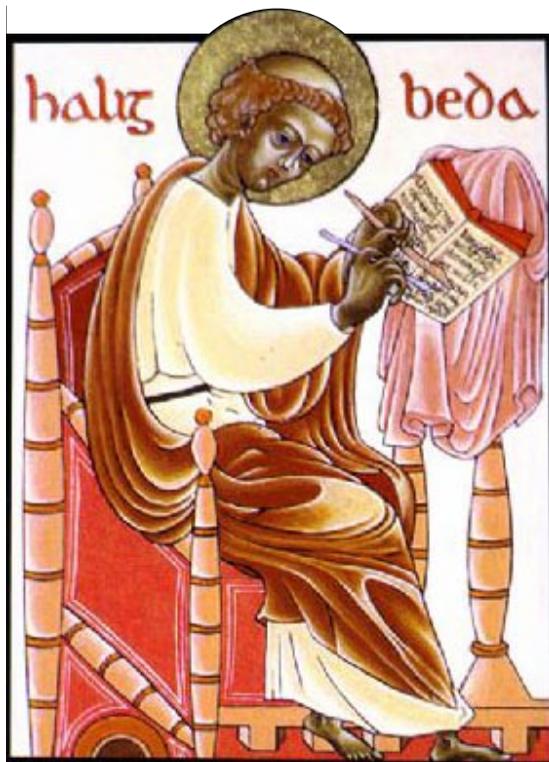


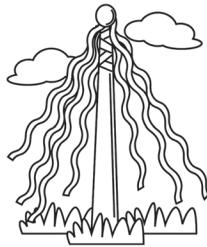
Bede's Journal

The Monthly Newsmagazine of St. Bede's Episcopal Church



We help all ages grow in faith and service.

May 2013



May at a Glance

4:00pm, Sunday 5 May

Arts at St. Bede's presents Rodney Gehrke, Organist

7:30pm, Thursday 9 May: *Ascension Day*

Annual Episcopal/Lutheran service at Stanford Memorial Church featuring St. Bede's choir members and director

7:00pm, Monday 13 May

Trinity School Arts Night

9am-2pm, Saturday 18 May

Men's Retreat: *Your God is too small*

led by the Very Rev. Alan Jones, Dean Emeritus of Grace Cathedral

Trinity Sunday, 26 May

The final week this season that the assembled choir graces our worship



Look Ahead and Save The Date!

Friday-Sunday, 7-9 June

Annual Parish Retreat at the Bishop's Ranch, Healdsburg

Arts at St. Bede's presents

Organist Rodney Gehrke

Sunday, May 5, 4pm

Music Old and New for a New/Old Tuning System

Works by North and Central German composers of the 17th and 18th centuries, as well as several 20th century works, will explore the effect of the retuning of the Beckerath organ into Neidhardt temperament. Early composers expected and exploited such tunings, and modern composers' pieces sound fresh and new.

Tickets: In advance \$10 general/\$6 senior/free to student

At door \$12 general/\$8 senior/\$5 student



Your God is Too Small

A retreat for the men of St. Bede's,
Christ Church—Portola Valley, and Holy Trinity parishes

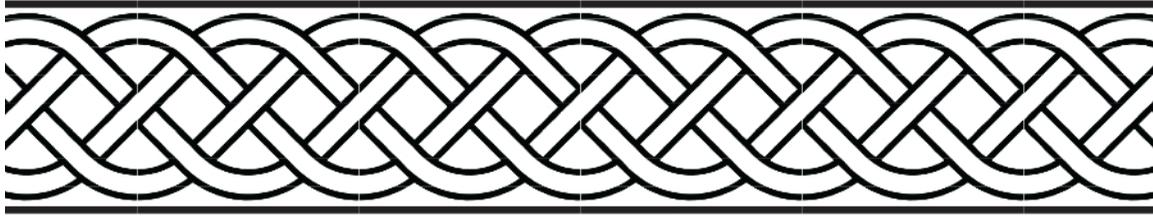
led by the Very Reverend Alan Jones,
Dean Emeritus of Grace Cathedral

Saturday, 18 May, 9am-2pm
in the library at Christ Church, P.V.

