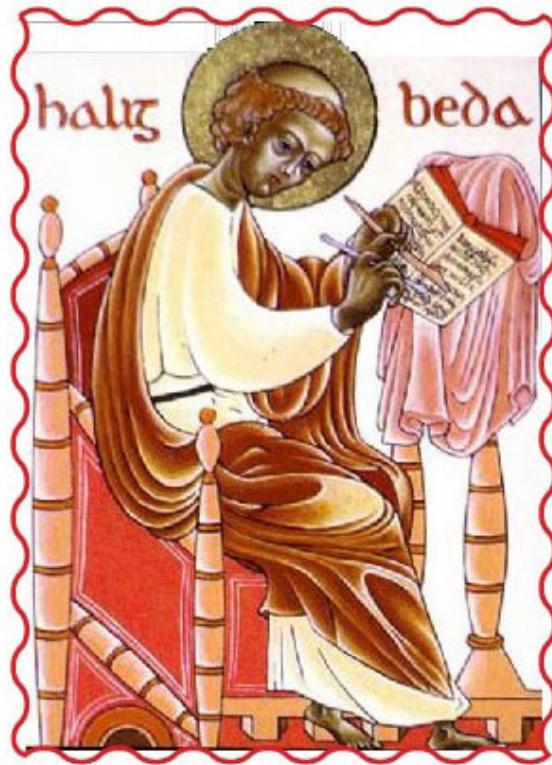


Bede's Journal

The Monthly Newsmagazine of St. Bede's Episcopal Church



“We help all ages grow in faith and service.”
October 2012

October at a Glance

6:30pm, Wednesday 3 October

Author talk and book signing, with Marty Brounstein
Two Among the Righteous Few: A Story of Courage in the Holocaust

noon, Sunday 7 October

League of Women Voters presents ballot measures' pros/cons

7:30pm, Saturday 20 October

Rededication of the 1969 von Beckerath Organ
Arts at St. Bede's presents Robert Huw Morgan

11:30am, Sunday 21 October

Bede's in Bloom auction event: Guided Dog Show Tour (Pleasanton)

6:00pm, Saturday 27 October

Requiem Mass at St. Bede's
with the choirs of St. Bede's and Christ Church, Portola Valley

11:30am, Sunday 28 October

Parish Fall Meeting & Elections



Look Ahead and Save These Dates!

6:00pm, Wednesday 7 November

All Saints' Memorial Potluck Supper

Saturday 10 November

Women's Retreat at Mercy Center, Burlingame
Life in Balance: A Benedictine Toolkit

Saturday 20 April 2013

Men's Retreat, with The Very Rev. Alan Jones

Friday-Sunday 7-9 June 2013

Parish Retreat at The Bishop's Ranch, Healdsburg

Call for Nominations

St. Bede's Parish Fall Meeting & Elections for Vestry and Deanery

Sunday, 28 October, at 11:30am in the church
(at the end of the 10:15 service)

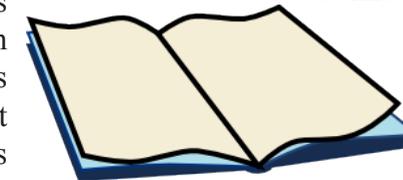
Don't be shy and don't delay! Now is the time to nominate yourself or another parish member for one of these important offices.

Please see also pages 6-7.

Author Talk & Book Signing

"Feed my sheep," Jesus tells Peter, several times, and at St. Bede's we often have opportunities to feed each other and our communities physically and spiritually. We'll have the chance to do both on Wednesday, 3 October, at a special book talk with optional supper to which we're inviting the public and, specifically, local Jewish congregations.

Marty Brounstein, author of *Two Among the Righteous Few: A Story of Courage in the Holocaust*, will share portions of his true tale of interfaith bravery and compassion in World War II Netherlands. Mr. Brounstein has run a management and organizational consulting firm in the San Francisco Bay Area since 1991 and has written or co-written seven books related to business management, but his latest work, published last fall, has



a meaningful personal connection that he'll explain during an engaging, interactive talk. The talk is suitable—and inspiring—for youth as well as adults.

The evening begins with the supper at 6:00pm, followed by the talk, both in the parish hall. Thanks to underwriting for the event, the suggested \$5 donation for dinner will be contributed to Home & Hope in honor of Congregation Beth Jacob's hosting of its transitional family shelter, which St. Bede's volunteers support by cooking dinner and serving as overnight chaperones about once a quarter. Books will be available for purchase after the talk (about 7:15pm) for just \$13.

