

Bede's Journal

The Monthly Newsmagazine of St. Bede's Episcopal Church



We help all ages grow in faith and service.

March 2016

March at a Glance

9:00am, *Sundays in March through Palm Sunday*

Soulwork: A Contextual Bible Study

4:00pm, *Sunday 6 March*

Arts at St. Bede's presents Dan Levitan, harp

6:30pm, *Sunday 13 March*

FALL GALA sign-up event: Scottish Film Fest Dinner (Hayes-Martin home)

11:30am, *Friday 18 March*

Palm cross folding

Sunday of the Passion: Palm Sunday, 20 March

10:15am Procession of Palms

Hot Cross Buns at both coffee hours

24 March + *Maundy Thursday*

7:30pm Holy Eucharist with foot washing, stripping of the altar

25 March + *Good Friday*

noon Liturgy for Good Friday

5:00pm Good Friday Liturgy for All Ages

7:30pm Liturgy for Good Friday with choir

26 March + *Holy Saturday*

7:30pm The Great Vigil of Easter

27 March + *Easter Day*

8:00am & 10:15am Holy Eucharist with organ, trumpet, choir

11:30am Easter Egg Hunt

5:00pm, *Tuesday 29 March*

Community service with Home & Hope at Congregation Beth Jacob



Look Ahead and Save These Dates!

4:00pm, *Sunday 10 April*

Arts at St. Bede's presents Dawn Harms, violin

4:00pm, *Sunday 24 April*

Arts at St. Bede's presents Broceliande Celtic & Early Music Ensemble



Soulwork in March

During Lent, we continue our exploration of the challenging subject of race in America through a contextual Bible study. This method, developed in South Africa for marginalized people, relies on a close reading of a biblical text to illuminate our real-life situation and guide us to action. Gia learned contextual Bible study at a conference last summer and has been eager to share it with St. Bede's. Whether you have participated in the first couple of sessions or not, join the conversation on March 6, 13, and 20. Soulwork meets on Sundays at 9:00am in Lehman Hall; childcare is available.

Lenten Coin Drive

benefits *There With Care*, a local nonprofit that helps families with children in medical crisis.

(www.bayarea.therewithcare.org)

Please look for the coin jar at Sunday coffee hours now through Palm Sunday. The children and youth of St. Bede's will announce the total on Easter Sunday.



In loving memory of Laine

Arts at St. Bede's presents

Dan Levitan, harp
Sunday, March 6, 4pm

In demand throughout the greater Bay Area as both an orchestral player and concert soloist, "Harp Man Dan" Levitan has been praised by the press for his "impeccable virtuosity" and performances "reaching a new plateau of musicality." His "virtual perfection" as a musician is matched by his gifts for humor and grace as a performer. The recital will feature works by such composers as Haydn, Paganini, and Debussy, as well as music written for the harp by other harpists.

www.harpmandan.com

Tickets at the door: \$25 general/\$20 senior/\$15 student



Bede's Kids & Youth

March is a busy time for St. Bede's! As we wait in Lent for the anticipation of Holy Week and Easter, we are preparing ourselves to hear the Good News. As the Children's and Youth Minister here at St. Bede's it is my responsibility to make sure that the curriculum for Sunday school and Youth Group are preparing our youth for the coming majesty of Easter. Through Lent, the younger children are learning the various parables of Jesus' teaching to greater understand the meaning behind Jesus' ministry and death. The older children are continuing to follow the lectionary and thereby connecting with the adults in worship as they walk through this holy season of the Church.

Before getting into the Lenten and Holy Week offerings, I want to remind all of our middle school and high school age youth that we will have a youth group on Sunday, March 6 after the 10:15 service, from 11:30-12:15. We will be discussing "Jesus: Human and/or God" as we seek to make sense of this important season of the church and what it means to our faith and what we believe to be true.