\$ 20 fee includes lunch

Register online at tiny.cc/com2vw or find the link to registration
on St. Bede's homepage. Or call the parish office!

Whet your appetite for a remarkable day!



31st Annual
Lutheran/Episcopal
Ascension Day Eucharist
at Stanford Memorial Church
Thursday, 9 May
7:30pm

Members of St. Bede's choir will sing together with others from local Episcopal and Lutheran congregations.

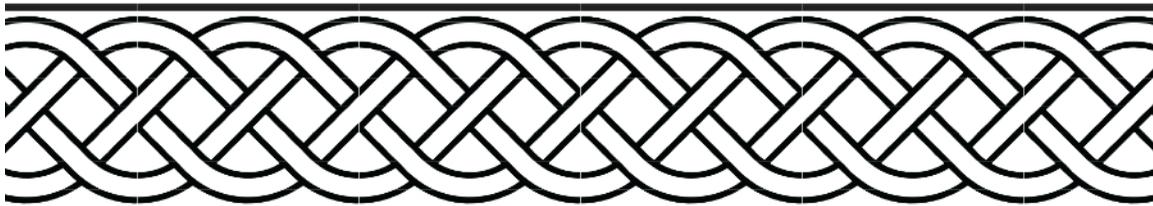
David Sheetz will be one of the directors.

All are welcome!

Register online now
Equipping the
Beloved Community 2.0

On Saturday, 11 May, 10am-5pm, St. Paul's Burlingame will host a diocesan day of workshops. It will feature training sessions for Eucharistic Ministers and Visitors, and workshops on living scripture, music in liturgy, art projects for spiritual development, church communication, stewardship training, and more. Registration for members of Peninsula Deanery churches is \$10 and includes lunch.

Learn more details at www.diocal.org/etbc (find the link on St. Bede's homepage), and register online now.



Bede's Kids

It's an exciting time for children at St. Bede's, with the end of the school year, the parish retreat, and summer vacations ahead, and for the vestry, who are in final interviews with rector candidates who all have experience with—and great enthusiasm for—children's and youth programs.



Here at St. Bede's, Godly Play programs will continue through 19 May, with music and supplemental materials added for our older children. We'll offer just nursery care on 26 May (the Memorial Day weekend); children's materials will be available in the narthex for any visiting youngsters.

Looking ahead to next month, the children's classes will hold an end-of-school-year celebration on 2 June. Families are still welcome to join the parish retreat 7-9 June on a space-available basis; here at St. Bede's we'll have nursery care, again with children's items in the narthex for any young guests. Plans are in place to combine elements of Godly Play and Sunday Fundays through the summer, with the help of our Godly Play leaders and adult and youth volunteers. Please contact Jeanne Cooper at jcooper@stbedesmenlopark.org if interested in joining us!

Note: Our nursery caregiver and Godly Play assistant Elena Cervantes has ended her service with us as she prepares for graduate studies in education. Shabriese Davis, who has also aided our nursery and Godly Play classrooms, will conclude her service at the end of May as she begins summer programs in criminology. We wish both of them well

and are grateful for their help in launching Godly Play this year.

— Jeanne Cooper

+ Rites of Passage +

Life is marked by significant cycles and events: we are born, baptized, confirmed; some of us are married, families are raised, illness comes, death occurs. Such are the Rites of Passage and such are marked by special prayers in the church.

+ Baptism +

Rose Elizabeth Flegel
Joseph Oliver Wilhelm Leen
*Teach them to love others
in the power of the Spirit.*

+ Burial +

John Nicholas Luque
20 May 1917 - 5 February 2013
*Grant him an entrance into the land of light
and joy, in the fellowship of your saints.*

Hospitality

Coffee Hour in Green

Earth Day may fall on 22 April, but the stewardship of “this fragile earth, our island home,” as the prayer book calls our planet, is a year-round concern at St. Bede’s. In addition to the energy-saving lighting that was installed as part of our recent capital campaign, we have a number of initiatives that might not be as noticeable.