RSVP to the parish office at (650) 854-6555 to let us know you're coming if you'd like to join us for supper or if you need childcare (available by advance request).

— Jeanne Cooper

Our Organ Restored!

After five intense weeks of dismantling, cleaning, repairing, refitting, leveling, felting, gluing, sanding, soldering, rebushing, readjusting, reinstalling, and revoicing, Hans-Ulrich Erbslöh and Bernd Becker have left us. Our beloved Beckerath organ is now sounding as rich and bright as it was when it was first installed—and what a treat that is!

We very much look forward to celebrating the restoration of the organ with a concert on Saturday, 20 October (7:30pm) when Robert Huw Morgan, organist of Stanford University will perform for us.

We are so grateful to all those who contributed so generously to our Organ Appeal. Thank you all so very much. We hope that you will all attend, and that we can honor your support.

While Hans and Bernd were working, they discovered quite a few startling things. They discovered a rank of pipes with cotton wool stuffed into their openings: these were pipes that tuners over the years had been unable to tune, so they had solved their problem with the cotton wool! Unfortunately, this didn't really solve the problem, it just meant that they wheezed discordantly.

Also to their surprise, they found that an axle meant to prevent lateral movement in the

pedal action had at some point been replaced by a thin aluminum wire which was bending, and thus, not doing its job. They replaced it with a thicker iron rod, a process that took more than a day's work.

To their sadness, they did discover one rank of pipes, the Cromhorne, a reedy, pungent sounding rank, that they were unable to restore. In the "event" of the mid-70s when the sound of the organ was radically altered from that of its creation and installation, the pipes of the Cromhorne were damaged: they were shortened by sawing off some of their length, and rough caps were attached

to the top of each to change the sound. The Cromhorne, in my memory, has never been able to hold its pitch, requiring tuning before every use. Fortunately it is a rank that is easy to reach, but that retuning should not be necessary. To give you a comparison, after Hans has given a final tuning (the week before the concert, after the pipes have had a chance to settle), the organ should need no major tuning for five years.

We have asked Hans to write us a proposal for the restoration of the Cromhorne, and we can decide what we want to do when we receive it. It would be possible for the work to be done next year when Hans travels from Germany to Honolulu to work on a Beckerath there, which he does every two years.

— Jane & Rani



Clipart courtesy FCIT.

Rally Day Recap

Rally Day was great! You may have been too big to ride the pony, but there was also "Blue," another pony you could pet. The petting zoo allowed more conversation and fun for our many children... about 32 that came through during the hour. The bounce house had lots of customers and was in sight of our nursery and both Godly Play classrooms. One class had 17 students!



Some of the kids that came for the first time on Rally Day have come back again and we are delighted to see them.

Jeanne Cooper and Mary Fran Jett provided a festive coffee hour that allowed our 8:00am crowd to meet up with our 10:15am congregation. Signs (thanks Carol Shedlock and Jeanne Cooper) were attractive and people had a chance to learn about various programs. As usual with such welcome back Sundays, the number of sign-ups is not high but the value of allowing people to learn and talk to various group leaders is great.

Thanks to everyone who made it such a vibrant and engaging day.

Eileen+

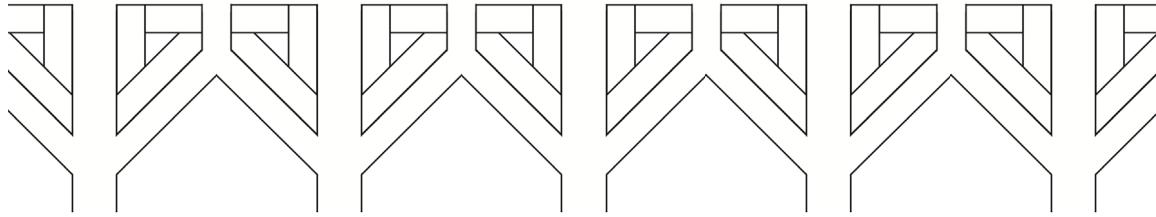
Bede's 101 Class

Welcome newcomers! We enjoyed getting to know some of the newer members of the congregation on September 23rd between the services. It was a time to eat together and to introduce some of our long-term members and staff to our newer members. It was something we would like to do again! We have about 10-14 new households now attending St. Bede's. Thanks to all who came to the event and a special thank-you to Jeanne Cooper for her help with hospitality.