Through Lent and Holy Week, St. Bede's is being proactive to make this season accessible for family participation. We have many ways for children to be involved. The first is to bring coins in for our Lenten Coin Drive. All coins from the Lenten Coin Drive

will be given to There With Care, a Menlo Park-based nonprofit that helps families with children in medical crisis. This is a fund that we support in memory of Laine Mammen. This year the money raised will buy supplies that our youth will use to buy and create entrees that There With Care will freeze and hand out to families in need. The Youth Group will be getting together on Sunday, April 10, to shop and cook, at a time to be determined later. Please look for the coin jar at coffee hours through Palm Sunday. The children will announce the grand total on Easter Sunday. You are encouraged to bring your bags and jars of loose coins. This is a great way for children to learn a bit about tithing. Even the youngest members of St. Bede's can place a penny in the jar! For more information on There With Care's many programs and volunteer opportunities for all ages, visit: www.facebook.com/BayAreaCare.

Throughout Lent we are also seeking donations for our Easter Egg Hunt. If you would like to donate to the Easter Egg hunt please drop off plastic eggs or candy (nut-free and individually wrapped, please) in the Sunday school classrooms on Sundays, March 13 and 20.

March 20 is Palm Sunday and the start of Holy Week. We will begin the service with a procession of palms, which our children will be helping with. For your child to participate

we recommend coming a bit early, around 10:00am, for the service. We will then have specially crafted lessons for each Sunday school room and we will also be stuffing Easter Eggs for the Easter Egg Hunt. We ask any families that can help to stay back after the 10:15 service to help stuff any remaining eggs, the more hands the better. This is



also an invitation to all youth to help and participate in a Holy Week tradition.

As you will read in the rest of this *Journal*, we will be offering services of Maundy Thursday, Good Friday, and Easter Vigil. In addition to the noon and 7:30pm Good Friday services, this year we will also offer at **5:00pm** a Good Friday liturgy for All Ages that will be more accessible for families.

Childcare will be available during the other services of the Triduum by advance notice, since we want this time to be spiritually full for any and all parishioners that wish to attend. If you would like to bring your children to these services we encourage you in that endeavor, however if you would like to attend and know that there is a place for your child to be cared for as well just let me know. We do need at least 48 hours advance notice to be able to obtain the childcare assistance, so if you would like childcare please email me at michaela@stbedesmenlopark.org.

Finally, Holy Week culminates in the triumphal Easter service on March 27. We will be providing Sunday school lessons for all age groups; however, as always, children are welcome in the service as well. After the 10:15 service we will have our annual Easter Egg hunt for children, divided into two different age groups. Don't forget to bring your own basket with you to church on Easter morning! The hunt will begin in Lehman Hall, so please meet there after the church service. This is open to any and all children who attend the 10:15 service!

– *Michaela (Kruger) Eskew*
Children's & Youth Minister

Community Service

Everyone interested in Community Service at St. Bede's is welcome to attend the next **committee meeting** at 11:30am on Sunday, **March 6**, at the Soulwork tables. Agenda items to date include: Home & Hope service in 2016, an update from Pack the Bag and a call for new volunteers, regular in-kind donation drop-off at Ecumenical Hunger Program, planning for the annual rummage sale, and a potential new service opportunity at the Opportunity Center in Palo Alto.

Our next scheduled service with **Home & Hope** is Tuesday, **March 29**, at Temple Beth Jacob in Redwood City. St. Bede's volunteers are needed to help with childcare, dinner, and overnight hosting at the transitional family shelter, beginning at 5:00pm. As it's the week after Easter, families on school break are especially encouraged to participate if their schedules permit. Please contact Emilee Wilhelm-Leen if you are interested in joining the March 29 team or in hearing about individual service opportunities as they occur.

From the Rector

Untangling Mistakes and Sins

When is a mistake a sin?