Take coffee hour, for example. A few years ago, using non-recyclable plastic or plastic foam cups was the norm, with anywhere from 80 to 150 typically discarded each Sunday. Now we generally serve our beverages with compostable plastic and paper cups—their green stripe matches the color of the compost bins. They’re also ordered in bulk from Worldcentric.org, a Bay Area distributor that gives us a discount for non-profits, offsets all its carbon emissions, and gives 50% of its profits to grassroots social and environmental groups.

For at least a half-dozen years, we have also been ordering our coffee in bulk from Pura Vida Create Good, a Seattle-based company that puts its profits into clean water and economic infrastructure projects in coffee-growing areas. We serve their Bishops Blend, which is certified fair trade, organic and shade-grown, a method that replenishes soil nutrients via coffee plant leaves. As a bonus, 15% of the purchase price goes to

Episcopal Relief and Development’s Global Needs Fund. (Individuals can also order Bishops Blend coffees and teas online—just click on the “Private Label” tab at puravida-creategood.com.)

Coffee hour hosts also generally serve finger foods, to avoid the need for washing utensils and plates, while the tulips and other flowers at coffee hour this spring are likely to have come from our community garden, just a few steps away.

And although it can still cause some confusion, more and more parishioners and guests are getting the hang of our multiple bins, too:

- Food-soiled napkins and paper plates, wooden stirrers, coffee grounds and other food scraps (along with those green-striped cups) go into the **green composting bins**.
- Dry paper and cardboard, aluminum soda cans, and plastic containers with a 1-7 recycling number go into the **blue recycling bins**.
- Styrofoam, nonrecyclable plastics and metals go into the **gray trash bins**.

Whatever efforts you make to help reduce landfill, save energy, and protect our environment, please know they are appreciated.

– Jeanne Cooper
Hospitality Guild

Long before there was Earth Day...

Calendar Corner

6,7,8 May 2013: Rogation Days

The three days before Ascension Day each year are the Rogation Days.

The Latin root, *rogare*, means to ask. The Rogation Days each spring are for asking God’s blessings on the land and new crops.

That it may please thee
to grant favorable weather,
temperate rain, and fruitful seasons,
that there may be food and drink
for all thy creatures,

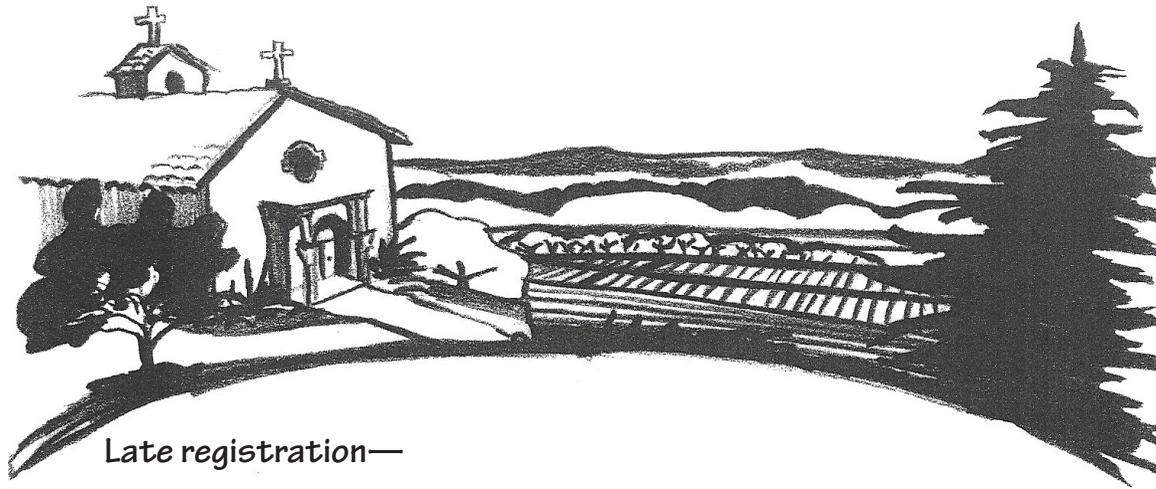
We beseech thee to hear us, good Lord.