✻ Bede's People ✻

Two Sundays in September saw bitter-sweet sendings and blessings at St. Bede's. **Eleanor Boothroyd** is transferring from Egon Zehnder International's Palo Alto office to that in New York City. And **Michael Chen and Christina Meyer** are wrapping up their Stanford PhDs and moving to Boston.

Several individuals and families have joined St. Bede's in recent months, including **Jean Culbertson**, who lives at the Vi in Palo Alto, **Daniel and Kate Machemer** and their children **Abigail** and **Kiersten** of Redwood City, and **Mandi and Scott Weavil** of Palo Alto. Please welcome all of our newcomers by introducing yourself—and a fellow parishioner or two—at coffee hour.



Introduction to Vestry 101

I hope you all have enjoyed a wonderful summer and are as eager as I to move forward in our selection of a new rector. Aligned with this important church responsibility, I thought it would be helpful as a prelude to our fall election for Vestry and Diocesan representatives to discuss the responsibilities and function of the Vestry and requirements for Vestry members.

Reading Canon laws and Parish by-laws can be a dry and ho-hum process, but our election is an exciting time to help shape our future. Please consider your own interest and availability and that of your friends within the Parish and contact the Nominating Committee (see Vestry 101: Nominations, following) with your willingness to serve. Given the importance of the work before us, the Vestry is particularly committed to insuring a democratic, inclusive election. Please do your part by active participation in the election process.

Ann Latta *Senior Warden*
September 17, 2012

Vestry 101: Overview

The Vestry is the Board of Directors and controls the temporal affairs of the parish, for example, the finances and buildings and grounds. Other examples: the Vestry appoints St. Bede's representatives to the Trinity School Board; reviews salaries; conducts the Stewardship Campaign. These are all examples of the temporal, or business, side of the church. The Vestry has no oversight over the liturgical and spiritual life of the church; these are the purview of the Rector.

During normal times the Rector is the president of the corporation and the chief executive officer of the Parish. The Senior Warden serves as the first vice president and the Junior Warden serves as the second vice president.

With the retirement of our Rector, St. Bede's is in a period of transition. This transition period is a well and tightly designed interlude when we work to determine the composition of and needs and wants of our parish (the parish profile we are developing based on your survey responses). In addition to the oversight of the Bishop, the canons (church laws and regulations) give the

Vestry 101: Nominations

Nominations for Vestry and Diocesan elections are governed by National and Diocesan Canons (church laws and regulations) and by Parish by-laws. Basically, candidates must be communicants in good standing.

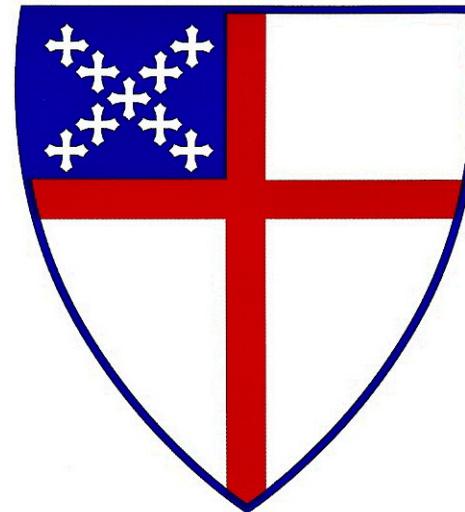
Communicants in good standing are communicants who have been pledging members of the congregation for six months prior to the election. They are regular participants in the public worship of the Church and are active members in the "acts of devotion and works of charity."

Our Parish by-laws require the Rector to form a Nominating Committee. At St. Bede's, our Nominating Committee consists of both the senior class of our preceding Vestry and the senior class of the current Vestry. The Committee is charged to ensure that through "prayerful consideration" of the Parish membership there are at least four candidates for Vestry and to ensure that nominations from the congregation at large either before the election or from the floor meet the requirements of the Canons and by-laws.

For our fall election, the Nominating Committee will be co-chaired by Jon Poe representing the Senior Class of 2010/11 and Abby Mintz representing the Senior Class of 2011/12. Please contact Abby and/or Jon with your nominations. Abby and Jon will keep you abreast of the timetable and process.