In the fourth chapter of Luke's gospel, Jesus visits his hometown of Nazareth and preaches in the synagogue. To say that the sermon does not go over well is an understatement. The people of Nazareth are so enraged by Jesus' words that they chase him out of town and try to throw him off a cliff. When I read this passage in its context in Luke, I see a novice preacher growing into the role. Jesus is new to public ministry; he has just been baptized, just returned from the wilderness, just begun to teach in synagogues in Galilee. He's still learning how to preach, and I see him making a classic beginner's mistake (not that I have any personal experience of that). He fails to understand his congregation before crafting his message. He assumes too much about the people of Nazareth, and he doesn't check his assumptions of what they need to hear. So he tells them that God blesses foreigners without also saying that God blesses them. The people hear this as "God does not love you," and they react, quite understandably, with anger. As mistakes go, it's a doozy—but is it also a sin?

Christian theology describes Jesus as being human in every way, yet without sin

(2 Cor 5:21, Heb 4:15, BCP 374). How, then, can he make mistakes? I find myself asking that question, then I notice how neatly I have conflated mistakes and sins. But they aren't the same. The catechism in our prayer book defines sin as "the seeking of our own will instead of the will of God, thus distorting our relationship with God, with other people, and with all creation" (BCP 848). There's a quality of intention in this definition. We sin when we intentionally seek our own will instead of God's will, when we know what is wrong and do it anyway, when we know what is right and fail to do it. Mistakes don't rise to that level of purposefulness. They might result from carelessness or inexperience, but they aren't an active choice to disregard God's will and seek our own will instead. Jesus was born as helpless as any other human being. He had to learn exactly as we do, and the process of learning always involves mistakes. As a small boy, he probably misspelled words and got his multiplication tables wrong. Perhaps he bombed a sermon or two as he grew into his role as messiah. But that's not the same thing as committing sins.

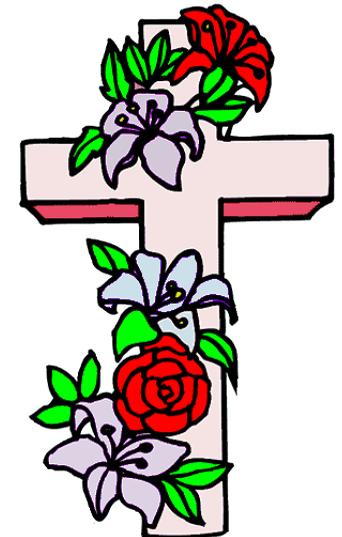
This distinction between mistakes and sin is important for us to hold in mind through Lent. Often we beat ourselves up for mistakes, and we use this season of penitence to turn from our mistakes. The

call of Lent, however, is to turn from our *sins* and repent. Lent invites us to ask: where have I sought my own will instead of God's will? When have I intentionally done wrong? When have I known what is right and chosen not to do it? How do I make amends for those sins? In what ways should I change my life so that I don't repeat them?

The hope of Lent is that repentance prepares us to celebrate Easter with joy. Turning from our sins, changing our hearts and minds and lives, allows us to celebrate the resurrection of Jesus unburdened by guilt. We experience the new life of Easter when we are freed from our sins. May this season of Lent make you ready for the joy of new life.