That it may please thee to bless the lands
and waters, and all who work upon them
to bring forth food and all things needful
for thy people,

We beseech thee to hear us, good Lord.

That it may please thee to look with favor
upon all who care for the earth,
the water, and the air,
that the riches of thy creation
may abound from age to age,
*We beseech thee to hear us,
good Lord.*





Late registration—

PARISH RETREAT AT THE BISHOP'S RANCH

Friday-Sunday, 7-9 June 2013

Plans are being made for another wonderful weekend of recreation together at beautiful Bishop's Ranch in Healdsburg. Most of our reserved space has already been assigned, so register soon to secure your spot! You won't want to miss this annual event that includes time for exercising our minds, spirits, and bodies through scripture study, fun group activities, singing, and hiking. The weekend will include a variety of program activities and ample free time to enjoy the Ranch and surrounding area. The Ranch's new pool just opened last month. What a great way to kick off the summer!

All accommodations are in the Ranch House. The Ranch House offers private baths with single and/or double beds, accommodating individuals and families/groups. Your payment covers room, five delectable meals (Saturday breakfast through Sunday lunch), and materials for the retreat. Please find a registration form at the back of the church or on St. Bede's homepage.

All ages, families or singles, newcomers or "old timers" are encouraged and welcome to join us at the Ranch—"a place where lives are changed."

☀ Bede's People ☀

Congratulations are in order:

Rachael & Larry Bowman and big brother **Cameron** welcomed **William Lawrence Bowman** to the family on 17 March.

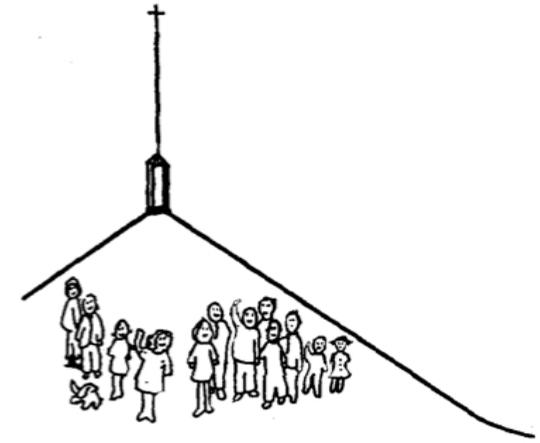
Though his Ph.D. will not be officially conferred by Stanford until next month, in March **William Parsons** successfully defended his dissertation in Chemistry titled "Saxitoxin-Derived Probes for the Study of Voltage-Gated Sodium Channels in Living Cells and Animals."

Ninth-grader **Graham Knight** was Los Altos High School's top scorer on the AMC-10 (American Mathematics Contest for students through grade 10), and qualified for the American Invitational Mathematics Examination.

Brian Di Giorgio and **Thomas Latta** were both in the Woodside Priory production of "The Laramie Project" in March.

Bravo to these choir members for their recent outside performances: **Steve Boisvert** and **Amy Worden**, in Verdi's "Requiem" with Symphony Silicon Valley, and **David Chu**, in concert with the Stanford Early Music Singers.

Do let us know in the office if there is something special that you'd like to share!



Donna & Jack Reynolds made a quick trip to Nebraska in March to watch granddaughter **Janelle Giblin**, a senior Nebraska Cornhusker gymnast, in her last home meet. Janelle didn't disappoint, scoring a perfect 10.0 on the uneven bars—the first perfect score NU has earned on the bars since 2001.

John & Melissa Shoaf recently checked in with an update: John has joined the clergy team at St. Mary's Anglican Church, Merivale, Christchurch, NZ, as Priest Assistant.

Former parishioner **Peter Henry**, now Dean of NYU Stern School of Business, had a book published this spring: *Turnaround: Third World Lessons for First World Growth*.