Wardens and Vestry greater responsibilities during clergy leadership transitions, and the Wardens take on many of the management responsibilities held by the Rector. During this transition period the advisory and management role of the Vestry is greatly enhanced. The Interim Rector is in charge of the spiritual life of the parish, e.g. services and spiritual development; and the Wardens have delegated to the Interim Rector the daily supervision of staff.

After we call a new Rector, the Vestry will continue to assume a major role in review of staffing and program. The Rector will rely on Vestry members for advice and support. Although the role will change from the transition, it likely will not diminish.



Women's Retreat

Life in Balance: Using a Benedictine Toolkit

“If you are too busy to get away you need a retreat...” – *Julia Weber*

Ever feel like as soon as one part of your life begins to make sense – another goes haywire?

For centuries Benedictine wisdom has helped those who seek to come to an inner equilibrium.

Join us for a day of a little learning, a little time alone, a little time to eat, a little time to pray, and a little time to be together with other women.

The shape of the day will be guided by former Benedictine Rev. Eileen Lindeman.

Saturday, November 10th

10am – 4pm

Mercy Center, Burlingame

\$55 (includes morning coffee, lunch)

Sign up now!



Altar Guild:

The First Small Group?

(Warning: The following article is a thinly disguised attempt to beat the bushes for new members.)

Who understands everything the altar guild does at church? I didn't until I joined last year. My discovery: The altar guild is responsible for having everything ready to go for all the church services offered at St. Bede's. This is a tradition handed down hundreds of years, originally the duty of those in religious orders. The very prescribed set-ups for services include vesting the chalice, providing the wine, water and bread. The finer points are the exquisitely clean linens, the candles, and the beautiful flower arrangements—all to complement the church's liturgical season. The clergy rely on the altar guild to care and clean their magnificent vestments, some of which were hand stitched by altar guild members. The altar guild's completion of its duties allows the clergy to come into the sanctuary able to focus on their spiritual and liturgical contributions without distraction.

The responsibilities of the altar guild are divided by weeks so that the work is never overwhelming, and flower arranging is provided by a small subset of enthusiasts on a monthly basis as well. Saturday mornings the team for that week meets for an hour and a half to divide and conquer the list of elements that must be organized. Within

the team is a wonderful opportunity for increased fellowship with fellow members. New friendships are made!

Flowers are arranged on Friday mornings after a quick trip to a flower market in Mountain View. The designer is given free rein within budget and liturgical calendar constraints. For a flower lover it is a slice of heaven browsing the cold rooms for fun flower combinations. Anyone interested can participate and be trained in slow, confidence building steps.



Please join us and see if this is your calling. Visit an altar guild team in action as they do their amazing checklist. We welcome all who feel drawn to sacred traditions, the camaraderie of teamwork, and quiet contributions to the church's central purpose.

Coming next month in *Bede's Journal*: An explanation of the symbolism behind the traditions we uphold.

Just for fun here is a quiz of interesting vocabulary regularly used by clergy and altar guild. See if you know them all. Answers provided on page 15.

1. Ambrey
2. Purificator
3. Piscine
4. Chasuble
5. Stole
6. Credence table
7. Lavabo

– *Julia Weber*

Arts at St. Bede's presents:

The 1969 von Beckerath Organ

Robert Huw Morgan, organist

Saturday, October 20, 7:30pm

In celebration of the restoration of St. Bede's Beckerath organ, Stanford University's Organist captures the indomitable glory of the organ, showing the wide possibility of color tones with the new voicing, pitch, and temperament.

Tickets: In advance \$10 general/\$6 senior/free to student

At door \$12 general/\$8 senior/\$5 student

Advance ticket purchase is available at www.brownpapertickets.com



Requiem Mass at St. Bede's

Saturday, October 27, 6pm

The choirs and clergy of St. Bede's and Christ Church, Portola Valley will offer a liturgical requiem mass as an observance of All Souls' Day. The music will be the lovely Requiem of Bob Chilcott for choir, soprano and tenor soloists, accompanied by a small instrumental ensemble.

Free will offering

Yo! Catch this!

Respite Retreat for 6th-12th graders
at St. Dorothy's Rest, Camp Meeker

Friday-Sunday, 26-28 October

A weekend of fun, faith, and friends (new and old) gathering to sing, dance, and play. Grab your sleeping bag and leave your week behind for a weekend of rest. For more information, contact Malcolm McLaurin at malcolmsdr@sonic.net or Eileen at 650-207-1315.

