Weekday Service

Holy Eucharist Wednesday 8:00am

Parish Office Hours M-F 9:00am-5:00pm
650-854-6555

Trinity School + Preschool-Fifth Grade



Bede's Journal is on-line at

www.stbedesmenlopark.org