Peace,

Gia+



March 2016 at St. Bede's Episcopal Church

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p style="text-align: center;">For as all die in Adam, so all will be made alive in Christ</p> <p style="text-align: right;">1 Cor 15:22</p>		<i>David of Wales</i> 1 8:30a School chapel 2:00p Staff meeting 8:00p Narcotics Anonymous*	<i>Chad of Lichfield</i> 2 8:00a Holy Eucharist 8:30a School chapel noon Bldgs & Grounds mtg 6:30p Simple Supper 7:30p Choir rehearsal 7:30p Highland Pipe Band*	<i>John and Charles Wesley</i> 3 8:30a School Eucharist noon Alcoholics Anonymous*	4 8:30a School chapel 11:15a Lenten book group	5 7:30a Sunrise AA* 9:00a Alcoholics Anonymous* Altar Guild work 7:00p Scandinavian Dance*
	4 Lent 6 8:00a&10:15a Holy Eucharist 9:00a Soulwork: Bible study 9:00a Nursery 10:15a Sunday school 11:30a Youth Group 11:30a Community Svc mtg 11:30a Easter planning mtg 4:00p Arts: Harp Man Dan	<i>Perpetua and her Companions</i> 7 8:30a School chapel 9:00a Counting Crew 6:00p Sarum Seminar* 7:00p Companions cont. 7:00p Finance Cmte Mtg	8 8:30a School chapel 2:00p Staff meeting 7:00p AGO/POE meeting* 8:00p Narcotics Anonymous*	<i>Gregory of Nyssa</i> 9 8:00a Holy Eucharist 8:30a School chapel 7:30p Choir rehearsal 7:30p Highland Pipe Band*	10 8:30a School chapel noon Alcoholics Anonymous*	11 8:30a School chapel 11:15a Lenten book group noon Parkinson's Caregivers*
5 Lent 13 Daylight Saving Time begins! 8:00a Holy Eucharist Rite I 9:00a Soulwork: Bible study 9:00a Nursery 10:15a Holy Eucharist Rite II 10:15a Sunday school 4:00p Bach recital* 6:30p <Gala: Scots Film Fest <i>@ Hayes-Martin home</i>	14 8:30a School chapel 9:00a Counting Crew	15 8:30a School chapel noon Parkinson's Caregivers* 2:00p Staff meeting 7:00p Vestry Meeting 8:00p Narcotics Anonymous*	16 8:00a Holy Eucharist 8:30a School chapel 7:30p Choir rehearsal 7:30p Highland Pipe Band*	<i>Patrick of Ireland</i> 17 8:30a School chapel noon Alcoholics Anonymous* 5:00p Investment Club*	<i>Cyril of Jerusalem</i> 18 8:30a School chapel 11:30a Palm cross folding 7:30p Junior Bach Festival*	St. Joseph 19 7:30a Sunrise AA* 9:00a Alcoholics Anonymous* Altar Guild work
Sunday of the Passion: Palm Sunday 20 8:00a Holy Eucharist Rite I 9:00a Soulwork: Bible study 9:00a Nursery 10:15a Palm process'n, Euch 10:15a Sunday school	Monday in Holy Week 21 8:30a School chapel 9:00a Counting Crew 7:00p Companions cont.	Tuesday in Holy Week 22 8:30a School chapel 3:30p Staff meeting 8:00p Narcotics Anonymous*	Wednesday in Holy Week 23 8:00a Holy Eucharist 8:30a School chapel 9:00a Music rehearsal* 7:00p School Board mtg 7:30p Choir rehearsal 7:30p Highland Pipe Band*	Maundy Thursday 24 9:00a Music rehearsal* 11:00a School family chapel noon Alcoholics Anonymous* 7:30p Holy Eucharist & foot washing	Good Friday 25 Parish office closes at noon noon Liturgy for Good Friday 5:00p Good Friday Liturgy for All Ages 7:30p Liturgy for Good Friday	Holy Saturday 26 7:30a Sunrise AA* 9:00a Alcoholics Anonymous* Altar Guild work 7:30p Great Vigil of Easter
Easter Day 27 8:00a Holy Eucharist Rite I 9:00a Nursery 10:15a Holy Eucharist Rite II 10:15a Sunday school 11:30a Easter Egg Hunt & Light Brunch Buffet	Monday in Easter Week 28 Parish office closed 9:00a Counting Crew	Tuesday in Easter Week 29 2:00p Staff meeting 5:00p Home & Hope service @ Cong. Beth Jacob 8:00p Narcotics Anonymous*	Wednesday in Easter Week 30 8:00a Holy Eucharist 7:30p Highland Pipe Band*	Thursday in Easter Week 31 noon Alcoholics Anonymous*		

Palm Cross Folding Party

The Altar Guild invites you to help make palm crosses for the Palm Sunday services!

Friday, March 18
11:30am~1:30pm
in the Ford Room

No experience necessary.
Instructions available.



A light lunch will be served. RSVP to Anne Vitullo.