Nightwatch for 9th-12th graders
at Grace Cathedral

Friday-Saturday, 16-17 November

Fun, music, creativity, and spiritual exploration for high school youth, sleeping over in Grace Cathedral. For more information, contact Jennifer Snow at jennifers@diocal.org or Eileen at 650-207-1315.

Extreme Cuisine Finale

It's not often you have four PhDs prepare a seven-course meal, so it was only appropriate that the 21 guests at the grand finale for the Extreme Cuisine in late August learned the titles of the chefs' dissertations as they took their bows following dessert. And thanks to the miracle of Skype, we also enjoyed a special blessing from Rev. Jamie McElroy, the event's co-founder, from his home in Florida.

Michael Chen, Brian Leen, and John Vermlyen were all still earning doctoral degrees in scientific disciplines from Stanford University when Jamie recruited them a few years ago for this parish fundraiser, whereas Nancy Stork, who joined them as *sous chef* when Jamie left, specialized in Old English and Latin in earning her PhD some 25 years earlier at the University of Toronto. It was their last dinner as a team since Michael Chen and Christina Meyer, whose own dissertation defense in immunology at Stanford is imminent, are moving to Boston this fall.



Over the years, they've raised more than \$4,000 for Bede's programs, and much good cheer. In their honor, we're sharing their final menu:

- * *Amuse-bouche* of quick pickled cucumber, confetti radish, and walnut oil on sweet onion cr me fra che
- * "Three mozzarella sticks": Smoked mozzarella, green tomato, and honey molasses; chive oil marinated mozzarella with roasted tomato confit and balsamic glaze; mozzarella with tomato curry pudding and jalape o
- * Seared scallop with miso, bacon dashi, mushrooms, kohlrabi pur e
- * *Sous-vide* pork tenderloin with grapefruit and sage
- * Basil crusted lamb loin with fennel and lamb sauce
- * Cream of blueberry soup with brown butter oat crisps
- * Roasted banana ice cream in meringue flamb e with cinnamon hot chocolate sauce and pie crust

Thanks also go to Juliet and Josh Knowles for providing elegant table decor and music as well as orchids for the chefs; *sommelier* Ian Hersey; and to Elena Cervantes for providing childcare to our youngest guests, who joined their parents for the exciting lighting of the flamb e. If another group of ambitious chefs would like to pick up the torch, so to speak, please let *maitre d'* Jeanne Cooper know.

Community Service

In the months between Easter and Advent, Community Service Committee focuses on our local community, with hands-on service opportunities, “mindful giving” campaigns, and fundraising for the Seccombe Outreach Fund, from which annual grants are awarded to area nonprofits. But that sounds rather dry, doesn’t it? For more about those whom we serve, the joys of doing so and how you can help, please read on.

—Jeanne Cooper

Dinner, drawing, and badminton

Picture the scene at Transfiguration Episcopal in San Mateo one evening in August, where parishioners volunteered to assist the Home & Hope transitional family program. Borrowing Sterno servers from a restaurateur friend, Steve Boisvert and Amy Worden were able to keep warm the delicious grilled and fried chicken they had prepared, complemented by savory Spanish rice made by Jon Backlund. A fresh salad and crusty green olive bread brought by Rani Fischer helped fill the plates of the thirteen adults and children in the program, who also enjoyed Steve and Amy’s fruit parfaits with chopped pound cake and whipped cream.

Among the children were a 2-year-old girl who delighted in watercoloring with Steve and others on the floor; two “princesses,” ages 4 and 6, who plotted takeovers from their playground castle while Jon and

Jeanne Cooper monitored their kingdom; and an 11-year-old brother and 8-year-old sister who happily squared off in badminton against Amy and a 17-year-old young man, whose first day of high school started the following morning, after his mother had painstakingly worked all the knots out of the net.

Overnight chaperone John Hickson later taught them the “rise and shine” call he learned as a schoolboy that he would use in the morning, when he and partner Sarah Babin woke them in time for a 7 a.m. shuttle bus to Home & Hope’s day center in Burlingame. It was a case of many hands, light work—and much play.