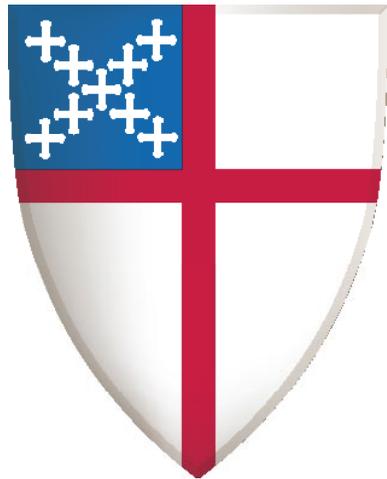


Community Service

Rummage Sale Results

The Lenten rummage sale on 16-17 March was a success by any measure. Here are the highlights:

* We made \$1,006 for Nets for Life (www.netsforlifeafrica.org), the Episcopal Relief & Development anti-malaria initiative in seventeen African countries. Our funds will help purchase nearly 84 nets (at \$12/net) and educate their users; each net can protect several people for up to three years, so we may have saved 250 lives in one weekend.



* After the sale, we donated a dozen bags of quality adult and kids' clothing and shoes to our shelter partners, two boxes of books to public libraries, and two carloads of miscellaneous items to Goodwill.

* We welcomed about 75 members of the public to our campus, including 42 who had

lined up before our doors opened at 11am (we served them coffee and treats while they waited). Their purchases tallied about \$906, with coffee hour sales the next day totaling about \$100.

* We had more than a dozen volunteers for set-up, day of sale, and clean-up, several working on all three. Thanks go to (in alphabetical order): Carol and Ed Brink, David Chu, Jeanne Cooper, John Hickson, Fred Langhorst, Katie Machemer, Megan Sell, Hasma Serverian, Nancy Stork, and Julia Weber, plus Jeanne's nephew David Bryant and his friend, Neal Uno (who also designed our signage for the event).

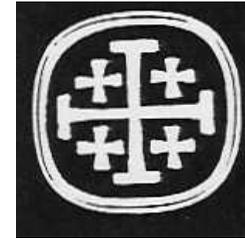
* We benefited from donations by at least that many parishioners, including Eleanor Boothroyd, Al Harris, Janet Hill, Mary Fran Jett, Tracy Longacre, Jane McDougale, William Parsons, Robin Sequeira, Nancy Stork, and Linda Wenstrand, plus Trinity School teacher Kathy Hoekenga. (My apologies for not knowing all the donors, but your contributions were appreciated!)

A number of donors and patrons asked us when our next rummage sale is. Our tradition has been to have one in fall, when we focus on fundraising for local nonprofit partners, and one in Lent, benefiting international efforts. So expect a September date to be announced later this summer.

— *Jeanne Cooper*
Community Service Committee chair

Planned Giving

Giving Away Your Home, A Brick At a Time



Recently I took a donor to lunch who has given 20% of his house to his parish. “The upstairs bathroom? The hall closet? The garage?” you may well wonder.

Let me explain.

A person can irrevocably assign a portion (what attorneys refer to as “an undivided partial interest”) of the ownership of his or her residence to a charitable organization such as the church. At the same time, the donor can continue to live in his or her home as before and, in fact, will still be responsible for all the same upkeep, real estate tax and insurance expenses as before.

“Why might a person do this?” you may wonder. The answer is: to make a gift to the church upon death while significantly lowering their current income taxes.

The twenty-percent of this donor's home is actually the total of a series of percentage gifts made over a period of years. “Our finances have become quite tight,” the donor confessed. “And these gifts to the church every few years have really increased our disposable income by significantly reducing the taxes that we have to pay.” Their

CPA calculates the percentage gift that will produce the most usable tax deduction. The gift qualifies for a charitable income tax deduction.

“We are also thrilled to know that one day when our home is sold, the proceeds will create a perpetual endowment to support our parish,” added his wife.

Here's a gift that can increase current after-tax disposable income while insuring a permanent legacy of love. A portion of your home can make a huge difference when you no longer need it.

For more information about giving your home away “a brick at a time” contact your Gift Planning Officer at Richards@diocal.org or (415) 869-7812.