Junior Bach at St. Bede's Friday, March 18, 7:30pm



Once again this year St. Bede's hosts a concert of the Junior Bach Festival. The public are welcome at this festival showcasing the music of Johann Sebastian Bach performed by the Bay Area's finest music students, all aged 18 or younger. The program will feature offerings on piano, cello, violin, and vocals, culminating in the Toccata & Fugue in D minor played on St. Bede's Beckerath organ.

Tickets are \$17 general admission, \$12 seniors, \$5 for students 12 and under.

✧ Bede's People ✧

J.B. and Charlie Pellegrin invite everyone to Boy Scout Troop 206's Annual Pancake Breakfast on Saturday, March 12, 8am-noon, at Trinity Episcopal Church (330 Ravenswood Ave). It is \$5 per ticket, with each ticket good for one adult OR two children. Please contact the Pellegrin family to purchase tickets.

In February Liza Taft enjoyed seeing *Grace & Rev. Dennis Tierney* and *Elizabeth Posner*

at St. Barnabas' on Bainbridge Island, Washington. All are fine and send their love.

Carol Shedlock and Mark and Graham Knight had dinner with *Robin & Richard Sequeira* in Tempe, Arizona last month. Robin stays busy keeping tabs on construction and specifying finishes for their new house, Richard is working toward real estate licensure in Arizona, and the dogs have received venomous snake training!

We are saddened by the February 26 death of *Raymond Martinez*, St. Bede's Choir's bass soloist and section leader since September 2014. Raymond's last service with our choir was Ash Wednesday. His funeral will be Friday, March 4, 11:00am, at the (RC) church of St. John the Evangelist, 19 St. Mary's Avenue, San Francisco.



Photo by Raymond Martinez.



Strange Sleep

With what simplicity we embark,
 strange sleep, and go with you
 to countries where we're ignorant of the password.
 Every night we settle
 deep into pillows, pulling up the sheet
 over our shoulders, without the traveler's fear
 that questions a ship's soundness,
 dreads falling into the deep where shadowy rays
 flap and gloom. And you might take us there,
 into your grottoes, but we trust your sails,
 your wings. They bring us home, survivors
 of indescribable adventures, until
 your sister in the grey veil
 instead takes our hand and we,
 trusting or not, enlarge our journeyings.

👁 Elizabeth Goodrich Chamberlain 👁
 1916-2016

In Memoriam

Elizabeth Goodrich Chamberlain

William Francis Poulson

Memorial services are being planned.



The Great Vigil of Easter

Saturday, March 26, 7:30pm

The Great Vigil of Easter is perhaps the most powerful of all the services in the Christian year. It begins in darkness, with the kindling of new fire, then moves through the stories of salvation history to the moment of Jesus' resurrection. Baptismal vows are renewed, and the first Eucharist of Easter is celebrated. The service moves us from darkness to light, from the great flood to the waters of baptism, from death to new life.

A team of staff and parishioners—Gia, Kathy McKee, Brian Douglas, Curtis Grisham, Irene Lawrence, and Sue Sartor—has been re-visioning this year's Easter Vigil. If you've never experienced this liturgy, this is the year to check it out! The service will begin in Jarrow Garden at 7:30pm on Holy Saturday, March 26.

+ Rites of Passage +

Life is marked by significant cycles and events: we are born, baptized, confirmed; some of us are married, families are raised, illness comes, death occurs. Such are the Rites of Passage and such are marked by special prayers in the church.

+ Confirmation +

Nadine Yother

+ Reception +

Cecelia Anne Vitullo

+ Reaffirmation +

Charles Curtis Grisham, Jr.

***Renew in these your servants the covenant
 you made with them at their Baptism.***



stained glass: Margaret Agnes Rope 1882-1953, St. Michael & the Holy Family Church, Kesgrave, Suffolk

In Praise of Singing

William Byrd, 1587



Reasons briefly set down by the author, to persuade every one to learn to sing.