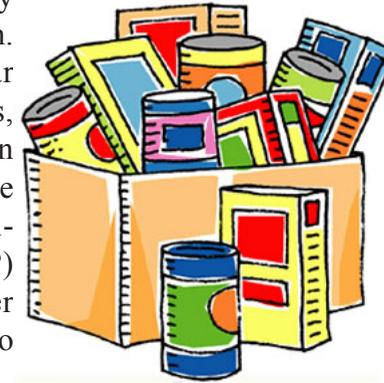
“The thing is, it’s not about showing up with food. It’s reminding ourselves of our commonality. We’ve all had some struggles in life. Through faith, we overcome them—especially when we reach out to help each other,” Amy noted the next day.

How to help: Our next scheduled Home & Hope service is Tuesday, 16 October, at Congregation Beth Jacob in Redwood City. If you’d like to join us, please contact Jeanne at jcooper@stbedesmenlopark.org or (650) 714-3022. Donations at the 3 October book talk (*see page 3*) will also be given to Home & Hope.

Bringing in the sheaves—and cans

Concerned about the alarming drop in donations to local food banks during the summer,

Steve Boisvert and Amy Worden sponsored a matching challenge for July and August. For each item of nonperishable food left in our narthex baskets, they would donate a similar item. They and our other regular deliverers of donated goods, including David Chu and John Hickson, would then take the weekly bounty to Ecumenical Hunger Program (EHP) or one of InnVision Shelter Network’s sites in East Menlo Park and environs.



While the campaign started off a little slowly (many of Bede’s folk do like to travel in the summer!), it gradually picked up steam and ended up with **1,230 pounds** of much-needed food to its credit. Steve and Amy also created shopping lists noting the most desired items for adults and children, which continue to be available in the narthex.

In late August, when bumper crops of backyard produce normally start to appear, Steve and Amy had another suggestion: Offer Bede’s amateur farmers a chance to bring their harvest to church, for delivery to local food banks. Since we can’t commit our volunteers to delivering perishable food on a routine basis (and leaving it in narthex baskets can cause problems), we decided to accept fresh fruit and vegetables over the first two Sundays in September.

Bede’s community garden leader Vicki Blayney provided chives and tomatoes the first Sunday, while Jeannette Latta and Mary

Fran Jett brought large bags of bright green apples from their homes on Rally Day. When Jeanne Cooper started to unload them at EHP a couple of days later, the waiting clients immediately sprang to attention. “You have apples?!” said one man. “Let me take them—I’ll make pickles with them.”

Another quickly chimed in, “I can make green apple salsa with them,” and started recounting the ingredients. We divided them equitably, but clearly more would be appreciated.

How to help: In addition to supporting our year-round collection of canned and dry foods in the narthex, parishioners can take their produce directly to Second Harvest, or with large enough amounts, ask to have it picked for them. Find details at: www.shfb.org/backyardproduce

Pack the Back: Thought for food

Last April, parishioner Juliet Knowles was assigned to do one month of advocacy work in East Palo Alto as part of her pediatrics residency training at Stanford and was inspired to help create a program that specifically addresses children’s food needs.

“Over those weeks, I realized I was



quite ignorant of the significant hardships children there face, despite the fact that I lived and worked close by for years,” she wrote in an article whose full text is on Bede’s website.* Although she visited patients at the local clinic, in their homes and shelters, “I especially enjoyed spending time at the Ecumenical Hunger Program,” which provides food, clothing, school supplies financial counseling and other services, and has long been supported by St. Bede’s.

At the end, Juliet noted, she had “a much better understanding” of how poverty puts children at risk for chronic health problems including asthma, obesity, Type II diabetes and academic difficulties, including ADHD: “For example, a seeming paradox is that food insecurity may actually put one at risk for being overweight or obese. This association is well established for adults, particularly women, and emerging data show a similar association for children.”

Although association does not prove causality, she noted, there are many plausible theories about why food insecurity and obesity might be linked. For example, people who are food insecure often live in places where it is hard to obtain affordable healthy food, they may not know how to make healthy food choices, and when food is available, they may overeat. “Children living in

neighborhoods where crime is a daily issue are less likely to go outside and exercise,” Juliet added.

Surveying about thirty self-identified “food insecure” families at EHP, her residency class found that the majority have faced the prospect of being unable to feed their children, with the issue peaking at the end of the week, since children receive subsidized lunches only on school days. In partnership with EHP, the Stanford residents created a new program, *Pack the Bag*, which each



Friday afternoon gives families a cloth reusable shopping bag with food that’s easy for children to eat without requiring adult preparation (caregivers may work outside the home on weekends).