The Rev. Richard L. Schaper, CFP
Gift Planning Officer
Episcopal Diocese of California
(415) 869-7812
RichardS@DioCal.org
www.EpiscopalGift.org

The deadline for the June issue of
Bede's Journal
is Wednesday 15 May.



Please send copy to:
cshedlock@stbedesmenlopark.org

With apologies for last month's unscheduled publishing holiday,
we offer belated best wishes...

In the Month of April



Birthdays

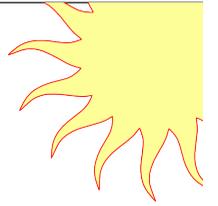
- 2 Graham Knight
Edith Moore
- 3 Anne Poulson
Alex Stork
- 4 Kate Machemer
Arthur Mintz
- 5 Bobby Churchill
Catherine Debenham
Jake Norman
Donna Reynolds
Diane Spath
- 6 Lucy Churchill
- 7 Ronnie Sue Leith
- 11 Ryan von Thaden
- 17 Demetra Burrs
- 18 Amelia Hayden
- 20 Katie Minor Barlow
- 21 Jiffy Vermylen
- 22 Natasha Hobbs
- 26 Zeke Brown
Ted Lorraine
- 30 Jim Bartosh
Jack Reynolds

Anniversaries

- 17 Larry & Rachael Bowman
Mark Knight & Carol Shedlock
- 22 Bob & Jeanette Latta
Daniel & Kate Machemer



In the Month of May



Birthdays

- 3 Ann Latta
Hasma Serverian
- 4 Josh Knowles
- 5 Juliet Knowles
- 6 Cameron Bowman
- 9 Alec Drobac
- 10 Ginny Johnstone
- 11 Kathleen Douglas
Robin Sequeira
- 12 Brigette Spath
- 13 David Shaw Bass
- 14 Carol Cutting
- 15 Quinn Hobbs
- 16 Betsy Harris
- 20 Alis Fern
- 21 Catherine Ross
John Wenstrand
- 22 Chris Brown
Reese Stewart
- 26 Alex McAllister
- 27 Jean Camp
Claudia Geoly
- 28 John Hickson
- 29 Doug Blayney
Hal Louchheim
- 31 Ian Hersey
Elizabeth Skey

Anniversaries

- 6 Grace & Colin Stewart
- 7 Josh & Juliet Knowles
- 10 John Hickson & Sarah Babin
- 16 Demetra Burrs & Marie President
- 18 John & Marjorie Oda-Burns
- 28 David Chu & Irene Lawrence

St. Bede's Episcopal Church
2650 Sand Hill Road
Menlo Park, CA 94025

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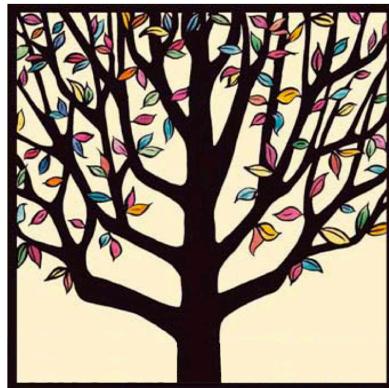
Date Mailed: 1 May 2013

Change Service Requested



The purpose of Bede's Journal is to keep members and friends of the congregation informed of activities and opportunities for education, worship, and fellowship within the parish and beyond.

The Rev. Jennifer Hornbeck *Transitional Ministry*
The Rev. David A. Sheetz *Priest Assistant & Interim Music Director*
The Rev. Kevin Sparrow *Priest Assistant*
The Rev. John Oda-Burns *Priest Assistant*
Carol Shedlock *Parish Administrator*
Rani Fischer *Organist*
Angela Sherry *Bookkeeper*
Ann Latta *Senior Warden*



Sunday Services

Holy Eucharist 8:00, 10:15am
(Nursery 10:00, Godly Play Sunday School 10:15am)

Weekday Services

Holy Eucharist Tuesday 8:00am

Parish Office Hours M-F 9:00am-5:00pm
650-854-6555

Trinity School + Preschool-Fifth Grade

Bede's Journal is on-line at
www.stbedesmenlopark.org