1. **F**irst it is a knowledge easily taught, and quickly learned; where there is a good master, and an apt scholar.
2. **T**he exercise of singing is delightful to Nature, and good to preserve health.
3. **I**t doth strengthen all the parts of the breast, and doth open the pipes.
4. **I**t is a singular good remedy for a stuttering and stammering in the speech.
5. **I**t is the best means to procure a perfect pronunciation, and to make a good orator.
6. **I**t is the only way to know where Nature hath bestowed the benefit of a good voice; which gift is so rare, as there is not one among a thousand that hath it: and in many, that excellent gift is lost, because they want Art to express Nature.
7. **T**here is not any music of instruments whatsoever comparable to that which is made of the voices of men; where the voices are good, and the same well sorted or ordered.
8. **T**he better the voice is, the meeter it is to honour and serve GOD therewith: and the voice of man is chiefly to be employed to that end.



Omnis spiritus laudet Dominum!

Since singing is so good a thing,
I wish all men would learn to sing.

(from Psalms, Sonnets and Songs of Sadness and Piety)

In the Month of March

Birthdays

- | | | |
|----|--|----------------------------|
| 1 | Athena Burrs-President | |
| 6 | Kristín Black
Elena Hobbs-Minor
Maddie Stewart | |
| 7 | Deborah Blackmore | |
| 9 | Joey Jackson
Gerald Spillman | |
| 10 | Janet Hill
Isabel Norman | |
| 11 | Jon Poe | |
| 12 | Nick Flegel | |
| 13 | Betty Smith | |
| 14 | Michaela Adams | |
| 16 | Kathy Thompson | 25 |
| 17 | Will Bowman
Sally Marshall
Jinx Royden | Bob Gable
Colin Stewart |
| 18 | Zane Brown | 26 |
| 19 | Vicki Blayney
Cayley Bowles | Michael Graebner |
| 23 | Grace Knowles
Marjorie Oda-Burns | 29 |
| 24 | Steven Minor
Kenya Mitchell
Wes Poulson | Peter Blackmore |
| | | 30 |
| | | Virginia Knight |
| | | 31 |
| | | Sam Leen |

Anniversaries

- | | |
|----|-----------------------------|
| 19 | Abby & Arthur Mintz |
| 24 | Frank & Janet Hill |
| 30 | Angela Sherry & Peter Brown |



stained glass: Paolo Uccello, 1443, in the Duomo, Florence

St. Bede's Episcopal Church
2650 Sand Hill Road
Menlo Park, CA 94025

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Time Value

Date Mailed: 2 March 2016

Change Service Requested



The purpose of Bede's Journal is to keep members and friends of the congregation informed of activities and opportunities for education, worship, and fellowship within the parish and beyond.

The Rev. Gia Hayes-Martin *Rector*
The Rev. John Oda-Burns *Priest Assistant*
Carol Shedlock *Parish Administrator*
Michaela Eskew *Children's & Youth Minister*
Katherine McKee *Music Director*
Rani Fischer *Organist*
Angela Sherry *Bookkeeper*

Sunday Services

Holy Eucharist 8:00am, 10:15am

Sunday Programs

Adult Education 9:00am — *childcare available*

Nursery 10:00am

Children's Sunday school 10:15am

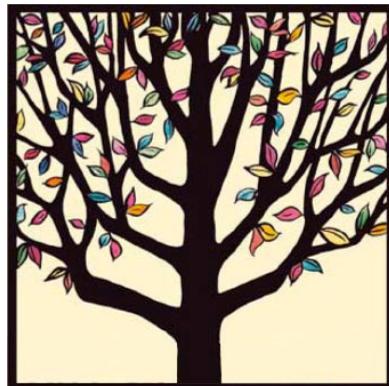
Weekdays

Holy Eucharist Wednesday 8:00am

Parish Office Hours M-F 9:00am-5:00pm

650-854-6555

Trinity School + Preschool-Fifth Grade



Read *Bede's Journal* online at

www.stbedesmenlopark.org