“In addition to assuring that these children have sufficient food on the weekends, Pack the Bag can serve as a powerful source of education for families and children about which foods constitute healthy choices. It serves as a demonstration to these families that the community does care about the health and well-being of their children,” Juliet wrote.

Invigorated by EHP’s “spirit of generosity and hope,” she decided to stay involved after her month-long assignment ended, and recently met with families to see how they felt about the program three months in. “They were grateful, enthusiastic and indicated

* Many thanks to Juliet for her well researched and meticulously documented article!

the bags met their childrens’ needs on the weekends,” Juliet wrote. “However, a near universal request was that we provide larger amounts of fresh produce and dairy products. Therefore, one of my goals is to find ways to do this, in addition to sustaining the program as it stands.

“I am hoping that you can help me in these efforts. Please stay tuned!”

How to help: Pick up a shopping list in the narthex, where you can donate healthy, nonperishable items, such as boxed milk (cow’s, almond, or soy), nuts/trail mix, granola bars, low-sugar cereal, canned fruit (light versions preferred), individual packages of peanut butter and 100% fruit snacks, in marked baskets.

- Answers to Altar Guild quiz (on page 9):
1. *Ambrey*: recessed cabinet to store consecrated bread and wine, to be used when the Eucharist needs to be taken to someone. Ours is above the credence table.
 2. *Purificator*: small linen towel for wiping chalice. Ours
 3. *Piscine*: sink for draining consecrated wine. Ours drains to Jarrow Garden.
 4. *Chasuble*: sleeveless vestment put on by celebrant immediately before Eucharistic prayers begin. The color is coordinated with the church season.
 5. *Stole*: ecclesiastical vestment of a narrow band of silk worn over the shoulders that reaches to the knees. Deacons wear it over their left shoulder.
 6. *Credence table* is behind the altar where the elements for the Eucharist are placed for the subdeacon or deacon to bring to the altar.
 7. *Lavabo*: small silver basin where priests wash their hands before Eucharist.

Los Ayudantes

Like to read? Enjoy helping students learn skills and gain confidence? *Los Ayudantes*, the literacy-focused nonprofit that got its start at St. Bede’s and is the recipient of annual Seccombe Fund grants, is still accepting volunteers to work for an hour a week with small groups of elementary or middle school students in Redwood City and North Fair Oaks. The students primarily come from Spanish-speaking homes and meet with volunteers in their classroom during school or immediately afterwards.

Volunteers Ann Latta and Jeanne Cooper recently met with the energetic new program director, Estela Roldan, who planned to launch this eleventh year of service by late September. Originally from Argentina, Estela went to college and graduate school in Chicago, and shared that her first job afterwards was based in Barcelona, marketing a multilingual high school program through Europe. Currently a part-time Spanish teacher at St. Catherine of Siena in Burlingame, the mother of two lives in San Mateo, attends church in San Carlos, and said she truly enjoys all “the cultural activities the Peninsula has to offer.”

Contact her at:

losayudantes.estela@gmail.com
if you’re interested in joining Bede’s volunteers (including John Hickson and Michele Swenson) with Los Ayudantes.

Trinity School and St. Bede's

I've often heard it stated that Trinity School is a "primary mission" of St. Bede's, but what does that mean? After all, many parishioners may not even know that St. Bede's and Trinity Episcopal churches co-own Trinity School, which serves junior kindergarten through grade five on our campus, and operates a preschool program at our fellow parish in Menlo Park.

As a former vestry member, I was well aware that Trinity School pays a sizable annual use fee to St. Bede's, given its intensive use of our grounds and facilities, which naturally involve our parish administrator's staff time. As a volunteer chaplain, I knew that clergy and school staff shared chapel duties, leading daily services grounded in Anglican Christianity that also acknowledge other faith traditions among the diverse student body. This year, parishioners Rani Fischer and Ed Brink are also helping provide chapel music on a regular basis.

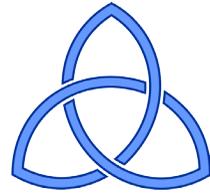
But now that I've been appointed one of three parish representatives on the school board of trustees, along with continuing members Judith Paulus and chair Michelle Swenson (and until we have a permanent rector, senior warden Ann Latta), I'm quickly learning even more about how intertwined—and also independent—our institutions really are. For a wonderful summary of that relationship, I recommend the "churches" link under "com-

munity" on the "Discover Trinity" page of the school's Web site, www.trinity-mp.org.

The "mission" link on the same page is also worth reading—and sharing with families who might be looking for a private school for their child. "The right size to give each child a voice," as its new motto states, Trinity also celebrates "critical thinking, character development and social responsibility." As a chaplain, I can vouch for its statement that "the legacy of a Trinity education is a curious mind and a discerning heart."

I hope to share more about Trinity School in future Journals, but in the meantime I encourage you to spread the word to parents who are considering educational options. In addition to its academic and spiritual resources, Trinity has a strong commitment to diversity and financial aid, with openings at several grade levels. Full enrollment at Trinity would be a plus for both the school and the parishes.

— *Jeanne Cooper*



The deadline for the November issue of
Bede's Journal
is Monday 15 October.



Please send copy to:
cshedlock@stbedesmenlopark.org

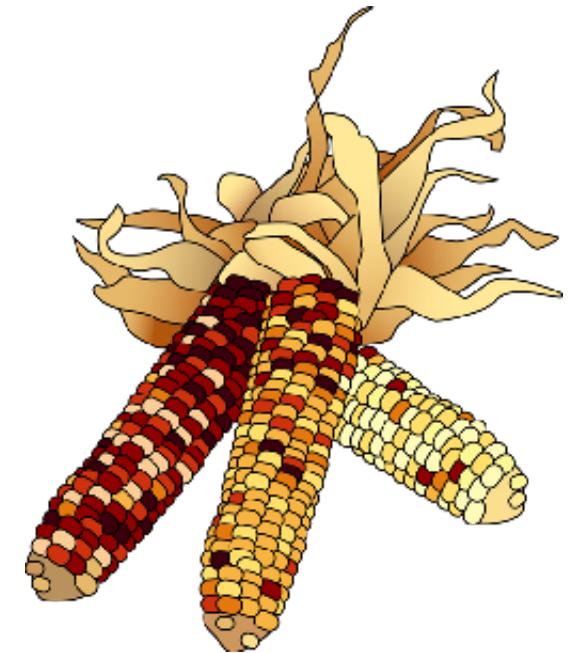
In the Month of October

Birthdays

- 1 Ed Brink
Chris Morace
Lauren von Thaden
- 2 Margaret Monroe
- 5 Ann Poulson
- 10 Sarah Mintz
- 11 Toby Weber
- 14 Barbara Pease
Meredith Pellegrin
- 15 Steve Boisvert
- 20 John Vermynen
- 21 Joey Leen
- 22 Madeleine Claire Lindeman
- 23 Amelie Dunn
Julia Klasson Langhorst
- 24 William Parsons
- 25 Olivia Stork
- 27 Al Harris
- 28 Saira Ramasastry

Anniversaries

- 1 Jeff & Noelle Roux Dunn
- 4 Nancy & Bob Shurtleff
- 6 Dave & Megan Sell
- 10 Al & Betsy Harris
- 25 Jon Poe & Anne Vitullo



St. Bede's Episcopal Church
2650 Sand Hill Road
Menlo Park, CA 94025

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Time Value

Date Mailed: 28 September 2012

Change Service Requested



The purpose of Bede's Journal is to keep members and friends of the congregation informed of activities and opportunities for education, worship, and fellowship within the parish and beyond.

The Rev. Eileen Lindeman *Interim Rector*
The Rev. Jane McDougale, DMA *Priest Associate & Music Director*
The Rev. John Oda-Burns *Volunteer Assistant*
The Rev. David A. Sheetz *Volunteer Assistant*
The Rev. Kevin Sparrow *Deacon*
Carol Shedlock *Parish Administrator*
Rani Fischer *Organist*
Angela Sherry *Bookkeeper*
Ann Latta *Senior Warden*

Sunday Services

Holy Eucharist 8:00, 10:15am

Weekday Services

Holy Eucharist Tuesday 8:00am, Thursday 12:10pm

Parish Office Hours M-F 9:00am-5:00pm

650-854-6555

Trinity School + Preschool-Fifth Grade



Bede's Journal is on-line at
www.stbedesmenlopark.org